

Shining Star



Jeremy Mifflin
Executive Chef
11 Months with
Creekside

Jeremy was born in Marietta, GA but now lives in Douglasville with his wife and two sons. He enjoys spending time with his family and his favorite food is sandwiches. Something you may not know about Jeremy is that he has cooked for Presidents George H.W. Bush and Bill Clinton. He says the best part about his job is the people that he works with.

MARCH BIRTHDAYS

- 3/4 Lilli G.
- 3/9 Geri B.
- 3/11 Bill Z.
- 3/11 Wilma H.
- 3/11 Johnye C.
- 3/12 Harry R.
- 3/14 Susan S.
- 3/15 Friday E.
- 3/18 Sharon T.
- 3/24 Andy B.
- 3/25 Wilson M.
- 3/28 Cuyler S.
- 3/30 Doc S.

What's Going On In

March

2020



Team Members

Executive Director.....Stephanie Hendrix
Maintenance Director.....George Kahl
Business Office Manager.....Terrie Kelley
Life Enrichment Director.....Brandi Limbaugh
Executive Chef.....Jeremy Mifflin
Community Development.....Kim Slaughter

Concierge

Lauren Dalton, Brigitte Prinkleton, Susan Bell,
Rita Castagner, Zanna Everett,
Laurie Edwards and Bridgett Evans

Culinary

Carrie Buckland, Keely Summerour,
Frances Davis, Jaye Jagne, Audrey Morris,
Dissa Mondon, Arianna Mbonwe,
Claudia Challenger, Jake Strickland,
Emily Creedon, Cynthia Deleon,
Bethany Mulkey, Alicia Thomas,
Nicole Josephs, Jacob Cochran
and Blake Reynal

Maintenance & Housekeeping

Mark Hiatt, Jackie Burd
and Candy Hale

Transportation

Tyree Tittle and Ila Awtrye

Front Office.....678-363-0777

Meal Times

Breakfast.....7:30 a.m. - 6:30 p.m.
Lunch.....11:30 a.m. - 2:00 p.m.
Dinner.....4:00 p.m. - 6:30 p.m.

Movie Showings

Everyday 2:00 & 6:00 in Theater

Reoccurring Activities

- *RUMMIKUB | Everyday @ 1:30pm - CR/DAR
- *TRIPOLEY | Everyday Monday-Saturday @ 10:30am
and Tuesday @ 6:00pm - CR
- *Country Store Bucks Bingo | Monday @ 2:30pm-MS
*Bag Bingo | Thursday @ 2:30pm-MS
- *Quarter Bingo | Monday & Friday @ 6:00pm-MS
*Big Daddy Malts | Tuesday 1:00-3:00pm-MS
- *Various Games | Every night @ 6:00pm-CR
- *Coffee Chat/Sunshine News | Wed. @ 1:30pm-T
- *The Country Store is Open Every M-TH 2-4pm*

Transportation Schedule

Monday-Dallas/Hiram Shopping.....1:00pm
Tuesday/Wednesday/Thursday
Medical Appointments/Shuttle Bus by Appt.....8:30a-4:30p
Must make appointment with front office
Friday-Publix/Kroger Quick Errands.....9:00am

*Please sign up at least 24 hours in advance for medical
appointments & shuttle bus transportation*

* Please check the calendar & sign up book for other
outings scheduled*



Special Events

- 3/2 Activity Meeting | 4:00
- 3/5 Resident Council Meeting | 1:30
- 3/6 Chair Yoga w/Jeannine | 1:30
- 3/11 Podiatrist | 8:00-11:00
- 3/16 NCAA Bracket Fill Out | 10:30
- 3/17 Big Daddy Malt Special: Shamrock Shakes | 1:00-3:00
- 3/17 St. Patrick's Day Trivia | 3:30
- 3/18 Piano w/ John Freitas | 3:00
- 3/20 Paparazzi Jewelry | 11:00-2:00
- 3/25 Scrabble Tournament | 2:00

