Becky was born on Sunday, Brunch at 19. She went on to Massachusetts and had 2 handsome boys. She believes that a positive attitude and a smile is a choice that you make every morning and it can be contagious. Becky feels truly blessed to be able to spend time with her “peeps” and her extended family. She will always give 100% because they deserve the best.

Shining Star
Becky Dent
Life Enrichment Director
Becky was born on Cape Cod, Massachusetts and joined the USAF after graduating from College at 19. She served 20 years in the military, traveled the world, married the love of her life and had 2 handsome boys.

Meal Times
Breakfast: 7:30am – 9am
Lunch: 11:30am – 1pm
Dinner: 4:30pm – 6:30pm
Sunday Brunch: 10:30am – 1:30pm

Movie Showings
Mon—Fri upon request
Sat & Sun at 3pm
Movies will be in the Carriage House or the Wellness Center Movie Theater and are based on Resident Choices and Selection Available.

In House Church Services
Catholic Service – Thursdays at 10:30am—M
Devine Mercy Chapel—Daily at 3:00pm—M or B
Christian Services—Mondays at 10am—M
MEDITATION—Tuesdays @ 4pm—W

Transportation Schedule
Monday to Thursday
Doctor Appointments, Shopping, Errands, Outings etc. …..before 2:00 pm
Fridays
Doctor Appointments, Shopping, Errands, Outings etc. …..before 10:30 am
Sundays—Church Only
Residents must sign up 24 hours in advance for all transportation

OUTINGS
1/4 Mardi Gras 12th Night—V | 5:30
1/23 Bus Trip to “Logerheads” for Lunch—V | 10:30

Special Events
1/2— 21 Day Challenge Goals Setting Workshop | 9:30—M
1/2—Welcome in the New Year Party w/Frank Sinatra | 3:00—M
1/7— Bean Bag Baseball | 1:00—M
1/7—Smoothie Challenge Cottages vs 1st Floor—3:00—T
1/8—Men’s Club | 1:00—M
1/9— Book Club | 1:15—AS
1/9— Cajun Friends Band | 2:00—M
1/12— Hot Dog Sunday | 4:00—T
1/14—Trinkets and Treasures | 1:00—AS
1/14—Just Dance w/Becky | 2:00—M
1/14—Smoothie Challenge 2nd floor vs 3rd floor | 3:00—T
1/15—Resident Food Meeting | 1:30—M
1/16—Mardi Gras Art w/Becky | 10:30—AS
1/16—Dance w/Arcadia | 1:00—M
1/21— Bean Bag Baseball | 1:00—M
1/21—Smoothie Challenge Face Off | 3:00—M
1/22—Resident Meeting | 1:30—M
1/23— Painting w/Koty | 1:30—AS
1/28—January Birthday Party | 2:00—M
1/28—Verandah Entertainers Practice w/Becky—W
1/29—Mardi Gras Scavenger Hunt | 1:00—V
1/30—Men’s Club Meeting w/Robert | 1:00—M

January BIRTHDAYS

Date - First Name
Steve R 3-Oct
Leneta B 6-Oct
Pat S 7-Oct
Philip C 12-Oct
Louanna L 14-Oct
Lois D 16-Oct
Nell H 18-Oct
Linda C 20-Oct
James P 23-Oct
Norma S 27-Oct
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30—Church Bus</td>
<td>9:30—Exercise—M</td>
<td>10:00—Sunshine News Hour—V</td>
<td>10:30—Wheel of Fortune—A</td>
<td>10:30—Communion—M</td>
<td>9:30—Exercise—M</td>
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<tr>
<td>10:00—Sunshine News Hour—V</td>
<td>10:30—Christian Ministries—M</td>
<td>10:30—Wheel of Fortune—A</td>
<td>10:30—Wheel of Fortune—A</td>
<td>10:30—Wheel of Fortune—A</td>
<td>10:00—Walking Club—AL</td>
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<td>1:00—Bingo—Southern—M</td>
<td>1:30—Mexican Train—V</td>
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<td>10:30—Crossword—AL</td>
<td>10:30—Poker—AL</td>
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Activities Subject to Change
Meal Times
Breakfast........................................7:30 a.m. - 9:00 a.m.
Lunch...........................................11:30 a.m. - 1:00 p.m.
Dinner.............................................4:30 p.m. - 6:00 p.m.

