

Shining Star



Baylee Bradford

**Life Enrichment
Director
5 months**

Baylee is one of our newer team members here at Deer Park, but she has already made an impact. “ Baylee is full of ideas and energy and good cheer, a pleasure to be around” said one resident. “Baylee is very talented, very helpful and has a great personality” said another. If you see Baylee in the halls this month be sure to congratulate her.

MAY BIRTHDAYS

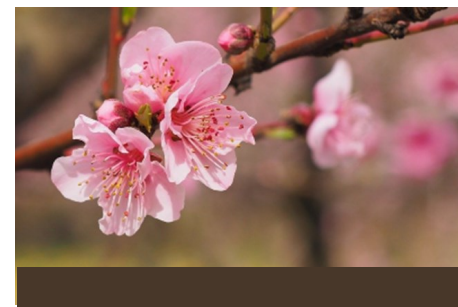
5/2 Elizabeth

5/10 Patrick J.

5/21 Cammy

5/21 Tessa

5/27 Roger R.



What's Going On In

May

2023



Team Members

Executive Director.....Colleen Smith
 Business Office Manager.....Melinda Ballenger
 Community Development Director..Lance Roberts
 Executive ChefJohn Hennigan
 Life Enrichment Director.....Baylee Bradford
 Maintenance Director.....Ryan Young
 Concierge Team.....
 Joey Carlucci, MJ Terribilini , Wilbert Benitez,
 Kate Gallagher, Gina Johnson, Andrea Santana
 Dining Room Coordinator.....Lea Ramos
 Head Housekeeper.....Patricia Sabino
 Van Drivers.....Gary Rodriguez

Important Phone Numbers

Office.....415-897-0054
 Transportation.....415-720-9424
 Imelda's Beauty Shop.....415-320-0318



Meal Times

Breakfast.....7:30 a.m. - 9:00 a.m.
 Lunch.....11:30 a.m. -1:00 p.m.
 Dinner.....4:30 p.m. - 6:00 p.m.

Movie Showings

Everyday 2:30 & 6:30 in Theater

Mondays.....Comedy
 Tuesdays.....Western
 Wednesdays.....Rom-Com
 Thursdays.....Book Club
 Fridays.....Guided Meditation
 Saturdays.....Documentary
 Sundays.....Drama

Reoccurring Activities

Bingo | Tuesdays & Fridays | 6:00-CR
 Pet Therapy | Tuesdays | 1:00-BP

Transportation Schedule

Mondays10:00am-3pm
 Tuesdays..... Strider's Walking Group
 Wednesdays/Thursdays10:00am-3:00pm
 Fridays
 Resident Outings.....Times Vary
 Saturdays/Sundays.....9:00am- 4:00pm



- Sign up 24 hours in advance for transportation



Special Events

5/3 Berkely Lunch Outing
 5/4 Town Hall
 5/5 Cinco De Mayo Party
 5/9 Monthly Birthday Bash
 5/10 Cooking Demo w/ Chef John
 5/14 Mother's Day Buffet
 5/21 Graton Casino Outing
 5/25 May Flowers Luncheon.

