

Shining Star

Melyssa Muniz

Server

Melyssa has been with Waterford for about a year, She always delivers great service to our residents. We are lucky having her here. She always has a smile on her face. The pride you take in your work is truly inspiring! Keep Shining!

SEPTEMBER BIRTHDAYS

9/2 Lylis M.

9/3 Chris A.

9/6 Mary J.

9/16 Jack W.

9/19 Howard L.



What's Going On In

September

2019



Team Members

Executive Director.....TBA
Business Office Manager.....Melissa Dimayuga
Community Dev. Director.....Christopher Giron
Executive Chef.....Joe Costa
Life Enrichment Director.....Angie Reyes
Maintenance.....Juan Guzman
Transportation.....Marcela Munguia
Housekeeping Coordinator.....Eva Chavez
Dining Room Coordinator.....Devon Lockett

Important Phone Numbers

Office.....(619) 463-2111
Office Fax.....(619) 469-3245
Transportation.....(619) 507-8760
Beauty Salon.....(619) 606-3003

Meal Times

Breakfast.....7:30 a.m. - 9:00 a.m.
Lunch.....11:30 a.m. - 1:30 p.m.
Dinner.....4:30 p.m. - 6:30 p.m.
Leisure Dining..9:00am-11:30am & 1:30 pm-6:30 pm

General Store

Monday - Saturday.....10:00 a.m. - 11:00 a.m.

Ice Cream of the Month

Cookies -n- Cream



Transportation Schedule

Mondays & Fridays

Shopping Errands.....9:30 a.m. & 10:30 a.m.

Mondays

Quick Trips.....2:00 p.m.

Tuesdays & Thursdays

Medical Appointments &

Pharmacy.....

.....8:45 a.m., 9:45 a.m. & 1:00 p.m.

Wednesdays

Residents Weekly Outing.....Times May Vary

Fridays

Scenic Drive.....1:30 p.m.

Sign up 24 hours in advanced for transportation

Movie Showings

Everyday.....1:00 p.m. & 6:00 p.m

Special Events

9/2 Labor Day BBQ | 11:30

9/6 Richard Lederer: Dances with Words | 1:00

9/10 Skit Planning for WFT | 2:00

9/12 Culinary Meeting | 2:00

9/13 Paul Nichols | 2:00

9/14 Fall Wreaths | 2:00

9/20 Bill's Vacation Talk: Paris & Amsterdam | 2:00

9/27 Games & Prizes with John | 10:30

Outings

9/4 Liberty Station Public Market | 10:00

9/11 Dave & Busters | 10:00

9/18 Little Italy's Farmers Market | 10:00

9/25 Coronado Shops | 10:00



SEPTEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

9:30 Yoga w/ Cheryl (AR)
10:00 Church Service (C)
1:00 Matinee Movie (T)
1:30 Wii Bowling (AR)
3:30 Hangman -Word Game (AR)
6:00 Evening Movie (T)

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9:30 Yoga w/ Rachel (C)
10:30 In Stitches (AR)
11:30 Labor Day BBQ (DR)
1:00 Matinee Movie (T)
2:00 Pictionary (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)
6:00 Evening Movie (T)

2

9:00 Get Fit w/ Robert (C)
9:30 Blood Pressure Check (AR)
10:00 Ambassador Meeting (LB)
10:30 Dominoes (AR)
1:00 Matinee Movie (T)
2:00 Scott Parloh Sings (DR)
3:00 Bible Study (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

3

9:30 Dynamic Stretching (C)
10:00 Liberty Station Public Market (LB)
1:00 Matinee Movie (T)
3:00 Poker Keno (AR)
6:00 Educational Documentary (T)
6:00 Bingo (AR)

4

9:30 Get Fit-Circuit Training (C)
10:30 Bean Bag Baseball (AR)
1:00 Matinee Movie (T)
2:00 Pet Therapy (AR)
3:00 Catholic Service (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

5

9:30 Get Fit-Weights (C)
10:30 Sunshine News (AR)
1:00 Matinee Movie (T)
1:00 Richard Lederer: Dances with Words (DR)
1:30 Scenic Drive (LB)
3:00 Poker Keno (AR)
6:00 Bingo (AR)
6:00 Evening Movie (T)

6

9:30 Get Fit- Balance & Flexibility (C)
10:30 Words of Inspiration (AR)
1:00 Matinee Movie (T)
2:00 Name that Tune and Karaoke (AR)
2:00 Bunco (L)
3:00 BINGO 10 (AR)

7

9:30 Yoga w/ Cheryl (AR)
10:00 Church Service (C)
1:00 Matinee Movie (T)
1:30 Wii Bowling (AR)
3:30 Hangman -Word Game (AR)
6:00 Evening Movie (T)

8

9:30 Yoga w/ Rachel (C)
10:30 In Stitches (AR)
1:00 Matinee Movie (T)
2:00 Hangman (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)
6:00 Evening Movie (T)

9

9:00 Get Fit-w/ Robert (C)
9:30 Blood Pressure Check (AR)
1:00 Matinee Movie (T)
2:00 Skit Planning for WFT (AR)
3:00 Bible Study (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)
6:15 Poker (L)

