

## Shining Star



**Dianne A.**

**Transportation  
Since March 2022**

Dianne loves arts and crafts, but her favorite is beading. She also loves watching and listening to the waves at the ocean. When she graduated from high school, she went to Europe and saw 13 different countries. Dianne has two children and two grandchildren that are 3 and 1 years old. She has a little dog at home named Molly who is 14 years old. Dianne loves the color blue and classical country music.

## SEPTEMBER BIRTHDAYS

Loise M. - 9/9

Jim P. - 9/9

Alma E. - 9/13

Anna Mae L. - 9/14

Skip R. - 9/26

JoAnn M. - 9/28

Corky C. - 9/30



What's Going On In

# September

2022



**Salt Creek Falls**

## Team Members

Executive Director.....Brenda Olivarez  
 Business Office Manager.....Lauri Donlon  
 Community Development Director.....  
 .....Rebecca Camara  
 Executive Chef.....Martin Hernandez  
 Life Enrichment Director.....Jade Woolsey  
 Maintenance Director.....Jesse Blumenshine  
 Concierge Team.....Sarah, Diana,  
 .....Jennifer, Lydia & Illa  
 Head House Keeper.....Gabi Abbott  
 Dining Room Coordinator.....Andy Kintzley  
 Bus Driver.....Dianne & Sharina

## Dining Room Meal Times

Breakfast.....7:30 a.m. - 10:00 a.m.  
 Lunch.....11:30 a.m. - 2:00 p.m.  
 Dinner.....4:00 p.m. - 6:00 p.m.

## Movie Showings

Everyday 2:00 & 6:15 in Theater  
 Every Thursday enjoy a Pet Therapy movie

## Transportation Schedule

**Monday - Friday**  
 Medical Appointments, Errands/Shopping..9:00am - 4:30pm  
**Tuesdays**  
 Sheldon Shopping.....1:00pm - 2:00pm  
**Saturdays**  
 Trips.....10:00am - 4:00pm  
 Errands/Shopping.....9:00am - 4:00pm  
**Sundays**  
 Church.....8:00am - 2:00pm

Sign up 48 hours in advanced for  
 Medical Appointments

## Special Events

9/1 Garden Way Pavement Pounders Walking Group Start Up | 9:30  
 9/5 Yappy Hour - Pet Therapy Start Up | 3:30  
 9/6 Fall Watercolor with Jade | 1:30  
 9/9 September Birthday Social | 2:30  
 9/15 Palliative Care Presentation with Chandra | 2:30  
 9/16 Fall Happy Hour - Apple Cider Sangria | 2:30  
 9/20 Tamari Ball Presentation with Janet | 2:30  
 9/21 Munchin' with Martin | 10:00  
 9/23 Fall Social and Welcoming New Residents | 2:30  
 With Hot Cider and Donuts  
 9/29 Resident Meeting | 2:30  
 9/30 Flu Shot Clinic | 2:30

## Outings

9/3 Oregon Aloha Festival | 10:00  
 9/10 Abacela Winery | 10:00  
 9/17 Mt. Angel Oktoberfest | 10:00  
 9/24 Dorris Ranch Scenic Walk | 12:30

## Important Phone Numbers

Office.....541-343-3317  
 Transportation.....541-515-4592  
 Beauty Shop.....  
 .....541-510-3797 ( Nail Tech Micheala)  
 .....541-636-8324 (Hair Stylist Sharla)  
 .....971-212-6481 (Hair Stylist Jennah)



# SEPTEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**GARDEN WAY**  
RETIREMENT COMMUNITY  
175 South Garden Way  
Eugene, OR. 97401  
(541) 343-3317

Life Enrichment Director:  
Jade.Woolsey@Sunshineret.com



Like us on Facebook:  
Facebook.com/GardenWayRet

Room Key  
L-1 Lobby, HW-1,2,3,4 Hallways  
CR-1 Coke RM  
DR-1 Dining Room  
CH-2 Chapel, CT-2 Card Tables  
GB - Garden Beds  
GP - Grandchildren's Playroom

Room Key  
A&C-3 Arts & Crafts Room  
COMP-3 Computer Room  
FC-4 Fitness Center  
MT-4 Movie Theatre  
N-SR-1,2,3,4 North Sun Room  
S-SR-1,2,3,4 South Sun Room

L 9:30 Garden Way  
Pavement Pounders Walk  
FC 10:30 Bender Ball Exercise  
with Katie  
A&C 1:30 Trivia with Jade  
GP 2:00 Wii Bowling  
MT 6:15 Pet Therapy Movie

FC 9:30 Leg Exercises  
with Jade  
FC 10:15 Beanbag Baseball  
GP 1:00 Play Mexican Train  
MT 2:00 Afternoon Movie  
DR 2:30 Bingo  
MT 6:15 Evening Movie

CH 10:00 Ephesians Bible  
Study  
L 10:00 Oregon Aloha Festival  
CT 1:30 Play Hand and Foot  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie  
  
