

## Shining Star



George Kahl

Director of  
Maintenance  
17 Years at Creekside

George was born in Queens, New York but has lived in Dallas, Georgia for the last 34 years. One thing you may not know about George is that he is an Eagle Scout with palms. When he is not at work he likes to make wine and go out and try new foods. He says the best part about his job is making the residents smile.

## JANUARY BIRTHDAYS

- 1/2 Susan M.
- 1/8 Dick B.
- 1/15 Lil Z.
- 1/16 Bee Jay P.
- 1/16 Nathan M.
- 1/17 Ginnie M.
- 1/18 Wendell G.
- 1/20 Laurel R.
- 1/22 Jack G.
- 1/24 Lillian B.
- 1/24 Eva W.
- 1/27 Linda J.
- 1/31 Marilynn P.



### Team Members

Executive Director.....Stephanie Hendrix  
 Maintenance Director.....George Kahl  
 Business Office Manager.....Terrie Kelley  
 Life Enrichment Director.....Brandi Limbaugh  
 Executive Chef.....Jeremy Mifflin  
 Community Development.....Kim Slaughter

### Concierge

Brigitte Prinkleton, Susan Bell,  
 Zanna Everett, Bridgett Evans, Beverly Harris,  
 Arianna Mbunwe and Stan Prather

### Culinary

Carrie Buckland, Lashea Foster,  
 Frances Davis, Jaye Jagne, Dissa Mondon,  
 Ila Awtrey, Cynthia Deleon, Brooke Stager,  
 Carlos Finch, Michael Worthly,  
 Kimberly Baxter, Jake Strickland  
 Nicole Josephs and Jacob Cochran

### Maintenance & Housekeeping

Mark Hiatt, Jackie Burd  
 and Candy Hale

### Transportation

Tyree Tittle

Front Office.....(678) 363-0777

### Meal Times

Breakfast.....7:30 a.m. -9:30am  
 Lunch.....11:30 a.m. -1:30pm  
 Dinner.....4:30 p.m. -6:00pm

### Movie Showings

Saturdays & Sundays @ 2:00pm in Theater  
 Wednesdays @ 6:00pm in Theater

### Activity Packet Pick Up

Saturdays & Sundays in the Front Office

### Reoccurring Activities

Prize Bingo | Mondays & Thursdays @ 2:30pm-DR  
 Quarter Bingo | Mondays @ 6:45pm-DR  
 Big Daddy Malts | Tuesdays @ 1:00-3:00pm-MS  
 Wii Bowling | Tuesdays & Thursdays @ 1:30pm-CR  
 Men's Power of Prayer | Mondays @ 9:30am-C  
 Creekside Prayer Group | Tuesdays @ 10:00am-C

### Transportation Schedule

#### Doctor Visits, Pharmacy Runs, Bank, PC DDS

-Sign up 24 hours in advance for transportation-  
 -Appointments must be scheduled with doctor, bank &  
 DDS to be put on bus list. These appointments must  
 be scheduled Tuesday-Thursday only-

Publix Shopping.....Mondays @ 9:00am  
 Kroger Shopping.....Wednesdays & Fridays @ 9:00am

-Seating on the bus will be limited. Please sign up at the  
 front desk for the shopping trips. If the list is already full,  
 you will be put on the next week's list-

### Special Events

- 1/5 Welcome Committee Meeting | 3:30pm
- 1/6 21 Day Challenge Workshop | 10:30am
- 1/6 Arts & Crafts | 2:30pm
- 1/8 Happy Hour w/George | 3:00pm
- 1/13 Resident Council Meeting | 1:30pm
- 1/14 Resident Council Meeting | 1:30pm
- 1/15 National Hat Day!
- 1/18 Remembering Dr. King | 4:00pm
- 1/27 21 Day Challenge Winner Announced | 1:45pm
- 1/29 Puzzles & Riddles | 10:30am



# January

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**CREEKSIDE PINES**  
RETIREMENT COMMUNITY

1011 Merchants Dr.  
Dallas, GA 30132  
(678)363-0777

Life Enrichment Director:  
brandi.limbaugh@Sunshineret.com




Find us on  
**facebook**

Like us on Facebook:  
Facebook.com/CreeksidePinesRet

ROOM CODES  
1st Fl. DR-Dining Rm DRL-Dining Rm Lobby  
GR-Georgian Room MS-Malt Shop  
FR- Fitness Room P-Patio  
FO-Front Office  
Physical Therapist-Lisa Hall  
678-472-4042 Call for Appointment


2nd Fl. CR-Club Room T-Theater  
DAR-Dallas Room  
L-Library CS-Country Store  
3rd Fl. C-Chapel BS-Beauty Salon  
Call for Appointment  
Beauticians:  
Angie- 404-660-5475  
Arlene- 770-639-9578



Be sure to join us on Wednesday,  
January 6th to learn how to get  
healthier in the New Year!