10

9:30 Dynamic Stretching (C)
10:00 Dave & Busters (LB)
1:00 Matinee Movie (T)
3:00 Poker Keno (AR)
6:00 Educational Documentary (T)
6:00 Bingo (AR)

11

9:30 Get Fit-Circuit Training (C)
10:30 Make Caramel Apples (B)
1:00 Matinee Movie (T)
2:00 Culinary Meeting (AR)
3:00 Catholic Service (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

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9:30 Get Fit-Machines (FR)
10:30 Sunshine News (AR)
1:30 Scenic Drive (LB)
2:00 Paul Nichols (DR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)

13

9:30 Get Fit- Balance & Flexibility (C)
10:30 Hangman (AR)
1:00 Matinee Movie (T)
2:00 Fall Wreaths (AR)
2:00 Bunco (L)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

14

9:30 Yoga w/ Cheryl (AR)
10:00 Church Service (C)
1:00 Matinee Movie (T)
1:30 Wii Bowling (AR)
3:30 Hangman -Word Game (AR)
6:00 Evening Movie (T)

15

9:30 Yoga w/ Rachel (C)
10:30 In Stitches (AR)
1:00 Matinee Movie (T)
2:00 Pictionary (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)
6:00 Evening Movie (T)

16

9:00 Get Fit-w/ Robert (C)
9:30 Blood Pressure Check (AR)
1:00 Matinee Movie (T)
2:00 Skit Practice (AR)
3:00 Bible Study (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)
6:15 Poker (L)

17

9:30 Dynamic Stretching (C)
10:00 Little Italy's Farmers Market (LB)
1:00 Matinee Movie (T)
3:00 Poker Keno (AR)
6:00 Educational Documentary (T)
6:00 Bingo (AR)

18

9:30 Get Fit-Circuit Training (C)
10:30 Bean Bag Baseball (AR)
1:00 Matinee Movie (T)
2:00 Pet Therapy (AR)
3:00 Catholic Service (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

19

9:30 Get Fit-Weights (C)
10:30 Sunshine News (AR)
1:30 Scenic Drive (LB)
2:00 Bill's Vacation Talk: Paris and Amsterdam (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)

20

9:30 Get Fit- Balance & Flexibility (C)
10:00 Words of Inspiration (AR)
1:00 Matinee Movie (T)
2:00 Name that Tune and Karaoke (DR)
2:00 Bunco (LB)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

21

9:30 Yoga w/ Cheryl (AR)
10:00 Church Service (C)
1:00 Matinee Movie (T)
1:30 Wii Bowling (AR)
3:30 Hangman -Word Game (AR)
6:00 Evening Movie (T)

22

9:30 Yoga w/ Rachel (C)
10:30 In Stitches (AR)
1:00 Matinee Movie (T)
2:00 Fall Hangman (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)
6:00 Evening Movie (T)

23

9:00 Get Fit-w/ Robert (C)
9:30 Blood Pressure Check (AR)
1:00 Matinee Movie (T)
2:00 Skit Practice (AR)
3:00 Bible Study (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)
6:15 Poker (L)

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9:30 Dynamic Stretching (C)
10:00 Coronado Shops (LB)
1:00 Matinee Movie (T)
3:00 Poker Keno (AR)
6:00 Educational Documentary (T)
6:00 Bingo (AR)

25

9:30 Get Fit-Circuit Training (C)
10:30 Balloon Swatter Game (AR)
11:30 Birthday Party (DR)
1:00 Matinee Movie (T)
2:00 Pet Therapy (AR)
3:00 Catholic Service (C)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)

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9:30 Get Fit-Weights (C)
10:30 Games & Prizes w/ John (AR)
1:30 Scenic Drive (LB)
2:00 Sunshine News (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)

27

9:30 Get Fit- Balance & Flexibility (C)
10:00 Words of inspiration (AR)
1:00 Matinee Movie (T)
2:00 Name that Tune and Karaoke (DR)
3:00 BINGO 10 (AR)
6:00 Evening Movie (T)
7:00 Terrace Tavern (AR)

28

9:30 Yoga W/ Cheryl (AR)
10:00 Church Service (C)
1:00 Matinee Movie (T)
1:30 Wii Bowling (AR)
3:30 Hangman -Word Game (AR)
6:00 Evening Movie (T)

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9:30 Yoga w/ Rachel (C)
10:30 In Stitches (AR)
1:00 Matinee Movie (T)
2:00 Pictionary (AR)
3:00 Poker Keno (AR)
6:00 Bingo (AR)
6:00 Evening Movie (T)

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Room Key
(AR) Activity Room 3rd Floor
(TC) Tech Corner 4th Floor
(B) Bistro 3rd Floor
(C) Chapel 4th Floor
(DR) Dining Room 3rd Floor
(FR) Fitness Room 5th Floor
(GS) General Store 4th Floor

(L) Library 3rd Floor
(LB) Lobby 1st Floor
(P) Patio 3rd Floor
(PR) Pool Room 2nd Floor
(RT) Rooftop 6th Floor
(T) Theater 3rd Floor
(AL) Art Loft 4th Floor

Life Enrichment Director:
Angie Reyes
Angie.reyes@sunshineret.com

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WATERFORD TERRACE
RETIREMENT COMMUNITY
5580 Aztec Drive
La Mesa, CA 91942
(619) 463-2111