

Shining Star

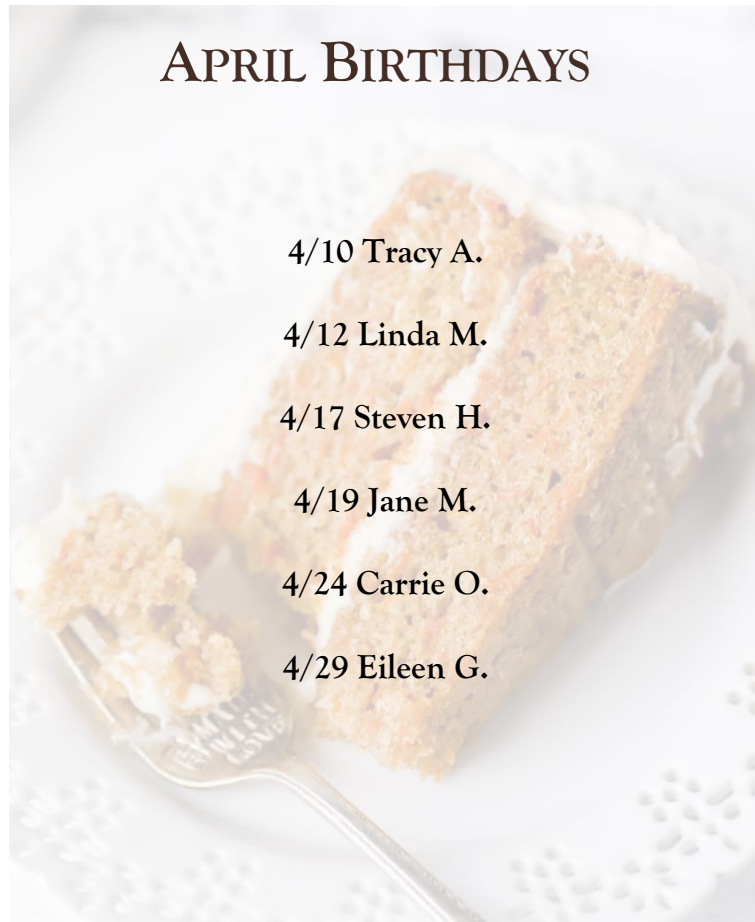


Joann Rios
Dining Room
Coordinator
1 Year 6 Months

Joann is an important part of The Continental team! In her spare time she loves shopping, pampering herself and spending time with family, especially her grandkids!

She loves working at The Continental because when she walks into the dining room she is always greeted with big smiles from the residents. She said this lets her know that she is doing a great job which makes her feel amazing!

APRIL BIRTHDAYS



- 4/10 Tracy A.
- 4/12 Linda M.
- 4/17 Steven H.
- 4/19 Jane M.
- 4/24 Carrie O.
- 4/29 Eileen G.

What's Going On In

April

2024

This April, Sunshine celebrates its 10th Annual Go Green Give Back month. We encourage everyone to embrace more sustainable lifestyles for the well-being of both ourselves and future generations. Stay tuned for informative content throughout the month, providing activities to explore the principles of Reduce, Reuse, and Recycle and for opportunities to Give Back. **Join us in taking the pledge to rethink your routine today!**



Team Members

Team Members

- Executive Director.....Everret Williams
- Business Office Manager.....Sara Guzman
- Community Dev. Director....Veronica Carwile
- Executive Chef.....Fred Bracken
- Life Enrichment Director.....Jennifer Tarango
- Concierge Team.....Janet, Misty, Octavia, Tori
- Maintenance Director.....Jose
- Head House Keeper.....Jesusita
- Bus Driver.....Mark

Important Phone Numbers

- Office.....512-892-5995
- Transportation.....512-542-1644
- Maintenance Requests.....512-892-5995

Meal Times

Breakfast.....	8:00-9:00 a.m.
Lunch.....	11:00 12:00p.m. 12:00-1:00p.m.
Dinner.....	4:00-5:00p.m. 5:00-6:00p.m.
Leisure Dining.....	11:00 a.m. - 7:00p.m.

Reoccurring Events

Thursdays
Happy Hour 4:00- 5:00

Fridays
Wear Red For Veterans

Sundays
Community Chapel Service 1:15

Transportation Schedule

- Sundays
Transportation to Church.....9:00a.m.-1:00p.m.
- Mondays
HEB.....9:00a.m.-10:30a.m.
- Tuesdays (Southside)
Medical Appointments.....9:00a.m.-1:30p.m.
- Wednesdays
Wal-Mart, Errand Day, YMCA.....9:00a.m.-10:30a.m.
- Resident Outings.....Times Vary
- Thursdays (Northside)
Medical Appointments.....9:00a.m.-1:30p.m.

