

NOVEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



THE CONTINENTAL
RETIREMENT COMMUNITY


4604 S Lamar Blvd
Austin, TX 78745
(512) 892-5995

Room Key
L -Library
AR -Activity Room
(L)DR -Dining Room
LR -Living Room

8:30 Current Events **1**
10:30 Community Sing-a-long
11:00 Gentle Chair Exercise
1:15 Nails & Cocktails With MedTeam
2:00 Mega Crossword
3:00 Bean Bag Toss for a Prize!
6:00 Game Night

8:30 Current Events **2**
9:00 Walking w/ Team Members
11:00 Sit & Be Fit
1:15 Resident/Managers Meeting
2:00 Chefs Corner
3:00 Gardening Club
6:00 Game Night 

8:30 Current Events **3**
10:30 Free Blood Pressure Checks
10:30 Chapel Board Meeting
11:00 Chair Yoga
12:00 Resident Birthdays
1:15 Rummikub Challenge
2:30 Coloring & Conversation
4:30 Happy Hour
6:00 Dime Bingo

9:00 Walking w/ Team Members **4**
9:30 Coffee Klatch w/Everret
10:30 Prayer Group
11:00 Lunch Bunch- Deckhands
12:00 Resident Birthdays
1:15 Dr. Jeremiah w/Jo
3:00 Scrabble & Popcorn
6:00 Game Night Mixer 

9:30 Coffee Klatch **5**
10:30 Piano Service
11:00 Bible Study
1:15 Mexican Train
3:00 Euchre Club
6:00 Game Night Mixer


9:00 Church Service **6**
9:30 Coffee Klatch
1:15 Community Chapel Service
3:00 Sunday Matinee
3:00 Pet Therapy
4:00 Weekly Packet Pickup 

8:30 Current Events **7**
10:30 Grief Support Group
11:00 Weights & Bands
1:15 Health Talk
2:00 Craft Corner
3:00 Play 42!
3:30 Sunshine News
6:00 Jackpot Bingo!

8:30 Current Events **8**
10:30 Community Sing-a-long
11:00 Gentle Chair Exercise
1:15 Candy Bingo | MedTeam
2:00 Mega Crossword
3:00 Wii Games
6:00 Game Night 

8:30 Current Events **9**
9:00 Walking w/ Team Members
11:00 Exercise with a Twist!
11:30 R.O.M.E.O. Club @East Buffet
3:00 Gardening our Patio
3:00 Avon Essential Oils w/ Sissy
6:00 Game Night

8:30 Current Events **10**
10:30 Free Blood Pressure Checks
10:30 Chapel Board Meeting
11:00 Chair Yoga
1:15 Rummikub Challenge
2:30 Coloring & Conversation
4:00 Happy Hour
6:00 Dime Bingo

Veterans Day **11**
9:00 Walking w/ Team Members
9:30 Coffee Klatch w/Everret
10:30 Prayer Group
11:30 Lunch Bunch
1:15 Dr. Jeremiah w/Jo
3:00 Scrabble & Popcorn
6:00 Game Night Mixer 

9:30 Coffee Klatch **12**
10:30 Piano Service
11:00 Bible Study
1:15 Mexican Train
3:00 Euchre Club
6:00 Game Night Mixer

9:00 Church Service **13**
9:30 Coffee Klatch
1:15 Community Chapel Service
3:00 Sunday Matinee
3:00 Pet Therapy
4:00 Weekly Packet Pickup 

8:30 Current Events **14**
10:30 Grief Support Group
11:00 Weights & Bands
1:15 Health Talk
2:00 Craft Corner
3:00 Play 42!
3:30 Sunshine News
6:00 Jackpot Bingo!

8:30 Current Events **15**
10:30 Community Sing-a-long
11:00 Gentle Chair Exercise
1:15 Nails & Cocktails With MedTeam
2:00 Mega Crossword
3:00 Bean Bag Toss for a Prize!
6:00 Game Night

8:30 Current Events **16**
9:00 Walking w/ Team Members
11:00 Sit & Be Fit
11:30 Red Hatters @ Hunan Lion
3:00 Gardening our Patio
6:00 Game Night 

8:30 Current Events **17**
10:30 Free Blood Pressure Checks
10:30 Chapel Board Meeting
11:00 Chair Yoga
1:15 Rummikub Challenge
2:30 Coloring & Conversation
4:30 Happy Hour
6:00 Dime Bingo

9:00 Walking w/ Team Members **18**
9:00-1:15 Summer Games w/ The Clairmont
10:30 Prayer Group
1:15 Balloon Volleyball
3:00 Scrabble & Popcorn
6:00 Game Night Mixer

9:30 Coffee Klatch **19**
10:30 Piano Service
11:00 Bible Study
1:15 Mexican Train
3:00 Euchre Club
6:00 Game Night Mixer


9:00 Church Service **20**
9:30 Coffee Klatch
1:15 Community Chapel Service
3:00 Sunday Matinee
3:00 Pet Therapy
4:00 Weekly Packet Pickup 

8:30 Current Events **21**
10:30 Grief Support Group
11:00 Weights & Bands
1:15 Health Talk
2:00 Craft Corner
3:00 Play 42!
3:30 Sunshine News
6:00 Jackpot Bingo!

8:30 Current Events **22**
10:30 Community Sing-a-long
11:00 Gentle Chair Exercise
1:15 Candy Bingo | MedTeam
2:00 Mega Crossword
3:00 Wii Games
6:00 Game Night 

8:30 Current Events **23**
9:00 Walking w/ Team Members
11:00 Sit & Be Fit
3:00 Gardening our Patio
3:00 Avon Essential Oils w/ Sissy
6:00 Game Night

Happy Thanksgiving **24**

9:00 Walking w/ Team Members **25**
9:30 Coffee Klatch w/Everret
10:30 Prayer Group
1:15 Dr. Jeremiah w/Jo
3:00 Scrabble & Popcorn
6:00 Game Night Mixer 

9:30 Coffee Klatch **26**
10:30 Piano Service
11:00 Bible Study
1:15 Mexican Train
3:00 Euchre Club
6:00 Game Night Mixer

9:00 Church Service **27**
9:30 Coffee Klatch
1:15 Community Chapel Service
3:00 Sunday Matinee
4:00 Weekly Packet Pickup 

8:30 Current Events **28**
10:30 Grief Support Group
11:00 Weights & Bands
1:15 Health Talk
2:00 Craft Corner
3:00 Play 42!
3:30 Sunshine News
6:00 Jackpot Bingo!

8:30 Current Events **29**
10:30 Community Sing-a-long
11:00 Gentle Chair Exercise
1:15 Nails & Cocktails With MedTeam
2:00 Mega Crossword
3:00 Bean Bag Toss for a Prize!
6:00 Game Night

8:30 Current Events **30**
9:00 Walking w/ Team Members
11:00 Sit & Be Fit
3:00 Gardening our Patio
6:00 Game Night 

Life Enrichment Director:

Like us on Facebook:
Facebook.com/ContinentalRet



Reminders:
Wednesdays: Name Tags

Fridays: Red Shirt Day

