

Shining Star



Meet Jovan, our Shining Star of the month.

He enjoys praise dancing at church, spending time with his friends and family, and going to the movies.

Please congratulate our Shining Star, of the month Jovan Childress!

Jovan Childress

**Housekeeping
3 Months at
Azalea**

AUGUST BIRTHDAYS

8/07 Sybil
8/11 George
8/18 Marcia
8/26 Marianne



What's Going On In

August

2019

wellnesschallenge

get informed • get fit • get restored • give back

This is Sunshine's 7th annual August Wellness Month. For this year's Wellness Month we want to offer our residents the *Sunshine Wellness Experience*. Throughout the month there will be opportunities to learn information from local wellness professionals about wellness practices for you to live a healthier life. We have upcoming exercise challenges, informative wellness seminars, instructional workshops, exciting new activities and prizes for everyone!

Team Members

Executive Director.....Becky Preidis
Health Service Director.....Amanda Harsey
Business Office Manager.....Shaula Jerkins
Community Development Director.....
.....Heather Frost
Executive Chef.....Katlyn Roddenberry
Life Enrichment Director.....Santeala Young
Maintenance Director.....Mack Williams

Important Phone Numbers

Office.....850-668-0509
Office Fax:.....850-668-0507

Meal Times

Breakfast.....8:00 a.m. - 9:00 a.m.
Lunch.....12:00p.m. - 1:30 p.m.
Dinner.....5:00 p.m. - 6:30 p.m.
Hydration & Snacktivity.....10:00, 3:00, 7:00
Leisure Dining.....9:00 a.m. - 10:00 a.m.

Movie Time

Everyday -6:00 p.m.

Mondays.....Musicals
Tuesdays.....Gun Smoke
Wednesdays.....Westerns
Thursdays.....Western
Fridays.....Movie of our Choice
Saturdays.....Movie of our Choice
Sundays.....TV Series: I Love Lucy

Reoccurring Activities

Music throughout the week in the afternoons.

Family Night Event



August 22 at 6:00pm

Taking it back to the 50's with some of our favorite old school classics including music, clothes, and fast cars!!



Special Events

8/3 Watermelon Social 2:00
8/13 Left Handers Day Painting Challenge | 10:15
8/15 Relaxation Massage Day | 11:00-3:30
8/22 Family Night |6:00
8/22 Old School Car/Bike Exhibit 6:00
8/29 New Family Orientation

Outings

8/6 Lunch Outing of Group's choice | Group 1 | 10:30
8/13 Red Hat's Outing | 10:00
8/20 Tallahassee Museum |Group 1 10:30
8/21 Lunch Outing Group 1 10:30
8/29 Challengers Learning Museum 10:30



AUGUST

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



AZALEA GARDENS
ASSISTED LIVING & MEMORY CARE

2724 Ox Bottom Road
Tallahassee, FL 32301
850-661-4963

Activity Assistant
Santeala Young
Shamika Quetel

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Facebook.com/AzaleaGardensALZ

Room Key
AR | Activity Room
TVR | T.V. Room
RDR | Rose Dining Room

9:15 Exercise Time RDR
10:30 Chicken Soup for the Soul
1:00 Parachute Time RDR
2:00 Activity Connections RAR
4:00 Music with Theresa AR
6:00 Game Time/TV Time TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Let's Laugh a Little AR
1:00 TRIVIA AR
2:00 BINGO AR
3:00 Music with Carolyn RDR
4:00 Garden Time
6:00 Comedy Movie Night TVR

9:00 Daily Chronicle BDR
9:15 Exercise Time BDR
10:30 Noodle Ball AR
1:00 BINGO AR
2:00 Watermelon Social RDR
3:30 Arts and Craft AR
6:00 Movie Night TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Music with Lynn—RDR
1:00 Game Time AR
3:30 BINGO Time AR
6:00 Music with Michael TVR

9:00 Daily Chronicle BDR
9:15 Exercise Time RDR
11:00 Let's Laugh a Little AR
1:30 Garden Time
2:00 Cooking with Chef Katelyn
3:30 Patio Time
4:00 Singing with Theresa AR
6:00 Manicure Time AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Lunch Out Group I
1:00 Essential Oils & Music AR
2:00 Games Activity Connection
3:00 Coffee Chat RDR
6:00 BINGO AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Let's Bake RDR
1:00 Let's make flowers AR
1:00 Music with Michael TVR
2:00 Parachute RDR
3:30 Gardening
6:00 Bluegrass Roots Band RDR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Chicken Soup for the Soul
1:00 Noodle Ball RDR
2:00 Tea Time Social RDR
4:00 Music with Theresa TVR
6:00 Game Time/TV Time AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Pet Therapy RTV
10:45 Music Therapy BTV
1:00 Let's Make a Deal RDR
2:00 BINGO Game
3:00 Music with Carolyn RDR
4:00 Garden Time

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Manicures AR
1:00 BINGO AR
2:00 S'mores Day Social RDR
3:30 Arts and Craft AR
6:00 Movie & Popcorn TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Pastor Gordon -RDR
1:00 Game Time AR
3:30 BINGO Time AR
6:00 Music with Michael TVR

