

## Shining Star



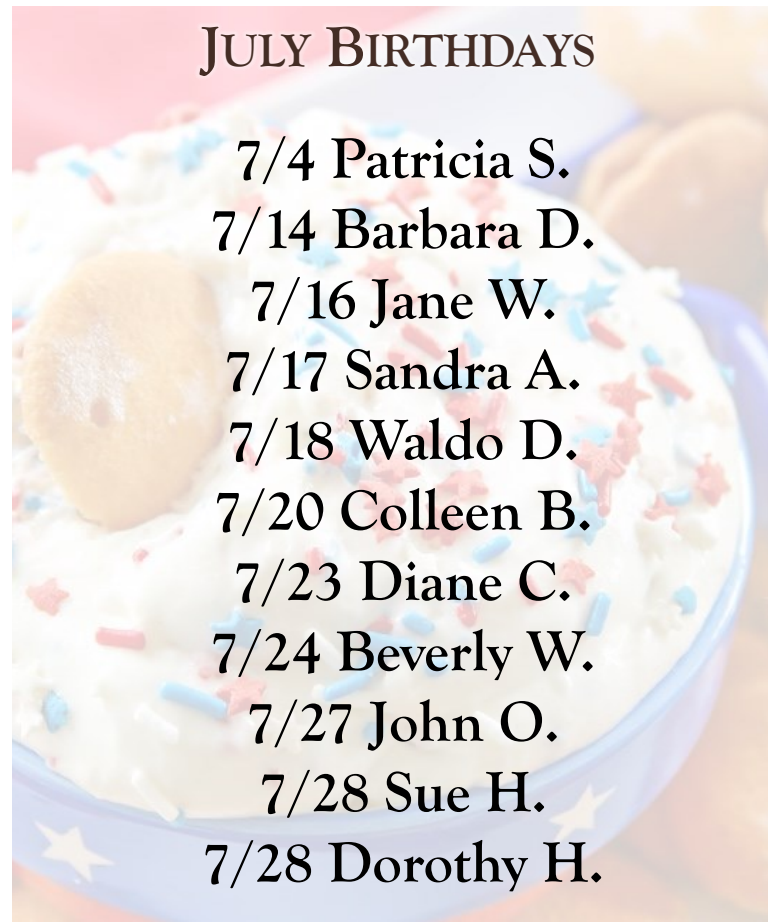
**LaShea Foster**

**Cook**

**9 Months at Creekside**

LaShea was born in New Jersey but has lived in Georgia for the last 14 years. She has two children who she likes to hang out with and watch movies. LaShea loves to go bowling and loves to read books. Some of her favorite foods are pretzels and hot wings. She says the best part of her job is preparing quality meals for the residents and listening to their stories.

## JULY BIRTHDAYS



- 7/4 Patricia S.
- 7/14 Barbara D.
- 7/16 Jane W.
- 7/17 Sandra A.
- 7/18 Waldo D.
- 7/20 Colleen B.
- 7/23 Diane C.
- 7/24 Beverly W.
- 7/27 John O.
- 7/28 Sue H.
- 7/28 Dorothy H.



## What's Going On In July 2021



### Team Members

- Executive Director.....Stephanie Hendrix
- Maintenance Director.....George Kahl
- Business Office Manager.....Terrie Kelley
- Life Enrichment Director...Brandi Limbaugh
- Executive Chef.....Jeremy Mifflin
- Community Development.....Kim Slaughter

### Concierge

- Brigitte Prinkleton, Susan Bell,  
Zanna Everett, Beverly Harris,  
Ilka Palmer and Latisha Williams

### Culinary

- Carrie Buckland, LaShea Foster,  
Frances Davis, Jaye Jagne,  
Ila Awtrey, Michael Worthy,  
Kaydia Matthias, Nicole Josephs  
and Jacob Cochran

### Maintenance & Housekeeping

- Mark Hiatt, Candy Hale,  
Vickie Scales and Tina Barker

### Transportation

- Tyree Tittle

Front Office.....(678) 363-0777

### Meal Times

- Breakfast.....7:30 a.m. -9:30am
- Lunch.....11:30 a.m. -1:30pm
- Dinner.....4:30 p.m. -6:00pm

### Movie Showings

- Saturdays & Sundays @ 2:00pm in Theater
- Wednesdays @ 6:00pm in Theater

### Reoccurring Activities

- Prize Bingo | Mondays & Thursdays @ 2:30pm-MS
- Quarter Bingo | Mondays @ 6:00pm-MS
- Big Daddy Malts | Tuesdays @ 1:00-3:00pm-MS
- Wii Bowling | Tues, Thurs & Sat @ 1:30pm-CR
- Men's Power of Prayer | Mondays @ 9:30am-C
- Ladies Prayer Group | Tuesdays @ 10:30am-C
- Sunshine News Hour | Wednesdays @ 1:45pm-T

