

AUGUST

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



THE CONTINENTAL
RETIREMENT COMMUNITY

4604 S Lamar Blvd
Austin, TX 78745
(512) 892-5995

<p>8:30 Current Events 10:30 Grief Support Group 11:00 Weights & Bands 1:15 Health Talk 2:00 Craft Corner 3:00 Play 42! 3:30 Sunshine News 6:00 Jackpot Bingo!</p>	<p>1</p> <p>8:30 Current Events 10:30 Community Sing-a-long 11:00 Gentle Chair Exercise 1:15 Nails & Cocktails MedTeam 2:00 Mega Crossword 3:00 Bean Bag Toss for a Prize! 6:00 Game Night</p>	<p>2</p> <p>Wear: Sunglasses</p> <p>8:30 Current Events 9:00 Walking with Staff 11:00 Sit & Be Fit 1:15 Resident/Managers Meeting 2:00 Chefs Corner 3:00 Gardening Club 6:00 Game Night</p>	<p>3</p> <p>8:30 Current Events 10:30 Free Blood Pressure Checks 10:30 Chapel Board Meeting 11:00 Chair Yoga 12:00 Resident Birthdays 1:15 Rummikub Challenge 2:30 Coloring & Conversation 4:30 Happy Hour 6:00 Dime Bingo</p>	<p>4</p> <p>9:00 Walking with Staff 9:30 Coffee Klatch w/Everret 9:30 Touring Painted Churches & Lunch at Oakridge Buffet 10:30 Prayer Group 1:15 Dr. Jeremiah w/Jo 3:00 Scrabble & Popcorn 6:00 Game Night Mixer</p>	<p>5</p> <p>9:30 Coffee Klatch 10:30 Piano Service 11:00 Bible Study 1:15 Mexican Train 3:00 Euchre Club 6:00 Game Night Mixer</p>	<p>6</p>
<p>7</p> <p>9:00 Church Service 9:30 Coffee Klatch 1:15 Community Chapel Service 3:00 Sunday Matinee 4:00 Weekly Packet Pickup</p>	<p>8</p> <p>8:30 Current Events 10:30 Grief Support Group 11:00 Weights & Bands 1:15 Health Talk 2:00 Craft Corner 3:00 Play 42! 3:30 Sunshine News 6:00 Jackpot Bingo!</p>	<p>9</p> <p>8:30 Current Events 10:30 Community Sing-a-long 11:00 Gentle Chair Exercise 1:15 Candy Bingo MedTeam 2:00 Mega Crossword 3:00 Wii Games 6:00 Game Night</p>	<p>10</p> <p>Wear: Beige</p> <p>8:30 Current Events 9:00 Walking with Staff 11:00 Exercise with a Twist! 11:30 ROME.O.Club 1:15 Clay w/ Café Monet pt.1 3:00 Gardening our Patio 5:30 Live at The Met-Galleria 6:00 Game Night</p>	<p>11</p> <p>8:30 Current Events 10:30 Free Blood Pressure Checks 10:30 Chapel Board Meeting 11:00 Chair Yoga 1:15 Rummikub Challenge 2:30 Coloring & Conversation 4:30 Happy Hour 6:00 Dime Bingo</p>	<p>12</p> <p>9:00 Walking with Staff 9:30 Coffee Klatch w/Everret 10:30 Prayer Group 11:30 Lunch Bunch 1:15 Dr. Jeremiah w/Jo 3:00 Scrabble & Popcorn 6:00 Game Night Mixer</p>	<p>13</p> <p>9:30 Coffee Klatch 10:30 Piano Service 11:00 Bible Study 1:15 Mexican Train 3:00 Euchre Club 6:00 Game Night Mixer</p>