Outings

- 3/2 Belk Shopping | 5:30
- 3/6 Lunch @ Bay Breeze | 11:00
- 3/9 & 3/30 AARP Tax Aide @ PC Senior Center | 8:30
- 3/19 Outrageous Mini Golf Trip | 2:15
- 3/12 Health & Wellness Fair @ The Hutch at Eastside | 10:15
- 3/23 Wine Tasting @ Qualusi Vineyards | 1:30
- 3/29 Brunch @ O'Charley's | 11:00

Property Managed By Sunshine Retirement Living



1011 Merchants Dr. | Dallas, GA 30132
www.creeksidepinesretirementliving.com



MARCH

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10:00 Treadmill Challenge-FR **1**
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
2:30 Worship Services-C
3:45 Hand & Foot Canasta-CR
6:00 Movie Hour-T
6:30 Kings-N-Corner-CR
6:30 Game Night-CR

9:30 Men's Power of Prayer-M **2**
10:00 Sit & Be Fit Exercise-D
10:30 Game-Tripoley-CR
11:30 Cognitive Class-MS
2:00 Balderdash-CR
2:30 Country Store Bingo-MS
4:00 Activity Meeting-CR
6:00 Games-CR
6:00 Quarter Bingo-MS

10:00 Balance Class-CR **3**
10:30 Ladies Prayer Group-C
11:00 Pet Therapy: Famous Animals
1:00 Wii Bowling-CR
1:00-3:00 Big Daddy Malts-MS
2:15 Parcheesi-DAR
3:00 Food Meeting-DR
4:00 Welcome Committee Mtg-CR
5:30 Belk Shopping 6:00 Games-CR

10:00 Sit & Be Fit Exercise-DR **4**
10:30 Game-Tripoley-CR
1:15 Library Trip
1:30 Game-Rummikub-CR
1:30 Coffee Chat/Sunshine News-T
2:30 Crafts: St. Patrick's Day-MS
2:30 Communion-C
4:00 Walk the Line Balance-CR
6:00 Games-CR

10:00 Tai Chi w/George-CR **5**
10:30 Game-Tripoley-CR
11:30 Brain Busters-MS
1:30 Resident Council Meeting-DR
2:30 Bag Bingo-MS
3:30 Bible Study w/Nancy-C
4:00 Pictionary-CR
6:00 Games-CR

9:00 Publix Quick Errands **6**
10:00 Exercise w/Coffee & Fruit-DR
10:30 Game-Tripoley-CR
11:00 Lunch @ Bay Breeze
1:30 Chair Yoga w/Jeannine-CR
3:00 Happy Hour-CR
6:00 Games-CR
6:00 Quarter Bingo-MS

10:00 Heart Exercise-FR **7**
10:00 Game-Tripoley-DAR
11:00 Rose Colored Lasses-MS
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
3:00 Crochet & Knitting-CR
6:00 Games-CR
6:00 Movie Hour-T

Daylight Saving Time Begins **8**
10:00 Treadmill Challenge-FR
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
2:30 Worship Services-C
3:45 Hand & Foot Canasta-CR
6:00 Movie Hour-T
6:30 Kings-N-Corner-CR
6:30 Game Night-CR

8:30 AARP Tax Aide @ PC Senior Center **9**
9:30 Men's Power of Prayer-M
10:00 Sit & Be Fit Exercise-DR
11:30 Cognitive Class-MS
2:00 Strength & Endurance-CR
2:30 Country Store Bingo-MS
4:00 Current Events-L
6:00 Quarter Bingo-MS 6:00 Games

10:00 Balance Class-CR **10**
10:30 Ladies Prayer Group-C
11:00 Techy Tuesday-CR
1:00 Wii Bowling-CR
1:00-3:00 Big Daddy Malts-MS
2:15 Pet Therapy: "Dancing with the Birds" Documentary-T
3:30 Taboo Game-CR
6:00 Games-CR

