

Shining Star



Dee
Housekeeping
15 years (June 5th)

Dee, a proud Atlanta native and die-hard Falcons fan, shines as our Shining Star. Beyond her dedication to her work our fiery Aries (April 5th)

Dee has a heart of gold that extends to her role as a mother of three and grandmother to five special children. Her unwavering faith and love for her family are evident in every task she undertakes. Dee's positive attitude and commitment to excellence serve as an inspiration to us all. Her compassionate nature and strong work ethic embody the values we hold dear in our team. Dee, we celebrate you not only for your professional achievements but also for the beautiful person you are, inside and out. Congratulations on this well-deserved recognition!

"If your heart is in your work it will manifest itself"

APRIL BIRTHDAYS

- 1st Jesse M.
- 3rd Caroline H.
- 5th Ed O.
- 7th Blanche K.
- 14th Joseph T.
- 17th Sharon C.
- 18th Rosamond C.
- 18th Frances S.
- 23rd Nancy H.
- 25th Burton G.
- 25th Svetlana G.
- 25th Claudia "Kay" S.
- 26th Mary P.
- 28th Patti N.
- 30th Anthony D.

What's Going On In

April

2024

This April, Sunshine celebrates its 10th Annual Go Green Give Back month. We encourage everyone to embrace more sustainable lifestyles for the well-being of both ourselves and future generations. Stay tuned for informative content throughout the month, providing activities to explore the principles of Reduce, Reuse, and Recycle and for opportunities to Give Back. Join us in taking the pledge to rethink your routine today!



Team Members

- Executive Director.....Bruce Johnson
- Business Office Manager.....Kristen Farol
- Community Director.....Ebony Barbee'Munguia
- Community Development Coordinator.....
-Charnetta Todle
- Executive Chef.....Peter Cartagena
- Health Service Director.....
-Paulette Ferguson-Brown
- Life Enrichment Director.....Sy'ca Johnson
- Maintenance Director.....Rick Gilbo
- Dining Room Coordinator.....Javlin DuBose
- Sou Chef.....Nate Millan

Important Phone Numbers

- Main Line.....(404)256-6300
- Beauty Salon.....(404) 860-6477
- Manicures/Byrd's Nest.....(404) 915-9145
- One Call Callback Number.....1-877-698-3261
- Transportation.....(404) 556-0484

Meal Times

- Breakfast.....8:30 a.m. - 9:30 a.m.
- Lunch.....12:00 p.m. - 1:30 p.m.
- Dinner.....4:45 p.m. - 6:30 p.m.
- All Day Dining.....9-30am-11:30am, 2:00pm-4:30pm

Movie Showings

Everyday 2:00 & 7:00 in Theater

- Mondays.....Classics
- Tuesdays.....Musicals
- Wednesdays.....Comedy
- Thursdays.....Romance
- Fridays.....Action/Adventure
- Saturdays & Sundays.....Resident Request

Reoccurring Activities

- Blood Pressure Checks Wednesdays | 2:00 p.m. | GA
- Bingo | Wednesdays | 7:15 p.m. | MR

Transportation Schedule

Monday, Wednesday & Friday

- Medical App. & Pharmacy Pickups
- 9:15am, 10:15am 11:15a.m,
- 12:30pm. 1:30pm. 2:30pm, 3:00pm

Tuesday

- Kroger 1st Trip.....9:15am
- Post Office, Benson Center, Banks.....10:45am
- Retail Stores.....1:00pm
- Kroger 2nd Trip.....3:00pm

Thursday

- Publix 1st Trip.....9:15am
- Post Office, Benson Center, Banks.....10:45am
- Retail Stores.....1:00pm
- Publix 2nd Trip.....3:00pm

- Sign up 24 hours in advanced for transportation-

Special Events

- 4/5 April Birthday Bash | 2:00
- 4/8 Margarita Monday | 2:30
- 4/10 Alzheimer's Association Presentation | 1:00
- 4/12 Let's Talk Activities | 3:00
- 4/15 Music w/ Ron | 1:00
- 4/19 Digi Talk Class w/GrandSun | 1:00
- 4/19 Community Karaoke | 2:30
- 4/23 Community Seder | 5:30
- 4/28 Poetry Slam | 4:00
- 4/30 Chef Demo & Tasting | 2:30