<p>14</p> <p>9:00 Church Service 9:30 Coffee Klatch 1:15 Community Chapel Service 3:00 Sunday Matinee 4:00 Weekly Packet Pickup</p>	<p>15</p> <p>8:30 Current Events 10:30 Grief Support Group 11:00 Weights & Bands 1:15 Health Talk 2:00 Craft Corner 3:00 Play 42! 3:30 Sunshine News 6:00 Jackpot Bingo!</p>	<p>16</p> <p>8:30 Current Events 10:30 Community Sing-a-long 11:00 Gentle Chair Exercise 1:15 Nails & Cocktails MedTeam 2:00 Mega Crossword 3:00 Bean Bag Toss for a Prize! 6:00 Game Night</p>	<p>17</p> <p>Wear: Beige</p> <p>8:30 Current Events 9:00 Walking with Staff 11:00 Sit & Be Fit 11:30 Red Hatters 1:15 Clay w/ Café Monet pt.2 3:00 Gardening our Patio 6:00 Game Night</p>	<p>18</p> <p>8:30 Current Events 10:30 Free Blood Pressure Checks 10:30 Chapel Board Meeting 11:00 Chair Yoga 1:15 Rummikub Challenge 2:30 Coloring & Conversation 4:30 Happy Hour 6:00 Dime Bingo</p>	<p>19</p> <p>9:00 Walking with Staff 9:00-1:15 Summer Games w/ The Clairmont 10:30 Prayer Group 11:30 Hosting Lunch w/our Guest Music by: Madison 1:15 Balloon Volleyball 2:00-3:30 Wellness Health Fair 3:00 Scrabble & Popcorn</p>	<p>20</p> <p>9:30 Coffee Klatch 10:30 Piano Service 11:00 Bible Study 1:15 Mexican Train 3:00 Euchre Club 6:00 Game Night Mixer</p>
<p>21</p> <p>9:00 Church Service 9:30 Coffee Klatch 1:15 Community Chapel Service 3:00 Sunday Matinee 4:00 Weekly Packet Pickup</p>	<p>22</p> <p>8:30 Current Events 10:30 Grief Support Group 11:00 Weights & Bands 1:15 Health Talk 2:00 Craft Corner 3:00 Play 42! 3:30 Sunshine News 6:00 Jackpot Bingo!</p>	<p>23</p> <p>8:30 Current Events 10:30 Community Sing-a-long 11:00 Gentle Chair Exercise 1:15 Candy Bingo MedTeam 2:00 Mega Crossword 3:00 Wii Games 6:00 Game Night</p>	<p>24</p> <p>Wear: Beige</p> <p>8:30 Current Events 9:00 Walking with Staff 11:00 Sit & Be Fit 11:30 Red Hatters 1:15 Clay w/ Café Monet pt.2 3:00 Gardening our Patio 6:00 Game Night</p>	<p>25</p> <p>8:30 Current Events 10:30 Free Blood Pressure Checks 10:30 Chapel Board Meeting 11:00 Chair Yoga 1:15 Rummikub Challenge 2:30 Coloring & Conversation 4:30 Happy Hour 6:00 Dime Bingo</p>	<p>26</p> <p>9:00 Walking with Staff 9:30 Coffee Klatch w/Everret 10:30 Prayer Group 11:30-1:00 End of Summer Luau! Performance by: Desert Polynesia 1:15 Dr. Jeremiah w/Jo 3:00 Scrabble & Popcorn 6:00 Game Night Mixer</p>	<p>27</p> <p>9:30 Coffee Klatch 10:30 Piano Service 11:00 Bible Study 1:15 Mexican Train 3:00 Euchre Club 6:00 Game Night Mixer</p>
<p>28</p> <p>9:00 Church Service 9:30 Coffee Klatch 1:15 Community Chapel Service 3:00 Sunday Matinee 4:00 Weekly Packet Pickup</p>	<p>29</p> <p>8:30 Current Events 10:30 Grief Support Group 11:00 Weights & Bands 1:15 Health Talk 2:00 Craft Corner 3:00 Play 42! 3:30 Sunshine News 6:00 Jackpot Bingo!</p>	<p>30</p> <p>8:30 Current Events 10:30 Community Sing-a-long 11:00 Gentle Chair Exercise 1:15 Nails & Cocktails MedTeam 2:00 Mega Crossword 3:00 Bean Bag Toss for a Prize! 6:00 Game Night</p>	<p>31</p> <p>Wear: Green</p> <p>8:30 Current Events 9:00 Walking with Staff 11:00 Sit & Be Fit 1:15 New Resident Welcoming 3:00 Gardening our Patio 5:30 Live at The Met-Galleria 6:00 Game Night</p>			<p>28</p>  <p>AUGUST 2022 wellness challenge SUNSHINE'S 10TH ANNUAL</p> <p>get fit get informed get restored give back</p>