8-11 Podiatrist-CR **11**
9-11 Beltone Hearing Check-L
10:00 Sit & Be Fit Exercise-DR
11:00 Crafts: Flower Pens-MS
1:15 License & I.D. Trip
1:30 Coffee Chat/Sunshine News w/Amedisys: Mental Health-T
2:30 Communion-C
4:00 Walk the Line Balance-CR

10:00 Tai Chi w/George-CR **12**
10:15 Health & Wellness Fair @ The Hutch at Eastside
10:30 Game-Tripoley-CR
1:00 Wii Bowling-CR
2:30 Bag Bingo-MS
3:30 Bible Study w/Nancy-C
4:00 Yahtzee-CR
6:00 Games-CR

9:00 Kroger Quick Errands **13**
10:00 Exercise-DR
10:30 Game-Tripoley-CR
10:30 Meditation & Journaling-MS
1:30 Circuit Training-FR
1:30 Game-Rummikub-CR
3:00 Happy Hour-CR
6:00 Games-CR
6:00 Quarter Bingo-MS

10:00 Heart Exercise-FR **14**
10:00 Game-Tripoley-CR
11:00 Rose Colored Lasses-MS
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
3:00 Crochet & Knitting-CR
6:00 Games-CR
6:00 Quarter Bingo-MS
6:00 Movie Hour-T

10:00 Treadmill Challenge-FR **15**
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
2:30 Worship Services-C
3:45 Hand & Foot Canasta-CR
6:00 Movie Hour-T
6:30 Kings-N-Corner-CR
6:30 Game Night-CR

9:30 Men's Power of Prayer-M **16**
10:00 Sit & Be Fit Exercise-DR
10:30 NCAA Bracket Fill Out-MS
11:30 Cognitive Class-MS
2:00 Strength & Endurance-CR
2:30 Country Store Bingo-MS
4:00 Current Events-L
6:00 Games-CR
6:00 Quarter Bingo-MS

St. Patrick's Day March Madness Begins **17**
10:00 Balance Class-CR
10:30 Ladies Prayer Group-C
11:00 Armchair Travel: Ireland-T
1:00 Wii Bowling-CR
1:00-3:00 Big Daddy Malt Special: Shamrock Shakes-MS
3:30 St. Patrick's Day Trivia-CR

10:00 Sit & Be Fit Exercise-DR **18**
10:30 Game-Tripoley-CR
11:00 Spring Crafts-MS
1:15 Library Trip
1:30 Coffee Chat/Sunshine News-T
2:30 Communion-C
3:00 Piano w/ John Freitas-DRL
4:00 Walk the Line Balance-CR
6:00 Games-CR

First Day of Spring **19**
10:00 Tai Chi w/George-CR
11:30 Brain Busters-MS
1:00 Wii Bowling-CR
1:30 Book Club-L
2:15 Outrageous Mini Golf Trip
2:30 Bag Bingo-MS
3:30 Bible Study w/ Nancy-C
6:00 Games-CR

9:00 Publix Quick Errands **20**
10:00 Exercise w/Coffee & Fruit-DR
10:30 Meditation & Journaling-MS
11-2 Paparazzi Jewelry-DRL
1:30 Back & Posture Exercise-CR
2:00 Pet Therapy w/Creekside Pets
3:00 Happy Hour-CR
6:00 Games-CR
6:00 Quarter Bingo-MS

10:00 Heart Exercise-FR **21**
10:00 Game-Tripoley-DAR
11:00 Rose Colored Lasses-MS
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
3:00 Crochet & Knitting-CR
6:00 Games-CR
6:00 Movie Hour-T

10:00 Treadmill Challenge-FR **22**
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
2:30 Worship Services-C
3:45 Hand & Foot Canasta-CR
6:00 Movie Hour-T
6:30 Kings-N-Corner-CR
6:30 Game Night-CR