### Transportation Schedule

- Walmart Shopping.....Mondays @ 1:00pm
- Kroger/Publix Shopping.....Fridays @ 9:00am
- Medical Appointments/Shuttle Bus.....Tues/Wed/Thurs

\*Please sign up at least 24 hours in advance for medical appointments & shuttle bus transportation\*

\*Please check the calendar & sign up book for other scheduled outings\*

\*Please check sign up book regularly for on & off site activities that require sign up\*



### Special Events

- 7/4 Snow Cones & Entertainment | 7:30pm
- 7/4 4th of July Fireworks on the Patio | 9:00pm
- 7/5 Activity Meeting | 4:00pm
- 7/9 Happy Hour with George | 3:00pm
- 7/13 Big Daddy Malt Special:  
Coke & Root Beer Floats | 1:00-3:00pm
- 7/27 Whose Bag | 4:00pm
- 7/28 Snow Cones | 2:30pm

### Outings

- 7/6 Belk Shopping | 5:30pm
- 7/7 Smith-Gilbert Gardens & Lunch @  
Mellow Mushroom | 9:30am
- 7/23 Lunch @ Cracker Barrel | 11:00am

# JULY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**CREEKSIDE PINES**  
RETIREMENT COMMUNITY  
1011 Merchants Drive  
Dallas, GA 30132  
(678)363-0777

Life Enrichment Director:  
brandi.limbaugh@sunshineret.com



Like us on Facebook:  
Facebook.com/CreeksidePinesRet

ROOM CODES  
1st FL. DR-Dining Rm DRL-  
Dining Rm Lobby MS-Malt Shop  
FR- Fitness Room P-Patio  
FO-Front Office  
Physical Therapist-Lisa Stacy  
678-472-4042 Call for Appt.

2nd FL. CR-Club Room  
T-Theater DAR-Dallas Room  
L-Library CS-Country Store  
3rd FL. C-Chapel BS-Beauty Salon  
Call for Appointment  
Beauticians:  
Angie- 404-660-5475  
Arlene- 770-639-9578

10:00 Balance Class-CR **1**  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-MS  
3:00 Bible Study w/Nancy-C  
6:00 Games-CR

9:00 Publix Shopping **2**  
10:00 Exercise Class-DR  
11:00 Patriotic Pictionary-CR  
1:45 Weight Training-CR  
3:00 Happy Hour-CR  
4:00 Gospel Piano w/Vickie-DRL  
6:00 Games-CR

10:00 Heart Exercise-FR **3**  
11:00 Rose Colored Lasses-MS  
1:30 Game-Rummikub-DAR  
1:30 Wii Bowling-CR  
2:00 Movie Hour-T  
(The Four Seasons)  
6:00 Games-CR

*Independence Day* **4**  
10:00 Walking Challenge  
1:30 Game-Rummikub-CR  
4:00 Movie Hour-T  
(Blue Miracle)  
7:30 Snow Cones &  
Entertainment-P  
9:00 Fireworks on the Patio



**5**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
1:00 Walmart Shopping  
2:30 Prize Bingo-MS  
4:00 Activity Meeting-CR  
6:00 Quarter Bingo-MS

**6**  
10:00 Sit & Stretch-CR  
10:30 Ladies Prayer Group-C  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:00 Pet Therapy: "Tiny  
Creatures" Episode 4-T  
5:30 Belk Shopping

**7**  
9:30 Smith-Gilbert  
Gardens & Lunch @  
Mellow Mushroom  
10:00 Exercise Class-DR  
11:00 Ladderball-P  
1:45 Sunshine News Hour-T  
4:00 TheraBand Workout-CR  
6:00 Movie Hour-T  
(Everybody's Fine)

*Coca Cola Day* **8**  
10:00 Balance Class-CR  
11:00 Brain Teasers-MS  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-MS  
3:00 Bible Study w/Nancy-C  
6:00 Games-CR

**9**  
9:00 Kroger Shopping  
10:00 Exercise Class-DR  
11:00 Baseball Toss Game-P  
1:45 Weight Training-CR  
3:00 Happy Hour w/George-CR  
4:00 Gospel Piano w/Vickie-DRL  
6:00 Games-CR

**10**  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
1:30 Game-Rummikub-DAR  
1:30 Wii Bowling-CR  
2:00 Movie Hour-T  
(The Mirror Has Two Faces)  
6:00 Games-CR

10:00 Walking Challenge **11**  
1:30 Game-Rummikub-CR  
2:00 Worship Service w/Danny-C  
4:00 Movie Hour-T  
(Flipped)  
6:00 Games-CR