Outings

- 4/12 Pisco Latin Kitchen | 11:45
- 4/25 Roasters | 11:45

APRIL

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



335 Hammond Drive
Sandy Springs, GA 30328
(404) 256-6300

| | | | | | | |
|---|---|--|---|---|--|--|
| <p>9:00 Community Walk 11:15 St. Jude Communion MS 2:00 Prayer Circle MR 2:00 & 7:00 The Story of Moses Part One TR 3:00 Rituals & Customs w/Bill MR 6:00 Rummikub GR 7:15 Hand & Foot Game GR</p> | <p>10:30 Resistance Bands MR 1 11:00 Sunshine News 1:15 Canasta MR 1:45 Bible Study GR 2:00 & 7:00 Casablanca TR 3:00 Jewelry Making GR</p> | <p>10:30 Exercise w/Ingrid MR 2 1:15 Trivia MR 2:00 Country Store Open MS 2:00 /7:00 Wanka TR 2:30 Texas Hold-Em Poker GR 7:00 Rummikub MR</p> | <p>10:30 Calisthenics w/Pam MR 3 2:00 & 7:00 Glass Onion: A Knives Out Mystery TR 2:00 Blood Pressure Check 3:00 Happy Hour—Paul Vogler 6:30 Rummikub MS 7:15 Bingo After Dark MR</p> | <p>10:00-12:00 Country Store MS 4 10:30 Pilates & Yoga w/Nancy MR 2:00 & 7:00 Yesterday TR 2:30 Paint & Ponder GR 6:30 Bridge MS 7:15 Hand & Foot Game GA</p> | <p>10:30 Weights & Exercise MR 5 12:30 Knitters Circle GR 1:15 Pavement Pounders B 2:00 April Birthday Bash MR 2:00 & 7:00 Rustin TR 4:00 Recycle Sandy Springs 7:00 Shabbat Service MR</p> | <p>9:00 Community Walk 6 10:30 Chair Exercise MR 2:00 & 7:00 The School for Good and Evil TR 3:00 Pet Therapy (Pet Walk) 3:00 Mah Jongg GR 6:00 Mexican Train GR</p> |
| <p>9:00 Community Walk 7 11:15 St. Jude Communion MS 2:00 Prayer Circle MR 2:00 & 7:00 The Story of Moses Part One TR 3:00 Rituals & Customs w/Bill MR 6:00 Rummikub GR 7:15 Hand & Foot Game GR</p> | <p>10:30 Resistance Bands MR 8 11:00 Sunshine News 1:15 Canasta MR 1:45 Bible Study GR 2:00& 7:00 I Married a Witch TR 2:30 Margarita Monday MS 3:00 Jewelry Making GR</p> | <p>10:30 Exercise 9 1:15 Pavement Pounders B 2:00 & 7:00 The Greatest Night In Pop TR 2:00 Country Store Open MS 2:30 Texas Hold-Em Poker GR 2:30 Ask Chef Peter MR 7:00 Rummikub MR</p> | <p>10:30 Calisthenics w/Pam MR 10 11:15 Great Decisions TR 1:00 Alzheimer's Association MR 2:00 Blood Pressure Check GA 2:00 & 7:00 Poor Thing TR 3:00 Happy Hour—Rhythm N' Rouge MR 7:15 Bingo After Dark MR</p> | <p>10:00-12:00 Country Store MS 11 10:30 Pilates & Yoga w/Nancy MR 1:45 Resident Council MR 2:00 & 7:00 Persuasion TR 6:00 Mah Jongg GR 6:30 Bridge MS 7:15 Hand & Foot Game GR</p> | <p>10:30 Weights & Exercise MR 12 11:45 Pisco Latin Kitchen (LO) 12:30 Knitters Circle GR 1:15 Pavement Pounders B 2:00 Current Events MR 3:00 Let's Talk Activities GR 2:00 & 7:00 The Zone of Interest TR 7:00 Shabbat Service MR</p> | <p>9:00 Community Walk 13 10:30 Chair Exercise MR 2:00 & 7:00 Queen Bees TR 2:00 Book Group CR 2:30 Dance Lessons w/ MR 3:00 Pet Therapy (Pet Walk) 3:00 Mah Jongg GR 6:00 Mexican Train GR</p> |