- Sign up 24 hours in advanced for transportation

Special Events

- 4/1 Proper Recycling Workshop | 1:15
- 4/2 Start Penny Drive for World Autism Day
- 4/9 Candy Bar Game | 3:30
- 4/12 Plant our Garden | 2:00
- 4/13 Jazz Brunch | 10:00
- 4/16 Root Beer Float Social | 3:00
- 4/18 Taste Of Thailand | 11:00
- 4/18 Thai Tea Happy Hour | 4:00
- 4/22 Passover Celebration | 2:30
- 4/23 Chair Massages With Beckie | 10:00
- 4/29 Decoupage Wine Bottles | 2:00

Outings

- 4/3 Sue Patrick Outing | 11:30
- 4/10 Lunch & Home Depot Plant Outing | 11:30
- 4/12 Lunch Bunch @ Scholz Garten | 11:30
- 4/17 Romeo Club @ Buffet Palace | 11:30
- 4/17 Thrift Store Outing | 2:00
- 4/24 Red Hatters @ Hunan Lion | 11:30



APRIL

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



4604 S. Lamar Blvd.
Austin, TX 78745
(512) 892-5995

<p>1</p> <p>9:00 HEB Outing 10:00 Weekly Riddle 11:00 Weights & Bands 1:15 Recycling Workshop 2:00 Craft Corner - DIY Beaded Spring Wreath 3:00 Play 42! 6:00 Jackpot Bingo</p>	<p>2</p> <p>Start Penny Drive for - Autism Society of Texas 9:00 Walking On Sunshine 10:30 Community Sing-A-Long 11:00 Cardio And Core 1:15 Nails & Cocktails MedTeam 2:00 Mega Crossword 6:00 Game Night—Euchre,</p>	<p>3</p> <p>Wear Purple </p> <p>9:00 Walmart Outing 9:30 Sunshine News Coffee Talk 11:00 Sit & Be Fit 11:30 Lunch & Sue Patrick Outing 1:00 Resident Manager Meeting 6:00 Game Night—Rummikub, Scrabble, Uno, Hand & Foot</p>	<p>4</p> <p>9:00 Walking On Sunshine 10:30 Chapel Board Meeting 11:00 Chair Yoga 2:15 Bean Bag Toss -AC 3:00 Coloring & Conversation 4:00 Resident Birthday Happy Hour W/Mark 6:00 Dime Bingo</p>	<p>5</p> <p>Wear Red</p> <p>9:00 Walking On Sunshine 9:30 Coffee Klatch w/Everret 10:15 Piano Service 10:30 Bible Study 2:00 Play 42 3:00 Play 10,000 6:00 Game Night Mixer -Skip Bo Rummikub, Hand & Foot</p>	<p>6</p> <p>9:00 Walking On Sunshine 10:30 Prayer Group 1:15 Mexican Train 2:00 Man Cave Movie— Grumpy Old Men 3:00 Euchre 6:00 Game Night Mixer— Mexican Train, Skip Bo, Hand & Foot</p>
<p>7</p> <p>9:00 Church Service 1:15 Community Chapel Service 2:30 Pet Therapy—Share Your Pet 2:30 Sunday Matinee— The Pajama Game 5:45 Walking On Sunshine 6:00 Game Night—Euchre, Scrabble, Uno, Hand & Foot</p>	<p>8</p> <p>9:00 HEB Outing 10:00 Weekly Riddle 11:00 Weights & Bands 1:15 Healthy Heart Health Talk Tarrytown Pharmacy 2:00 Chef's Corner 3:00 Play 42! 6:00 Jackpot Bingo!</p>	<p>9</p> <p>9:00 Walking On Sunshine 10:30 Community Sing-A-Long 11:00 Cardio And Core 1:15 Balloon Volleyball MedTeam 2:00 Mega Crossword 3:30 Candy Bar Game 6:00 Game Night—Euchre, Rummikub, Uno, Skip Bo</p>	<p>10</p> <p>Wear Pink </p> <p>9:00 Walmart Outing 9:30 Sunshine News Coffee Talk 11:00 Exercise With A Twist 11:30 Lunch & Home Depot Plant Outing 2:30 Spies Of The Pacific— The Claire Phillips Story 6:00 Game Night—Rummikub, Scrabble, Uno, Hand & Foot</p>	<p>11</p> <p>9:00 Walking On Sunshine 10:30 Chapel Board Meeting 11:00 Chair Yoga 2:15 Bean Bag Toss 3:00 Coloring & Conversation 4:00 Happy Hour W/ Al 6:00 Dime Bingo</p>	<p>12</p> <p>Wear Red</p> <p>9:00 Walking On Sunshine 9:30 Coffee Klatch w/Everret 10:15 Piano Service 10:30 Bible Study 11:30 Lunch Bunch @ Scholz Garten 2:00 Play 42 2:00 Plant Our Garden 3:00 Play 10,000 6:00 Game Night Mixer—Skip Bo Rummikub, Hand & Foot</p>