Weekly Walking Challenge

CH 11:00 Church Service  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie  
  
Weekly Walking Challenge

FC 9:30 Chair Cardio  
FC 10:15 Beanbag Baseball  
A&C 12:00 Sunshine News Hour  
DR 2:30 Bingo  
CR 3:30 Yappy Hour - Pet  
Therapy  
MT 6:15 Evening Movie

FC 9:30 Strong Bones &  
Balance DVD  
FC 10:30 Chair Exercise w/Katie  
A&C 1:30 Fall Watercolor w/  
Jade  
DR 2:30 Sing-a-long w/ Katie  
MT 6:15 Evening Movie

FC 10:15 Beanbag Baseball  
FC 11:00 Adaptive Karate w/  
Sensei  
L 1:00 Becky's Post Office  
CT 1:30 Open Game Day  
DR 2:30 Bingo  
A&C 3:30 Phone Help

L 9:30 Garden Way  
Pavement Pounders Walk  
FC 10:30 Bender Ball Exercise w/  
Katie  
A&C 1:30 Trivia with Jade  
A&C 2:00 Beading Class with  
Amy  
MT 6:15 Pet Therapy Movie

FC 9:30 Leg Exercises  
with Jade  
FC 10:15 Beanbag Baseball  
CT 1:00 Play Rummikub  
CR 2:30 September Birthday So-  
cial  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie

L 10:00 Abacela Winery  
CH 10:00 Ephesians Bible  
Study  
CT 1:30 Play Hand and Foot  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie  
  
Weekly Walking Challenge

CH 11:00 Church Service  
MT 2:00 Afternoon Movie  
CH 6:00 Cello Music with Titus  
MT 6:15 Evening Movie  
  
Weekly Walking Challenge

FC 9:30 Chair Cardio  
FC 10:15 Beanbag Baseball  
A&C 12:00 Sunshine News Hour  
CH 1:45 Church Service  
DR 2:30 Bingo  
CR 3:30 Yappy Hour - Pet  
Therapy

FC 9:30 Strong Bones &  
Balance DVD  
FC 10:30 Chair Exercise with  
Katie  
L 11:00 Holly's Jewelry  
A&C 1:30 Craft: Fall Tie-dye  
DR 2:30 Dennis on the Piano

FC 10:15 Beanbag Baseball  
FC 11:00 Adaptive Karate with  
Sensei  
L 1:00 Becky's Post Office  
CT 1:30 Open Game Day  
DR 2:30 Bingo  
A&C 3:30 Phone Help

L 9:30 Garden Way  
Pavement Pounders Walk  
FC 10:30 Bender Ball Exercise  
with Katie  
A&C 1:30 Trivia with Jade  
CH 2:30 Palliative Care  
Presentation with Chandra  
MT 6:15 Pet Therapy Movie

FC 9:30 Leg Exercises  
with Jade  
FC 10:15 Beanbag Baseball  
GP 1:00 Play Mexican Train  
MT 2:00 Afternoon Movie  
CR 2:30 Fall Happy Hour—Apple  
Cider Sangria  
MT 6:15 Evening Movie

CH 10:00 Ephesians Bible  
Study  
L 10:00 Mt. Angel Oktoberfest  
CT 1:30 Play Hand and Foot  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie  
  
Weekly Walking Challenge

CH 11:00 Church Service  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie  
  
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FC 9:30 Chair Cardio  
FC 10:15 Beanbag Baseball  
A&C 12:00 Sunshine News Hour  
CH 1:45 Church Service  
DR 2:30 Bingo  
CR 3:30 Yappy Hour - Pet  
Therapy

FC 9:30 Strong Bones &  
Balance DVD  
FC 10:30 Chair Exercise with  
Katie  
A&C 1:30 Craft: Craft: Coloring  
Tote Bags  
DR 2:30 Tamari Ball Presenta-

DR 10:00 Munchin' with  
Martin  
FC 11:00 Adaptive Karate with  
Sensei  
L 1:00 Becky's Post Office  
CT 1:30 Open Game Day  
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A&C 3:30 Phone Help  
MT 6:15 Evening Movie

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Amy  
MT 6:15 Pet Therapy Movie

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FC 10:15 Beanbag Baseball  
CT 1:00 Play Rummikub  
MT 2:00 Afternoon Movie  
CR 2:30 Fall Social and  
Welcoming new Residents  
with Hot Cider and Donuts  
MT 6:15 Evening Movie

CH 10:00 Ephesians Bible  
Study  
L 12:30 Dorris Ranch Scenic  
Walk  
CT 1:30 Play Hand and Foot  
MT 2:00 Afternoon Movie  
MT 6:15 Evening Movie  
  
Weekly Walking Challenge

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MT 2:00 Afternoon Movie  
CH 6:00 Cello Music with Titus  
MT 6:15 Evening Movie  
  
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FC 9:30 Strong Bones &  
Balance DVD  
FC 10:30 Chair Exercise with  
Katie  
A&C 1:30 Craft: Halloween Ban-  
ners  
DR 2:30 Dennis on the Piano

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FC 11:00 Adaptive Karate with  
Sensei  
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MT 6:15 Evening Movie