Transportation Schedule
- Monday, Wednesday & Friday
  Doctor Appointments...........before 2:00 pm

Movie Showings
  Mon-Fri 2:30 & 6:30/Sat 2:00 /Sun 3:00
  Monday..............................Classics
  Tuesday...............................Action
  Wednesday............................Drama
  Thursday.............................Westerns
  Friday.................................Comedy
  Saturday.............................Musicals
  Sundays..................................Drama

JANUARY BIRTHDAYS
Gay V.  1/7
Sandra P.  1/11
Louis V.  1/14
Brenda H.  1/26
Russell C.  1/31

Shining Star
Thelma Thomas is a Resident Care Assistant who oversees our night shift. She has been employed with The Verandah for 5 years. Thelma has been married for 18 years and has one son and one daughter. Her hobbies are cooking, singing, and dancing. She loves working here at The Verandah and taking care of the residents. She enjoys spending time with her family and friends.

Jan 2—21 Day Fitness Challenge Kick off 10:00 AL
Jan 2—Doctor in House 12:30 V
Jan 2—New Year’s Party w/ Frank Sinatra Impersonator 3:00 M
Jan 3—Blood Pressure Checks 10:30 AL
Jan 4—Movie “The Best Exotic Marigold Hotel” 2:00 AL
Jan 7—Elara Caring 2:00 M
Jan 9—Cajun Friends Band 2:00 M
Jan 11—Movie “The Best Exotic 2” 2:00 AL
Jan 16—Painting w/ Koty 1:00 M
Jan 16—Resident Council Meeting 2:00 AL
Jan 17—Out To Eat Cracker Barrel 10:30 AL
Jan 18—Movie “An Interview w/ God” Loaded Nachos 2:00 AL
Jan 21—Heads Up Game 2:00 AL
Jan 23—National Pie Day Social 2:00 AL
Jan 25—Movie “Secondhand Lions” 2:00 AL
Jan 28—January Birthdays 2:00 AL

Special Events

Team Members
Assisted Manager AL..............Jeremy Fruge
IL Assisted Manager...............Fannie Leger
Executive Chef.......................Taylor Burge
Life Enrichment Director AL.......Merry Beth Grant
Concierge...............................Mandy LaFleur
Health Services Coordinator........Patsy Corpening
Transportation.......................Lisa

Verandah Front Desk..............337-478-9150
AL Hair Salon Sandra..............337-304-2280
AL Nail Salon.........................337-349-6133

What’s Going On In
January 2020
### January Calendar

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>1:30:Mexican Train—AL</td>
<td>1:00:Brain Teasers</td>
<td>AL—Assisted Living</td>
<td>1:00:Brain Teasers</td>
<td>1:00:Brain Teasers</td>
<td>1:00:Walking Club—AL</td>
<td>10:00:Walking Club—AL</td>
</tr>
<tr>
<td>2:00:Cardio Walking—V</td>
<td>2:00:Pet Therapy—AL</td>
<td>M–Multi-Program Room</td>
<td>2:00:Pet Therapy—AL</td>
<td>2:00:Pet Therapy—AL</td>
<td>2:00:All Day Fitness</td>
<td>10:00:Walking Club—AL</td>
</tr>
<tr>
<td>2:00:–Sermon w/ Kenneth V</td>
<td>2:00:Verandah Entertainers</td>
<td>AL–Assisted Living Room</td>
<td>2:00:Verandah Entertainers</td>
<td>2:00:Verandah Entertainers</td>
<td>2:00:All Day Fitness</td>
<td>10:00:Walking Club—AL</td>
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<tr>
<td>3:00:movie W</td>
<td>3:00:Game Network—AL</td>
<td>T–Tavern</td>
<td>3:00:Game Network—AL</td>
<td>3:00:Game Network—AL</td>
<td>3:00:All Day Fitness</td>
<td>10:00:Walking Club—AL</td>
</tr>
<tr>
<td>4:00:Wii Bowling–M</td>
<td>4:30:–T</td>
<td></td>
<td>4:30:–T</td>
<td>4:30:–T</td>
<td>4:30:–T</td>
<td>9:30–Exercise—M</td>
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</tbody>
</table>