9:00 Daily Chronicle -RDR
9:15 Exercise Time RDR
11:00 Let's Connect AR
1:30 Cooking Class
3:30 Parachute Time RDR
4:00 Singing with Theresa TVR
6:00 Flashback Music AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 RED HAT'S OUTING
1:00 Essential Oils & Music AR
2:00 Painting vibes with Vardyce
3:30 Noodle Ball RDR
6:00 Wheel of Fortune AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Arts and Craft AR
1:00 Music with Michael TVR
3:00 Music with Jon Copp RDR
6:00 Outside on Patio

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Chicken Soup for the Soul
1:00 Essential Oils & Music AR
2:00 Tea Time Social RDR
4:00 Music with Theresa TVR
6:00 Game Time/ TV Time

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Let's Laugh a Little AR
1:00 Noodle Ball RDR
2:00 BINGO AR
3:00 Music with Carolyn RDR
4:00 Garden Time
6:00 Comedy Movie Night TVR

9:00 Daily Chronicle BDR
9:15 Exercise Time RDR
10:30 Noodle Ball RDR
1:00 BINGO AR
2:00 POKENO RAR
3:00 Charades RSR
6:00 Movie & Popcorn TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Music with Lynn RDR
1:00 Game Time AR
3:30 BINGO Time AR
6:00 Music with Michael TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
11:00 Let's Laugh a Little AR
1:30 Red Hats Club RDR
3:30 Parachute Time RDR
4:00 Singing with Theresa TVR
6:00 Game Time AR

9:00 Daily Chronicle BDR
9:15 Exercise Time RDR
10:30 Tallahassee Museum Grp 1
1:00 Essential Oils & Music AR
3:00 Coffee Chat RDR
6:00 Scrabble/ Adult Art AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Arts and Craft AR
1:00 Music with Michael TVR
3:30 Activity Connection AR
6:00 Monopoly/Scrabble AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Chicken Soup for the Soul
1:00 Noodle Ball RDR
2:00 Tea Time Social RDR
4:00 Music with Theresa
6:00 FAMILY NIGHT
6:00 Car/Bike exhibit

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Pet Therapy RTV
10:45 Music Therapy BTV
1:00 POKENO
3:00 Music with Carolyn
4:00 Garden Time
6:00 Love Movie Night TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Manicures AR
1:00 POKENO AR
2:00 Let's Make Flowers
3:30 Scrabble Time/Adult Art
6:00 Movie Night TVR

9:00 Daily Chronical -RDR
9:15 Exercise Time- RDR
10:30 Pastor Gordon -RDR
1:00 Game Time -AR
3:30 Scrabble Time -AR
6:00 Music with Michael- TVR

9:00 Daily Chronicle BDR
9:15 Exercise Time RDR
11:00 Let's Laugh a Little AR
1:30 Birthday Party August Babies RDR
3:30 Parachute Time RDR
4:00 Singing with Theresa AR
6:00 Manicure Time AR

9:00 Daily Chronicle BDR
9:15 Exercise Time BDR
10:30 Lunch Outing Group I
1:00 Charades TVR
2:00 Essential Oils & Music AR
3:30 CROSSWORD Puzzle AR
6:00 Wheel of Fortune AR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Activity Connection AR
1:00 Music with Michael TVR
3:00 Music with Jon Copp RDR
6:00 Finish the Phrase TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Challengers Learning Museum
1:00 Parachute Time RDR
2:00 Tea Time Social RDR
4:00 Music with Theresa
6:00 Game Time/ TV Time

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Trivia AR
1:00 POKENO
3:00 Music with Carolyn
4:00 Garden Time
6:00 Love Movie Night TVR

9:00 Daily Chronicle RDR
9:15 Exercise Time RDR
10:30 Manicures AR
1:00 POKENO AR
2:00 Let's Make Trail Mix RDR
3:30 Scrabble Time/Adult Art
6:00 Movie Night TVR

Activities Subject to Change

AUGUST

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



AZALEA GARDENS
ASSISTED LIVING & MEMORY CARE

2724 Ox Bottom Road
Tallahassee, FL 32301
850-661-4963

Activity Assistant
Santeala Young
Shamika Quetel

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Facebook.com/AzaleaGardensALZ

Room Key
AR | Activity Room
TVR | T.V. Room
BDR | Blossom Dining Room

1
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Chicken Soup for the Soul
1:00 Parachute Time BDR
2:00 Painting with Staff BDR
4:00 Ever Sound TVR
6:00 Movie Time TVR

2
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Let's Laugh a Little TVR
1:00 Balloon Toss TVR
2:00 Ever Sound TVR
3:00 Music with Carolyn RDR
4:00 Garden Time
6:00 Comedy Movie

3
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Balloon Toss BDR
1:00 Ever Sound TVR
2:00 Watermelon Social RDR
3:30 Name that Scent TVR
6:00 Movie Night

4
9:00 Sing Along
9:15 Exercise Time BDR
10:30 Music with Lynn RDR
1:00 Game Time AR
3:30 Hand Massages TVR
6:00 Music with Michael TVR