**12**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
1:00 Walmart Shopping  
2:30 Prize Bingo-MS  
6:00 Quarter Bingo-MS

**13**  
10:00 Sit & Stretch-CR  
10:30 Ladies Prayer Group-C  
11:15 Cornhole-P  
1:00-3:00 Big Daddy Special:  
Coke & Root Beer Floats-MS  
1:30 Wii Bowling-CR  
3:00 Pet Therapy: "72 Cutest  
Animals" Episode 12-T

**14**  
10:00 Exercise Class-DR  
11:00 Ladderball-P  
1:45 Sunshine News Hour-T  
2:30 Craft Class-MS  
4:00 TheraBand Workout-CR  
6:00 Movie Hour-T  
(I Am Sam)

**15**  
10:00 Balance Class-CR  
11:00 Group Crossword-CR  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-MS  
3:00 Bible Study w/Nancy-C  
6:00 Games-CR

**16**  
9:00 Publix Shopping  
10:00 Exercise Class-DR  
10:30 Parcheesi-DAR  
1:45 Weight Training-CR  
3:00 Happy Hour-CR  
4:00 Gospel Piano w/Vickie-DRL  
6:00 Games-CR

**17**  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
1:30 Game-Rummikub-DAR  
1:30 Wii Bowling-CR  
2:00 Movie Hour-T  
(World Trade Center)  
6:00 Games-CR


10:00 Walking Challenge **18**  
1:30 Game-Rummikub-CR  
2:00 Worship Service w/Danny-C  
4:00 Movie Hour-T  
(The Pianist)  
6:00 Games-CR

**19**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
1:00 Walmart Shopping  
2:30 Prize Bingo-MS  
6:00 Quarter Bingo-MS

*Moon Day* **20**  
10:00 Sit & Stretch-CR  
10:30 Ladies Prayer Group-C  
11:15 Cornhole-P  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:00 Pet Therapy: "Tiny  
Creatures" Episode 5-T



*National Hot Dog Day* **21**  
10:00 Exercise Class-DR  
11:00 Ladderball-P  
1:45 Sunshine News Hour-T  
4:00 TheraBand Workout-CR  
6:00 Movie Hour-T  
(The Meddler)



**22**  
10:00 Balance Class-CR  
11:00 Brain Teasers-MS  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-MS  
3:00 Bible Study w/Nancy-C  
6:00 Games-CR

**23**  
9:00 Kroger Shopping  
10:00 Exercise Class-DR  
11:00 Lunch @ Cracker Barrel  
1:45 Weight Training-CR  
3:00 Happy Hour-CR  
4:00 Gospel Piano w/Vickie-DRL  
6:00 Games-CR

**24**  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
1:30 Game-Rummikub-DAR  
1:30 Wii Bowling-CR  
2:00 Movie Hour-T  
(What Women Want)  
6:00 Games-CR

10:00 Walking Challenge **25**  
1:30 Game-Rummikub-CR  
2:00 Worship Service w/Danny-C  
4:00 Movie Hour-T  
(The Outlaw Josey Wales)  
6:00 Games-CR

**26**  
9:30 Men's Power of Prayer-C  
10:00 Exercise Class-DR  
11:00 Cognitive Class-MS  
1:00 Walmart Shopping  
2:30 Prize Bingo-MS  
6:00 Quarter Bingo-MS

**27**  
10:00 Sit & Stretch-CR  
10:30 Ladies Prayer Group-C  
11:15 Cornhole-P  
1:00-3:00 Big Daddy Malts-MS  
1:30 Wii Bowling-CR  
3:00 Pet Therapy: "72 Cutest  
Animals" Episode 13-T  
4:00 Whose Bag-MS

**28**  
10:00 Exercise Class-DR  
11:00 Ladderball-P  
1:45 Sunshine News Hour-T  
2:30 Snow Cones-P  
4:00 TheraBand Workout-CR  
6:00 Movie Hour-T  
(Stand By Me)

**29**  
10:00 Balance Class-CR  
11:00 Pictionary-CR  
1:30 Wii Bowling-CR  
2:30 Prize Bingo-MS  
3:00 Bible Study w/Nancy-C  
6:00 Games-CR

**30**  
9:00 Publix Shopping  
10:00 Exercise Class-DR  
1:45 Weight Training-CR  
3:00 Happy Hour-CR  
4:00 Gospel Piano w/Vickie-DRL  
6:00 Games-CR

**31**  
10:00 Heart Exercise-FR  
11:00 Rose Colored Lasses-MS  
1:30 Game-Rummikub-DAR  
1:30 Wii Bowling-CR  
2:00 Movie Hour-T  
(The Terminal)  
6:00 Games-CR