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>DEER PARK RETIREMENT COMMUNITY 646 Canyon Rd. Novato, CA 94947 (415)897-0054</p>	1 9:15 Seniorcize w/Carolyn, FS2 10:30 Ladder Ball, BP 1:15 Sunshine News, PUB 2:15 Weight Training, FS 3:00 Bean Bag Toss, DR 3:30 Winery Outing 6:30 After Dinner Movie, TH	2 9:15 Seniorcize w/Carolyn, FS2 10:00 Strider's Walking Group 10:30 Garden Club, CR 1:00 Pet Therapy, Meet & Greet, BP 2:00 Seated Exercise w/ Baylee, FS 2:30 Afternoon Movie, TH 2:30 Penny Black Jack, PUB 3:30 Jeopardy, PUB 6:00 Bingo, CR	3 9:15 Seniorcize w/Carolyn, FS2 10:00 Tech Help w/Baylee, LIB 11:00 Berkely Lunch Outing 2:00 Afternoon Workout, FS 3:00 Craft Hour, CR 3:30 Wheel Of Fortune, PUB 6:30 After Dinner Movie, TH	4 9:15 Seniorcize w/Carolyn, FS2 10:30 Bible Study, TH 1:30 King's Corner, PUB 2:00 Town Hall 2:45 Chair Exercises, FS 3:30 Trivia Battle, PUB 6:30 After Dinner Movie, TH	5 9:15 Seniorcize w/Carolyn, FS2 10:30 Cell Phone Clinic, LIB 2:30 Yoga w/Johanna, FS 2:30 Guided Meditation, TH 3:00 Cinco De Mayo Celebration, PUB 6:00 Bingo, CR 6:30 Friday Night Movie, TH	6 9:15 Seniorcize w/Carolyn, FS2 10:00 Travel Film, TH 2:00 Documentary Film Club 3:00 Penny Black Jack, PUB	
	7 1:00 Ping Pong Matches, FS 2:30 Video Exercises, FS2 3:00 Bingo, CR Weekly Brainteaser—Available In The Library	8 9:15 Seniorcize w/Carolyn, FS2 10:30 Ladder Ball, BP 11:15 Mobile Book, Lobby 1:15 Sunshine News, PUB 2:15 Weight Training, FS 3:00 Bean Bag Toss, DR 3:30 Winery Outing 6:30 After Dinner Movie, TH	9 9:15 Seniorcize w/Carolyn, FS2 10:00 Strider's Walking Group 10:30 Garden Club, CR 1:00 Pet Therapy, TH 2:00 Seated Exercise w/ Baylee, FS 2:30 Penny Black Jack, PUB 3:30 Birthday Bash, PUB 6:00 Bingo, CR	10 9:15 Seniorcize w/Carolyn, FS2 10:00 Tech Help w/Baylee, LIB 1:00 Shopping Outing— Novato 1:30 Cooking Demo— Fruit Tarts, CR 2:00 Afternoon Workout, FS 3:30 Wheel Of Fortune, PUB 6:30 After Dinner Movie, TH	11 9:15 Seniorcize w/Carolyn, FS2 10:30 Bible Study, TH 1:30 King's Corner, PUB 2:30 Chair Exercises, FS 3:00 Book Club, TH 4:00 Trivia Battle, PUB 6:30 After Dinner Movie, TH	12 9:15 Seniorcize w/Carolyn, FS2 10:30 Cell Phone Clinic, PUB 1:30 Afternoon Crafting, CR 1:30 Culinary Meeting, TH 2:30 Yoga w/Johanna, FS 2:30 Guided Meditation, TH 3:30 Happy Hour, PUB 6:00 Bingo, CR	13 9:15 Seniorcize w/Carolyn, FS2 10:00 Travel Film, TH 2:00 Documentary Film Club 3:00 Penny Black Jack, PUB
	14 Mother's Day 11:30 Mother's Day Buffet, DR 1:30 Mini Mother's Day Manicures, CR 2:30 Video Exercises, FS2 3:00 Bingo, CR 3:30 Mother's Day Cocktail Hour, PUB Weekly Brainteaser—Available In The Library	15 9:15 Seniorcize w/Carolyn, FS2 10:30 Ladder Ball, BP 1:15 Sunshine News, PUB 2:15 Weight Training, FS15 3:00 Bean Bag Toss, DR 3:30 Winery Outing 6:30 After Dinner Movie, TH	16 9:15 Seniorcize w/Carolyn, FS2 10:00 Strider's Walking Group 10:30 Garden Club, CR 1:00 Pet Therapy, Meet & Greet, BP 2:00 Seated