9:30 Men's Power of Prayer-M **23**
10:00 Sit & Be Fit Exercise-DR
11:30 Cognitive Class-MS
1:30 Wine Tasting @ Qualusi Vineyard
2:30 Country Store Bingo-MS
4:00 Current Events-L
6:00 Games-CR
6:00 Quarter Bingo-MS

10:00 Balance Class-CR **24**
10:30 Ladies Prayer Group-C
1:00 Wii Bowling-CR
1:00-3:00 Big Daddy Malts-MS
1:30 Pet Therapy w/Chaos-DRL
2:00 Movie Day: My Fair Lady Popcorn, candy & soft drinks-T
3:30 Majority Rules Game-CR
6:00 Games-CR

10:00 Sit & Be Fit Exercise-DR **25**
10:30 Game-Tripoley-CR
11:00 Crafts: Cards & Cookies for Creekside Family-MS
1:30 Coffee Chat/Sunshine News-T
2:00 Scrabble Tournament-CR
2:30 Communion-C
4:00 Walk the Line Balance-CR
6:00 Games-CR

10:00 Tai Chi w/George-CR **26**
10:30 Game-Tripoley-CR
11:30 Brain Busters-MS
1:00 Wii Bowling-CR
2:30 Bag Bingo-MS
3:30 Bible Study w/Nancy-C
4:00 Cornhole-T Level Yard
6:00 Games-CR

9:00 Kroger Quick Errands **27**
10:00 Exercise-DR
10:30 Meditation & Journaling-MS
10:30 Game-Tripoley-CR
1:30 Circuit Training-FR
1:30 Game-Rummikub-CR
3:00 Happy Hour-CR
6:00 Games-CR
6:00 Quarter Bingo-MS

10:00 Heart Exercise-FR **28**
10:00 Game-Tripoley-CR
11:00 Rose Colored Lasses-MS
1:30 Pet Therapy w/Moose-DRL
2:00 Movie Hour-T
3:00 Crochet & Knitting-CR
6:00 Games-CR
6:00 Quarter Bingo-MS
6:00 Movie Hour-T

10:00 Treadmill Challenge-FR **29**
11:00 Brunch @ O'Charley's
1:30 Game-Rummikub-CR
2:00 Movie Hour-T
2:30 Worship Services-C
3:45 Hand & Foot Canasta-CR
6:00 Movie Hour-T
6:30 Kings-N-Corner-CR
6:30 Game Night-CR

8:30 AARP Tax Aide @ PC Senior Center **30**
9:30 Men's Power of Prayer-M
10:00 Sit & Be Fit Exercise-DR
11:30 Cognitive Class-MS
2:00 Strength & Endurance-CR
2:30 Country Store Bingo-MS
4:00 Ladies Club Meeting-MS
6:00 Quarter Bingo-MS 6:00 Games

10:00 Balance Class-CR **31**
10:30 Ladies Prayer Group-C
11:00 Funny Pet Videos-T
1:00 Wii Bowling-CR
1:00-3:00 Big Daddy Malts-MS
2:30 Guesstures-CR
4:00 Whose Bag-MS
6:00 Games-CR

ROOM CODES
1st FL. DR-Dining Rm DRL-Dining Rm Lobby
GR-Georgian Room MS-Malt Shop
FR- Fitness Room P-Patio
Physical Therapist-Lisa Hall
678-472-4042 Call for Appointment

2nd FL. CR-Club Room T-Theater
DAR-Dallas Room/Computer Lab
L-Library CS-Country Store
Open Monday-Thursday 2:00-4:00p
3rd FL. C-Chapel BS-Beauty Salon
Call for Appointment
Beauticians:
Angie- 404-660-5475
Arlene- 770-639-9578

Life Enrichment Director:
brandi.limbaugh@sunshineret.com

 Find us on facebook.


CREEKSIDE PINES
RETIREMENT COMMUNITY
1011 Merchants Drive
Dallas, GA 30132
(678) 363-0777