<p>14</p> <p>9:00 Church Service 1:15 Community Chapel Service 2:30 Pet Therapy- Share Your Pet 2:30 Sunday Matinee— Titanic 5:45 Walking On Sunshine 6:00 Game Night— Euchre, Scrabble, Uno, Hand & Foot</p>	<p>15</p> <p>9:00 HEB Outing 9:00-4:00 Brain Check Event 10:00 Weekly Riddle 11:00 Weights & Bands 1:15 Health Talk Weston Group 3:00 Play 42! 6:00 Jackpot Bingo!</p>	<p>16</p> <p>9:00 Walking On Sunshine 10:30 Community Sing-A-long 11:00 Cardio And Core 1:15 Nails & Cocktails MedTeam 2:00 Mega Crossword 3:00 Root Beer Float Social 6:00 Game Night—Euchre, Rummikub, Uno, Skip Bo</p>	<p>17</p> <p>Wear Orange </p> <p>9:00 Walmart Outing 9:30 Sunshine News Coffee Talk 11:00 Sit & Be Fit 11:30 ROMEO Club @ Buffet Palace 2:00 Thrift Store Outing 6:00 Game Night—Rummikub, Scrabble, Uno, Hand & Foot</p>	<p>18</p> <p>9:00 Walking On Sunshine 10:30 Chapel Board Meeting 11:00 Chair Yoga 11:00 Taste Of Thailand 2:15 Bean Bag Toss—AC 3:00 Coloring & Conversation 4:00 Thai Tea Happy Hour W/ Joe 6:00 Dime Bingo</p>	<p>19</p> <p>Wear Red</p> <p>9:00 Walking On Sunshine 9:30 Coffee Klatch w/Everret 10:15 Piano Service 10:30 Bible Study 2:00 Gym Time With Jenn—FC 2:00 Play 42 2:30 Gardening Club 3:00 Play 10,000 6:00 Game Night Mixer- Skip Bo Rummikub, Hand & Foot</p>
<p>21</p> <p>9:00 Church Service 1:15 Community Chapel Service 2:30 Pet Therapy- Share Your Pet 2:30 Sunday Matinee - Meet The Fockers 5:45 Walking On Sunshine 6:00 Game Night—Euchre, Scrabble, Uno, Hand & Foot</p>	<p>22</p> <p>9:00 HEB Outing 10:00 Weekly Riddle 11:00 Weights & Bands 2:30 Passover Celebration 3:00 Play 42! 6:00 Jackpot Bingo!</p>	<p>23</p> <p>9:00 Walking On Sunshine 10:00 Chair Massage W/ Beckie 10:30 Community Sing-A-long 11:00 Cardio And Core 1:15 Balloon Volleyball MedTeam 2:00 Mega Crossword 6:00 Game Night—Euchre, Rummikub, Uno, Skip Bo</p>	<p>24</p> <p>Wear Gray</p> <p>9:00 Walmart Outing 9:30 Sunshine News Coffee Talk 11:00 Exercise With A Twist 11:30 Redhatters@ Hunan Lion 1:30 New Resident Meet & Greet 6:00 Game Night—Rummikub, Scrabble, Uno, Hand & Foot</p>	<p>25</p> <p>9:00 Walking On Sunshine 10:30 Chapel Board Meeting 11:00 Chair Yoga 1:15 Book Club 2:15 Bean Bag Toss 3:00 Coloring & Conversation 4:00 Happy Hour W/ Mike 6:00 Dime Bingo</p>	<p>26</p> <p>Wear Red</p> <p>9:00 Walking On Sunshine 9:30 Coffee Klatch w/Everret 10:15 Piano Service 10:30 Bible Study 2:00 Play 42 2:30 Gardening Club 3:00 Play 10,000 6:00 Game Night Mixer—Skip Bo Rummikub, Hand & Foot</p>
<p>28</p> <p>9:00 Church Service 1:15 Community Chapel Service 2:30 Pet Therapy- Share Your Pet 2:30 Sunday Matinee - Singing In The Rain 5:45 Walking On Sunshine 6:00 Game Night—Euchre, Scrabble, Uno, Hand & Foot</p>	<p>29</p> <p>9:00 HEB Outing 10:00 Weekly Riddle 11:00 Weights & Bands 2:00 Craft Corner: Decoupage Wine Bottles 3:00 Play 42! 6:00 Jackpot Bingo!</p>	<p>30</p> <p>9:00 Walking On Sunshine 10:30 Community Sing-A-long 11:00 Cardio And Core 1:15 Balloon Volleyball MedTeam 2:00 Mega Crossword 3:30 Funny Money Shop- CD 6:00 Game Night—Euchre, Rummikub, Uno, Skip Bo</p>	<p>Room Key</p> <p>L -Library AR -Activity Room DR -Dining Room LR -Living Room FC—Fitness Center</p>	<p>Leave Us A Review</p> <p>SCAN ME</p>	<p>Life Enrichment Director: Jennifer Tarango 503LED@sunshineret.com</p> <p>See more pictures on Facebook >>>></p> <p>SCAN ME</p>