Exercise w/ Baylee, FS 2:30 Penny Black Jack, PUB 3:30 Jeopardy, PUB 6:00 Bingo, CR	17 9:15 Seniorcize w/Carolyn, FS2 10:00 Tech Help w/ Baylee, LIB 2:00 Afternoon Workout, FS 3:00 Crafting w/ Baylee, CR 3:30 Wheel Of Fortune, PUB 6:30 After Dinner Movie, TH	18 9:15 Seniorcize w/Carolyn, FS2 10:30 Bible Study, TH 1:30 King's Corner, PUB 2:30 Chair Exercises, FS 3:30 Trivia Battle, PUB 6:30 After Dinner Movie, TH	19 9:15 Seniorcize w/Carolyn, FS2 10:30 Cell Phone Clinic, LIB 1:30 LCR Gambling Game, PUB 2:30 Yoga w/Johanna, FS 2:30 Guided Meditation, TH 3:30 Happy Hour, PUB 6:00 Bingo, CR 6:30 Friday Night Movie, TH	20 9:15 Seniorcize w/Carolyn, FS2 10:00 Travel Film, TH 2:00 Documentary Film Club 3:00 Penny Black Jack, PUB
	21 10:30 Graton Casino Outing 1:00 Ping Pong Matches, FS 2:30 Video Exercises, FS2 3:00 Bingo, CR Weekly Brainteaser—Available In The Library	22 9:15 Seniorcize w/Carolyn, FS2 10:30 Ladder Ball, BP 11:15 Mobile Book, Lobby 1:15 Sunshine News, PUB 2:15 Weight Training, FS 3:00 Bean Bag Toss, DR 3:30 Winery Outing 6:30 After Dinner Movie, TH	23 9:15 Seniorcize w/Carolyn, FS2 10:00 Strider's Walking Group 10:30 Garden Club, CR 1:00 Pet Therapy, Meet & Greet, BP 2:00 Jamming w/ Spencer, DR 3:30 Jeopardy, PUB 6:00 Bingo, CR	24 9:15 Seniorcize w/Carolyn, FS2 10:00 Tech Help w/ Baylee 1:00 Name That Tune w/Bruce, PUB 2:00 Afternoon Workout, FS 3:00 Get To Know Me Game, 4thF 3:30 Wheel Of Fortune, PUB 6:30 After Dinner Movie, TH	25 9:15 Seniorcize w/Carolyn, FS2 10:30 Bible Study, TH 12:00 May Flowers Luncheon, DR 3:00 Book Club, TH 4:00 Trivia Battle, PUB 6:30 After Dinner Movie, TH	26 9:15 Seniorcize w/Carolyn, FS2 10:30 Cell Phone Clinic LIB 1:00 Mystery Hour, TH 2:30 Yoga w/Johanna, FS 2:30 Guided Meditation, TH 3:30 Happy Hour, PUB 6:00 Bingo, CR 6:30 Friday Night Movie, TH	27 9:15 Seniorcize w/Carolyn, FS2 10:00 Travel Film, TH 2:00 Documentary Film Club 3:00 Penny Black Jack, PUB
	28 1:00 Ping Pong Matches, FS 2:30 Video Exercises, FS2 3:00 Bingo, CR Weekly Brainteaser— Available In The Library	29 9:15 Seniorcize w/Carolyn, FS2 10:30 Ladder Ball, BP 1:15 Sunshine News, PUB 2:15 Weight Training, FS 3:00 Bean Bag Toss, DR 3:30 Winery Outing 6:30 After Dinner Movie, TH	30 9:15 Seniorcize w/Carolyn, FS2 10:00 Strider's Walking Group 10:30 Garden Club, CR 11:00 Blood Pressure Clinic, CR 1:00 Pet Therapy, Meet & Greet, BP 2:00 Seated Exercise w/ Baylee, FS 2:30 Penny Black Jack, PUB 3:30 Jeopardy, PUB 6:00 Bingo, CR	31 9:15 Seniorcize w/Carolyn, FS2 1:30 Scenic Drive Through Marin County 2:30 Afternoon Movie, TH 3:30 Wheel Of Fortune, PUB 6:30 After Dinner Movie, TH	Room Key FS-Fitness Studio (2nd Floor) BP-Back Patio (off 3rd Floor) DR-Dining Room (3rd Floor) TH-Movie Theater (2nd Floor) CR-Craft Room (3rd Floor) PB-Pub (3rd Floor) LIB-Library (2nd Floor) 4th F (4th floor)		Life Enrichment Director: 511LED@susnshineret.com  Find us on facebook. Like us on Facebook: Facebook.com/DeerParkRet