| <p>9:00 Community Walk 14 10:30 S.S.U.M.C. Bus Pickup 11:15 St. Jude Communion MS 1:00 Garden Clean Up 2:00 Christian Worship MR 2:00 Let's Talk Yiddish MS 2:00 & 7:00 The Story of Moses Part Two TR</p> | <p>10:30 Resistance Bands MR 15 11:00 Sunshine News 1:00 Music w/ Ron MR 1:15 Canasta MR 1:45 Bible Study GR 2:00 & 7:00 Summertime TR 3:00 Jewelry Making GR</p> | <p>10:30 Exercise w/Ingrid MR 16 1:15 Trivia MR 2:00 & 7:00 Ma Rainey's Black Bottom TR 2:00 Country Store Open MS 3:00 Phoenix Players Music MR 7:00 Rummikub MR</p> | <p>10:30 Calisthenics w/Pam MR 17 10:30 Calisthenics w/Pam MR 11:15 Great Decisions TR 1:00 Rummikub GR 2:00 Blood Pressure Check GA 3:00 Happy Hour 2:00 & 7:00 The Gentlemen TR 7:15 Bingo After Dark MR</p> | <p>10:00-12:00 Country Store MS 10:30 Pilates & Yoga w/Nancy MR 1:00 DigiTalk Class w/GrandSun 2:00 & 7:00 Good Grief TR 6:00 Rummikub MR 6:30 Bridge MS 7:15 Hand & Foot Game GR</p> | <p>10:30 Weights & Exercise MR 19 1:15 Pavement Pounders B 12:30 Knitters Circle GR 2:00 & 7:00 Anatomy of a Fall 2:30 Community Karaoke MR 4:00 Recycle Sandy Springs 7:00 Shabbat Service MR</p> | <p>9:00 Community Walk 20 10:30 Chair Exercise MR 2:00 & 7:00 Fried Green Tomatoes TR 3:00 Pet Therapy (Pet Walk) 3:00 Mah Jongg GR 6:00 Mexican Train GR</p> |
| <p>9:00 Community Walk 21 10:30 S.S.U.M.C. Bus Pickup 11:15 St. Jude Communion MS 2:00 Prayer Circle MR 2:00 & 7:00 The Story of Moses Part Three TR 6:00 Rummikub GR 7:15 Hand & Foot Game GR</p> | <p>10:30 Resistance Bands MR 22 11:00 Sunshine News 1:15 Canasta MR 1:45 Bible Study GR 2:00 & 7:00 Annie TR 2:30 Trivial Pursuit MS 3:00 Jewelry Making GR</p> | <p>10:30 Exercise w/Ingrid MR 23 1:15 Pavement Pounders B 2:00-4:00 Country Store Open MS 2:30 Fine Dine w/Javlin MR 2:30 Texas Hold-Em Poker GR 2:00 & 7:00 Tick, Tick BOOM! TR 5:30 Community Seder (Passover) MR </p> | <p>10:30 Calisthenics w/Pam MR 24 11:15 Great Decisions TR 12:00 Spreading Sunshine 2:00 Blood Pressure Check GA 2:00 & 7:00 A Man Called Otto 3:00 Happy Hour 7:15 Bingo After Dark MR</p> | <p>10:00-12:00 Country Store MS 25 10:30 Pilates & Yoga w/Nancy MR 11:45 Roasters (LO) 2:00 & 7:00 Purple Hearts TR 2:30 Mega Bingo 6:30 Bridge MS 7:15 Hand & Foot Game GR</p> | <p>10:30 Weights & Exercise MR 26 12:30 Knitters Circle GR 1:15 Pavement Pounders B 2:00 & 7:00 Damsel TR 2:00 Poetry & Wine MR 7:00 Shabbat Service MR</p> | <p>9:00 Community Walk 27 10:30 Chair Exercise MR 2:00 & 7:00 The Hill TR 2:30 Dance Lessons w/ MR 3:00 Pet Therapy (Pet Walk) 3:00 Mah Jongg GR 6:00 Mexican Train GR 8:00 Juke Box Social MR</p> |
| <p>10:30 S.S.U.M.C. Bus 28 11:15 St. Jude Communion MS 2:00 & 7:00 Fool Me Once TR 2:00 Christian Worship MR 4:00 Poetry Slam MR 6:00 Rummikub GR</p> | <p>10:30 Resistance Bands MR 29 11:00 Sunshine News 1:15 Canasta MR 1:45 Bible Study GR 2:00 & 7:00 Fool Me Once TR 2:30 Bridge MS 3:00 Jewelry Making GR</p> | <p>10:30 Exercise 30 1:30 Paint & Ponder GR 2:00 Country Store Open MS 2:00 & 7:00 The Color Purple TR 2:30 Chef Demo & Tasting DR 7:00 Rummikub MR</p> | <p>Life Enrichment Director Sy'ca Johnson 302LED@sunshineret.com SCAN ME</p> | <p>Life Enrichment Director Sy'ca Johnson 302LED@sunshineret.com SCAN ME</p> | <p>LO-Lunch Outing CC-Creative Corner (2nd Floor) CR-Conference Room GA-Gallery GR-Game Room LB-Library MR-Meeting Room</p> | |