**Activities Subject to Change**

**New Year’s Day**

- **9:30–Exercise—M**
- **10:00–21 Day Fitness Challenge Kickoff**—AL
- **10:30–Ladies, God, Coffee–M**
- **10:30–Pokeno AL**

**Merry Beth prep for New years Party**

**Verandah Entertainment**

- **2020 w/ Frank Sinatra Impersonator**
- **H’oeuvres will be served M**
- **Party**

**Arts & Crafts**

- **7:00–Game network AL**

---

**February Calendar**

**21 Day Fitness Challenge**

**LET’S GET FIT!!!!**

January 1st–21st
Shining Star

Kortney is the sunshine to our day! She visits us twice a day bringing us sweet treats and delights! She puts extra care and thought into every treat and makes us our very special birthday cakes every month! Kortney never visits us without her bright shining smile and a caring heart for all of us! We are excited to announce that she has been voted our Shining Star! Kortney just celebrated her wedding day on December 21st! We want to wish her congratulations and years of blessings for you both!

Kortney
Pastry Chef

January Birthdays

01/11 Jill
01/28 Mayona

Shining Star

Kortney
Pastry Chef

Meal Times
Breakfast..........................7:30 a.m. - 9:00 a.m.
Lunch...............................11:30 a.m. - 1:00 p.m.
Dinner..............................4:30 p.m. - 6:00 p.m.
Hydration & Snacktivity........10:30, 2:30, 6:30

Cinema Showings
Memory Care Multi-Purpose Room
Nightly at 7:30PM

Monday............................I Love Lucy
Tuesday.........................Andy Griffith
Wednesday.............Resident Choice
Thursday....................Twilight Zone
Friday....................Discovery: Animals
Saturday....................Resident Choice
Sundays....................Discovery: Oceans

Holiday Season
This holiday season has been very special to everyone here! I wanted to thank everyone that volunteered and visited for all of our special events. It is such a blessing to have so many amazing families to share the holiday season with! We would like to wish everyone a Happy New Year in 2020

Special Events
January 1st - Happy New Year
January 22nd - January Birthday Celebration 2PM

Outings
January 15th - History City Hall Art Tour 10AM
January 23rd - Rhino Pops Tour 10AM
January 30th - Scenic Drive 10AM
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>9:30 AM</td>
<td>Daily Devotionals</td>
<td>LR</td>
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<tr>
<td>10:30 AM</td>
<td>Comrades Club MP</td>
<td>LR</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Chair Yoga MP</td>
<td>LR</td>
</tr>
<tr>
<td>1:00 PM</td>
<td>Winter Cooking Class K</td>
<td>LR</td>
</tr>
<tr>
<td>2:30 PM</td>
<td>Breakfast Bingo</td>
<td>LR</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>Wheelchair Wrestling</td>
<td>LR</td>
</tr>
<tr>
<td>4:00 PM</td>
<td>Finish the Drawing MP</td>
<td>LR</td>
</tr>
<tr>
<td>5:00 PM</td>
<td>Finishing the Drawing MP</td>
<td>LR</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Weekly Crossword Puzzle</td>
<td>LR</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>Weekly Crossword Puzzle</td>
<td>LR</td>
</tr>
<tr>
<td>8:00 PM</td>
<td>Weekly Crossword Puzzle</td>
<td>LR</td>
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Activities Subject to Change