*New Year's Day* **1**

9:00 Kroger Shopping  
10:00 Exercise Class-DR  
10:30 Pick Up An Activity Packet-FO  
5:00 Rose Bowl on ESPN  
8:45 Sugar Bowl on ESPN



**2** Pick Up an Activity Packet!-FO  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
2:00 Movie Hour-T  
(The Butler)

Pick Up an Activity Packet!-FO **3**  
10:00 Walking Challenge  
2:00 Movie Hour-T  
(The Life Ahead)

9:00 Publix Shopping **4**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
2:30 Prize Bingo-DR  
4:00 Current Events-CR  
6:45 Quarter Bingo-DR

10:00 Sit & Stretch-CR **5**  
10:30 Creekside Prayer Group-C  
11:00 Pet Therapy: Police Dogs-T  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:30 Welcome Committee Mtg-DR

*Epiphany* **6**  
9:00 Kroger Shopping  
10:00 Exercise Class-DR  
10:30 21 Day Challenge  
Goal Setting Workshop-CR  
1:45 Sunshine News Hour-T  
2:30 Arts & Crafts-MS  
4:00 Walk the Line Balance-CR  
6:00 Movie Hour-T (Rebecca)

10:00 Balance Class-CR **7**  
11:00 Brain Busters-MS  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-DR  
4:00 Darts-CR

9:00 Kroger Shopping **8**  
10:00 Exercise Class-DR  
10:30 Pick Up An Activity Packet-FO  
3:00 Happy Hour w/George-DR

**9** Pick Up an Activity Packet!-FO  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
2:00 Movie Hour-T  
(The DaVinci Code)

Pick Up an Activity Packet!-FO **10**  
10:00 Walking Challenge  
2:00 Movie Hour-T  
(Effie Gray)


9:00 Publix Shopping **11**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
2:30 Prize Bingo-DR  
4:00 Current Events-CR  
6:45 Quarter Bingo w/Brandi-DR

10:00 Sit & Stretch-CR **12**  
10:30 Creekside Prayer Group-C  
11:00 Pet Therapy: "A Life on  
Our Planet" Documentary-T  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:30 Taboo Game-CR

9:00 Kroger Shopping **13**  
10:00 Exercise Class-DR  
10:30 21 Day Challenge  
Check In-CR  
1:45 Resident Council-DR  
4:00 Walk the Line Balance-CR  
6:00 Movie Hour-T  
(The 12th Man)

10:00 Balance Class-CR **14**  
11:00 Brain Busters-MS  
1:45 Resident Council-DR  
2:30 Prize Bingo-DR  
4:00 Darts-CR

*National Hat Day* **15**  
*Wear Your Favorite Hat!*  
9:00 Kroger Shopping  
10:00 Exercise Class-DR  
1:45 TheraBands & Weights-CR  
3:00 Happy Hour-DR




**16** Pick Up an Activity Packet!-FO  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
2:00 Movie Hour-T  
(Quigley Down Under)

Pick Up an Activity Packet!-FO **17**  
10:00 Walking Challenge  
2:00 Movie Hour-T  
(Fiddler on the Roof)

*Martin Luther King, Jr. Day* **18**

9:00 Publix Shopping  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
2:30 Prize Bingo-DR  
4:00 Remembering Dr. King-T  
6:45 Quarter Bingo-DR



10:00 Sit & Stretch-CR **19**  
10:30 Creekside Prayer Group-C  
11:00 Pet Therapy: Funny  
Animal Videos-T  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:30 Pictionary-CR

9:00 Kroger Shopping **20**  
10:00 Exercise Class-DR  
10:30 21 Day Challenge  
Check In-CR  
1:45 Sunshine News Hour-T  
2:30 Who Am I? Game-CR  
4:00 Walk the Line Balance-CR  
6:00 Movie Hour-T  
(The Founder)

10:00 Balance Class-CR **21**  
11:00 Brain Busters-MS  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-DR  
4:00 Darts-CR

9:00 Kroger Shopping **22**  
10:00 Exercise Class-DR  
1:45 TheraBands & Weights-CR  
3:00 Happy Hour-DR


**23** Pick Up an Activity Packet!-FO  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
2:00 Movie Hour-T  
(Wild Oats)

**24/31**  
Pick Up an Activity Packet!-FO  
10:00 Walking Challenge  
2:00 Movie Hour-T  
24- (Howards End)  
31- (Ma Rainey's Black Bottom)

9:00 Publix Shopping **25**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
2:30 Prize Bingo-DR  
4:00 Current Events-CR  
6:45 Quarter Bingo-DR

10:00 Sit & Stretch-CR **26**  
10:30 Creekside Prayer Group-C  
11:00 Pet Therapy: Amazing  
Animals Video-T  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:30 Group Crossword-CR

9:00 Kroger Shopping **27**  
10:00 Exercise Class-DR  
1:45 Sunshine News Hour &  
21 Day Challenge Winner-T  
2:30 Scattergories Game-CR  
4:00 Walk the Line Balance-CR  
6:00 Movie Hour-T  
(Betty White: First Lady of Television)



10:00 Balance Class-CR **28**  
11:00 Brain Busters-MS  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-DR  
4:00 Darts-CR

*National Puzzle Day* **29**  
9:00 Kroger Shopping  
10:00 Exercise Class-DR  
10:30 Puzzles & Riddles-CR  
1:45 TheraBands & Weights-CR  
3:00 Happy Hour-DR

**30** Pick Up an Activity Packet!-FO  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
2:00 Movie Hour-T  
(Stardust)