Activities Subject to Change



APRIL

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

THE HAVEN AT HAMMOND GLEN PERSONAL CARE

335 Hammond Dr.
Sandy Springs, GA 30328
(404) 256-6300

| | | | | | |
|---|---|--|---|--|--|
| <p>9:00 Daily Chronicles DR 1</p> <p>11:00 Chair Weights & Exercise CC</p> <p>2:30 Cornhole CC</p> <p>4:00 Bingo CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 2</p> <p>10:30 Resistance Bands CC</p> <p>2:00 Happy Hour w/Keith West CC</p> <p>4:00 Find the Missing Letter CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 3</p> <p>10:30 Sit & Be Fit Exercise CC</p> <p>1:00 Great Thinker Club CC</p> <p>3:00 Happy Hour—Paul Vogler</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 4</p> <p>10:30 Music & Motion Exercise CC</p> <p>1:30 Paint Therapy CC</p> <p>2:00 Smoothies & Scenery Bus Ride</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 5</p> <p>10:00 Chair Aerobics w/Ingrid CC</p> <p>2:00 April Birthday Bash MR 🎂</p> <p>4:00 Recycle Sandy Springs 🌱</p> <p>7:00 Shabbat Service MR</p> | <p>9:00 Community Walk 6</p> <p>10:30 Chair Exercise w/Linda MR</p> <p>2:00 & 7:00 The School for Good and Evil TR</p> <p>3:00 Pet Therapy (Pet Walk)</p> <p>3:00 Mah Jongg GR</p> |
| <p>9:00 Community Walk 7</p> <p>11:15 St. Jude Communion MS</p> <p>2:00 Prayer Circle MR</p> <p>2:00 & 7:00 The Story of Moses Part One TR</p> <p>3:00 Rituals & Customs w/Bill MR</p> | <p>9:00 Daily Chronicles DR 8</p> <p>11:00 Chair Weights & Exercise CC</p> <p>1:30 Mindful Moment CC</p> <p>2:30 Cornhole CC</p> <p>4:00 Bingo CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 9</p> <p>10:30 Resistance Bands CC</p> <p>2:00 Happy Hour w/Keith West CC</p> <p>4:00 Find the Missing Letter CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 10</p> <p>10:30 Sit & Be Fit Exercise CC</p> <p>1:00 Great Thinker Club CC</p> <p>1:00 Alzheimer's Association MR</p> <p>2:00 Trivia w/Xtreme Gaming CC</p> <p>3:00 Happy Hour—Rhythm N'</p> | <p>9:00 Daily Chronicles DR 11</p> <p>10:30 Music & Motion Exercise CC</p> <p>1:45 Resident Council MR</p> <p>3:00 Indoor Gardening CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 12</p> <p>10:00 Wellness Therapy CC</p> <p>2:00 Music and Motion CC</p> <p>3:00 LCR CC</p> <p>5:00 Movie CC</p> <p>7:00 Shabbat Service MR</p> |
