

SEPTEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10:30 Sit & Be Fit Video, FS **1**
 11:00 Ping Pong, GR
 2:00 Matinee Movie, TH
 2:00 Penny Black Jack, PB
 3:00 Trivia, PB
 6:30 Evening Movie, TH
 6:30 Crossword Group, CR

LABOR DAY **2**
 10:30 Sit & Be Fit Video, FS
 2:00 Canasta, FS
 2:00 Movie, TH
 3:00 Puzzle Time, LIB
 6:30 Evening Movie, TH

3
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 2:00 Bible Study, CR
 3:00 Penny Black Jack, PB
 6:30 Evening Movie, TH
 6:30 Bingo, CR | Movie, TH

4
 10:00 **Old Town Sacramento Tour, BUS**
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR | Movie, TH

5
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR | Movie, TH


6
 9:30 Coffee and Cards, PB
 10:30 Sit & Be Fit, FS
 11:30 Feldenkrais Method, FS
 2:00 Matinee Movie, TH
 3:00 **Happy Hour**
 w/Mark Powers, PB
 6:30 Evening Movie, TH
 6:30 Bingo, CR

7
 10:00 Donuts & Trivia, PB
 11:00 Chair Yoga, FS
 2:00 Canasta, FS
 2:00 Matinee Movie, TH
 6:30 Evening Movie, TH

10:30 Sit & Be Fit Video, FS **8**
 11:00 Ping Pong, GR
 2:00 Matinee Movie, TH
 2:00 Penny Black Jack, PB
 3:00 Trivia, PB
 6:30 Evening Movie, TH
 6:30 Crossword Group, CR

9
 9:00 **Flu Shot Clinic, CR**
 10:00 Vision Group, PD
 10:30 Sit & Be Fit Video, FS
 2:00 Canasta, FS
 2:00 Movie, TH
 3:00 Puzzle Time, LIB
 6:30 Evening Movie, TH

10
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 2:00 Bible Study, CR
 3:00 Penny Black Jack, PB
 6:30 Evening Movie, TH
 6:30 Bingo, CR | Movie, TH

 **11**
 10:00 TBA
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR | Movie, TH

12
 10:30 Stretch & Strength, FS
 1:30 **Town Hall, PB**
 2:00 Matinee Movie, TH
 2:30 Wheel of Fortune, PB
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR
 6:30 Movie, TH

FRIDAY THE **13**
 9:30 Coffee and Cards, PB
 10:30 Sit & Be Fit, FS
 11:30 Feldenkrais Method, FS
 2:00 Matinee Movie, TH
 3:00 **Happy Hour**
 w/Jerry Borton, PB

14
 10:00 Donuts & Trivia, PB
 10:30 Chair Yoga, FS
 2:00 Canasta, FS
 2:00 Matinee Movie, TH
 6:30 Evening Movie, TH

10:30 Sit & Be Fit Video, FS **15**
 11:00 Ping Pong, GR
 2:00 Matinee Movie, TH
 2:00 Penny Black Jack, PB
 3:00 Trivia, PB
 6:30 Evening Movie, TH
 6:30 Crossword Group, CR

16
 9:30 **Current Events, PB**
 10:30 Sit & Be Fit Video, FS
 2:00 **Mobile Library**
 2:00 Canasta, FS
 2:00 Movie, TH
 3:00 Puzzle Time, LIB
 6:30 Evening Movie, TH

17
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 2:00 Bible Study, CR
 3:00 Penny Black Jack, PB
 6:30 Evening Movie, TH
 6:30 Bingo, CR | Movie, TH

18
 9:45 **Graton Casino or Movie & Lunch, BUS**
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR | Movie, TH

19
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 2:30 Wheel of Fortune, PB
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR
 6:30 Movie, TH

20
 9:30 Coffee and Cards, PB
 10:30 Sit & Be Fit, FS
 11:00 Art Therapy, CR
 1:30 **Culinary Meeting, PB**
 2:00 Matinee Movie, TH
 3:00 **Happy Hour**
 w/Brian Donohue, PB
 6:30 Bingo, BR | Movie, TH
 6:30 Bingo, CR

21
 10:00 Donuts & Trivia, PB
 10:30 Chair Yoga, FS
 2:00 Canasta, FS
 2:00 Matinee Movie, TH
 6:30 Evening Movie, TH

10:30 Sit & Be Fit Video, FS **22**
 11:00 Ping Pong, GR
 2:00 Matinee Movie, TH
 2:00 Penny Black Jack, PB
 3:00 Trivia, PB
 6:30 Evening Movie, TH
 6:30 Crossword Group, CR

First Day of Fall **23**
 10:30 Sit & Be Fit Video, FS
 2:00 Canasta, FS
 2:00 Movie, TH
 3:00 Puzzle Time, PB
 6:30 Evening Movie, TH



24
 10:00 **Book Club, CR**
 10:00 **Blood Pressure Clinic, CR**
 10:30 Stretch & Strength, FS
 11:30 **B-Day Bash w/Spence Quint**
 2:00 Matinee Movie, TH
 2:00 Bible Study, CR
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR | Movie, TH

25
 10:00 **Cline Family Cellars, BUS**
 10:30 Stretch & Strength, FS
 2:00 Matinee Movie, TH
 3:00 Penny Black Jack, PB
 3:00 Feldenkrais Method, FS
 6:30 Bingo, CR | Movie, TH

26
 10:30 Stretch & Strength, FS
 2:00 **Welcome Party w/Iris**
 2:00 Matinee Movie, TH
 2:30 Wheel of Fortune, PB
 3:00 Penny Black Jack, PB
 6:30 Bingo, CR
 6:30 Movie, TH

27
 9:30 Coffee and Cards, PB
 10:30 Sit & Be Fit, FS
 2:00 Matinee Movie, TH
 3:00 **Happy Hour**
 w/Bob Johns, PB
 6:30 Bingo, CR | Movie, TH

28
 10:00 Donuts & Trivia, PB
 10:30 Chair Yoga, FS
 2:00 Canasta, FS
 2:00 Matinee Movie, TH
 6:30 Evening Movie, TH

10:30 Sit & Be Fit Video, FS **29**
 11:00 Ping Pong, GR
 2:00 Matinee Movie, TH
 2:00 Penny Black Jack, PB
 3:00 Trivia, PB
 6:30 Evening Movie, TH
 6:30 Crossword Group, CR

30
 10:30 Sit & Be Fit Video, FS
 2:00 **Mobile Library**
 2:00 Canasta, FS
 2:00 Movie, TH
 3:00 Puzzle Time, PB
 6:30 Evening Movie, TH



Room Key
 FS – Fitness Studio
 DR–Dining Room
 CR–Craft Room
 TH–Theatre, PB–Pub
 LIB–Library, PO– Back Patio
 PDR–Private Dining Room

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