5
9:00 Sing Along TVR
9:15 Exercise Time TVR
11:00 Name that taste TVR
1:30 Nap time
2:00 Cooking with Chef Katelyn
3:30 Parachute Time BDR
4:00 Ever Sound TVR
6:00 Movie Time BDR

6
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Puzzle Time TVR
1:00 Essential Oils & Music TVR
2:00 Ever Sound TVR
3:30 Finger painting BDR
6:00 Movie Time

7
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Arts and Craft TVR
1:00 Ever Sound Music TVR
3:30 Making our Snack BDR
6:00 Bluegrass Roots Band RDR

8
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Chicken Soup for the Soul
1:00 Parachute Time BDR
2:00 Manicure TVR
4:00 Ever Sound TVR
6:00 Movie Time TVR

9
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Music Therapy TVR
1:00 Mystery Ride Group II
2:00 Let's find the Match
3:00 Music with Carolyn RDR
4:00 Garden Time
6:00 Western Movie Night

10
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Manicures TVR
1:00 Ever Sound TVR
2:00 S'mores Day Social BDR
3:30 Arts and Craft BDR
6:00 Casablanca Movie RTVR

11
9:00 Sing Along TVR
9:15 Devotional Time TVR
10:30 Pastor Gordon RDR
1:00 Game Time AR
3:30 Hand Massages TVR
6:00 Music with Michael TVR

12
9:00 Sing Along TVR
9:15 Exercise Time TVR
11:00 Let's laugh a Little TVR
1:30 Nap time
3:30 Parachute Time BDR
4:00 Ever Sound TVR
6:00 Movie Time BDR

13
9:00 Sing Along TVR
9:15 Exercise Time
10:30 Let's Make Flowers TVR
1:00 Essential Oils & Music TVR
3:30 Ever Sound Music
6:00 Manicure Time TVR

14
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Arts and Craft TVR
1:00 Ever Sound Music TVR
3:00 Music with Jon Copp RDR
6:00 Outside on Patio

15
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Chicken Soup for the Soul
1:00 Mystery Ride Group II
2:00 Manicure TVR
4:00 Ever Sound TVR
6:00 Movie Time

16
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Let's Laugh a Little TVR
1:00 Noodle Ball BDR
2:00 Let's find the Match TVR
3:00 Music with Carolyn
4:00 Garden Time
6:00 Comedy Movie Night

17
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Balloon Toss BDR
1:00 Ever Sound TVR
2:00 Nap Time
3:00 Parachute Time BTVR
6:00 Movie Night

18
9:00 Sing Along AR
9:15 Exercise Time BDR
10:30 Music Lynn BDR
1:00 Game Time AR
3:30 Hand Massages TVR
6:00 Music with Michael TVR

19
9:00 Sing Along TVR
9:15 Exercise Time TVR
11:00 Name that smell TVR
1:30 Garden Time
3:30 Patio Time
4:00 Ever Sound TVR
6:00 Manicure Time

20
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Puzzle Time TVR
1:00 Essential Oils & Music TVR
2:00 Ever Sound TVR
3:30 Finger painting BDR
6:00 Movie Time

21
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Arts and Craft TVR
1:00 Ever Sound Music TVR
3:30 Making our Snack BDR
6:00 Movie Time TVR

22
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Chicken Soup for the Soul
1:00 Parachute Time BDR
2:00 FAMILY DAY
4:00 Ever Sound TVR
6:00 FAMILY NIGHT RDR
6:00 Car/Bike Exhibit

23
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Music Therapy TVR
1:00 Noddle Ball BDR
3:00 Music with Carolyn RDR
4:00 Garden Time
6:00 Love Movie Night TVR

24
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Manicures TVR
1:00 Water the Plants
2:00 Let's Make Flowers
3:30 Balloon Toss BDR
6:00 Movie Night

25
9:00 Sing Along
9:15 Exercise Time- BDR
10:30 Pastor Gordon-BDR
1:00 Game Time -AR
3:30 Hand Massages TVR
6:00 Music with Michael- TVR

26
9:00 Sing Along
9:15 Exercise and Work out
11:00 Let's laugh a Little TVR
1:00 Birthday Party August Babies
3:30 Parachute Time BDR
4:00 Ever Sound TVR

27
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Massage Therapy TVR
1:00 Feel, Touch and Taste BDR
2:00 Essential Oils & Music
3:30 Let's fold towels TVR
6:00 Movie Time TVR

28
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Let's Smell the Roses
1:00 Music with Michael RDR
2:00 Manicure Time RAR
6:00 Finish the Phrase TVR

29
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Chicken Soup for the Soul
1:00 Parachute Time BDR
2:00 Balloon Toss BDR
4:00 Ever Sound TVR
6:00 Balloon Toss TVR

30
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Music Therapy TVR
1:00 Noddle Ball BDR
3:00 Music with Carolyn RDR
4:00 Garden Time
6:00 Love Movie Night TVR

31
9:00 Sing Along TVR
9:15 Exercise Time TVR
10:30 Manicures TVR
1:00 Water the Plants
2:00 Let's Make Trail Mix BDR
3:30 Balloon Toss BDR
6:00 Movie Night