| <p>9:00 Community Walk 14</p> <p>10:30 S.S.U.M.C. Bus Pickup</p> <p>11:15 St. Jude Communion MS</p> <p>2:00 Christian Worship MR</p> <p>2:00 & 7:00 The Story of Moses Part Two TR</p> | <p>9:00 Daily Chronicles DR 15</p> <p>11:00 Chair Weights & Exercise CC</p> <p>1:30 Mindful Moment CC</p> <p>3:00 Card Game CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 16</p> <p>10:00 Exercise w/Bev CC 2:00 &</p> <p>11:00 Noodle Ball CC</p> <p>2:00 Chef Demo w/Peter</p> <p>3:00 Phoenix Players Ent. MR</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 17</p> <p>10:30 Sit & Be Fit Exercise CC</p> <p>11:00 Bingo CC</p> <p>1:00 Great Thinker Club CC</p> <p>3:00 Happy Hour MR</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 18</p> <p>10:30 Music & Motion Exercise CC</p> <p>1:30 Name That Tune</p> <p>3:00 Scrabble MR SCRABBLE</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 19</p> <p>10:00 Chair Aerobics w/Ingrid CC</p> <p>11:00 Indoor Ball Toss CC</p> <p>2:30 Community Karaoke MR</p> <p>4:00 Recycle Sandy Springs 🌱</p> <p>5:00 Movie CC</p> |
| <p>9:00 Community Walk 21</p> <p>10:30 S.S.U.M.C. Bus Pickup</p> <p>11:15 St. Jude Communion MS</p> <p>2:00 Prayer Circle MR</p> <p>2:00 & 7:00 The Story of Moses Part Three TR</p> | <p>9:00 Daily Chronicles DR 22</p> <p>11:00 Chair Weights & Exercise CC</p> <p>1:30 Mindful Moment CC</p> <p>2:30 Guess The Flavor CC</p> <p>4:00 Bingo CC 🍌🍌🍌</p> <p>5:00 Movie</p> | <p>9:00 Daily Chronicles DR 23</p> <p>10:30 Rhythm & Movement w/Frank CC</p> <p>2:00 Happy Hour w/Keith West CC</p> <p>4:00 Find the Missing Letter CC</p> <p>5:30 Community Seder ⬡</p> | <p>9:00 Daily Chronicles DR 24</p> <p>10:30 Sit & Be Fit Exercise CC</p> <p>11:00 Current Events CC</p> <p>1:00 Great Thinker Club CC</p> <p>3:00 Happy Hour MR</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 25</p> <p>10:30 Music & Motion Exercise CC</p> <p>11:45 Bruster's Ice Cream Outing 🍦</p> <p>2:00 Memory Ball CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 26</p> <p>10:30 Meditation w/Golden Wings</p> <p>2:00 Music and Motion CC</p> <p>3:00 Bingo CC</p> <p>5:00 Movie CC</p> <p>7:00 Shabbat Service MR</p> |
| <p>10:30 S.S.U.M.C. Bus Pickup 28</p> <p>11:15 St. Jude Communion MS</p> <p>2:00 & 7:00 Fool Me Once TR</p> <p>2:00 Christian Worship MR</p> | <p>9:00 Daily Chronicles DR 29</p> <p>11:00 Chair Weights & Exercise CC</p> <p>1:30 Mindful Moment CC</p> <p>3:00 Card Game CC</p> <p>5:00 Movie CC</p> | <p>9:00 Daily Chronicles DR 30</p> <p>10:00 Exercise w/Bev CC</p> <p>1:30 Poetry & Popcorn CC</p> <p>2:00 Card Games CC</p> <p>2:30 Chef Demo & Tasting DR</p> <p>5:00 Movie CC</p> | <p>Life Enrichment Director Sy'ca Johnson 302LED@sunshineret.com</p> <p> Scan the QR code like and follow us on Facebook.</p> <p>SCAN ME</p> | | <p>CC Creative Corner (2nd Floor)</p> <p>CR-Conference Room</p> <p>GA-Gallery</p> <p>GR-Game Room</p> <p>LB-Library</p> <p>MR-Meeting Room</p> <p>MS—Malt Shop</p> |



HAMMOND GLEN
RETIREMENT COMMUNITY

335 Hammond Drive
Sandy Springs, GA 30328
(404) 256-6300