

Shining Star



Lori Gammon
Resident Care
Coordinator
6 years

Lori has been working at Copper Canyon for 6 years. She is a true advocate for her residents and enjoys every chance she gets to make them smile. When she is not at work, she enjoys hiking with her German Shepard Minnie, reading and spending time with her family.

SEPTEMBER BIRTHDAYS



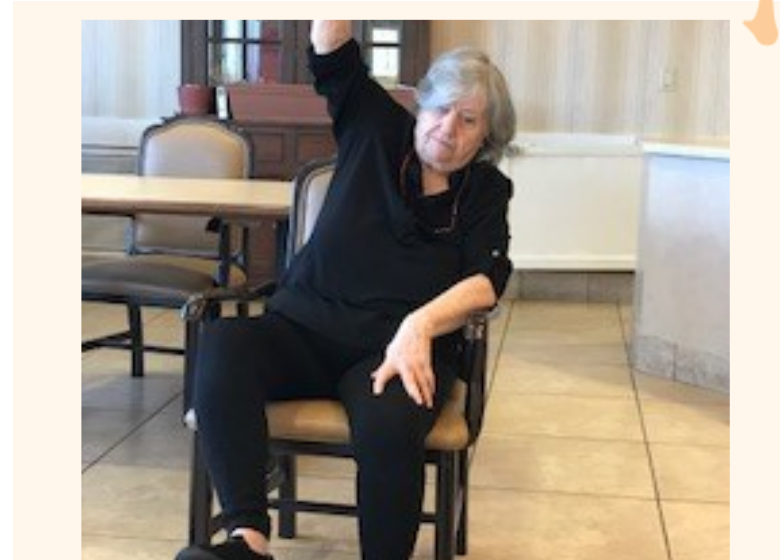
9/2 Alice
9/5 Cecilia
9/15 Mary
9/21 Donald



What's Going On In

September

2020



Team Members

Executive Director.....Juan A. Martinez
Health Services Director.....Sherrill Ocskai
Community Development Director.....
.....Catherine Linta
Business Office Manager.....Emily Ralston
Executive Chef.....David McGehee
Life Enrichment Director.....Faith Gutierrez
Maintenance Director.....David Giron

Important Phone Numbers

Office.....520-293-3114
Fax Number.....520-293-3121

Meal Times

Breakfast.....7:30 a.m. - 9:00 a.m.
Lunch.....11:30 a.m. - 1:30 p.m.
Dinner.....4:30 p.m. - 6:30 p.m.
Hydration & Snacktivity.....10:30, 2:30, 6:30
Leisure Dining.....9:00 a.m. - 11:30 a.m.

Movie Showings

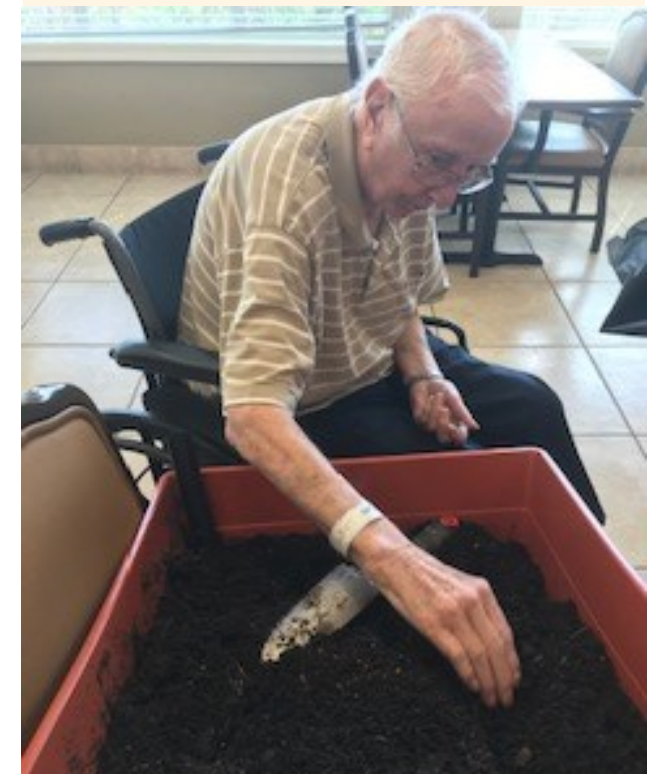
Everyday 2:30 & 6:30 in Theater

Mondays.....Musicals
Tuesdays.....Travel Documentaries
Wednesdays.....Westerns
Thursdays.....Thrillers
Fridays.....Flashbacks: 50's & Older
Saturdays.....Satire
Sundays.....TV Series: I Love Lucy



Special Events

9/6 Ice Cream Social | 2:00
9/7 Labor Day Thank you project | 2:00
9/13 Ggrandparents Day Celebration | 2:00
9/16 Mexican Independence Day Celebration | 2:00
9/20 Making Treats for Humane Society | 2:00
9/23 Harvest Festival | 2:00
9/27 Sundae Sundae | 2:00



SEPTEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



COPPER CANYON
ASSISTED LIVING & MEMORY CARE
5901 N. La Cholla Blvd
Tucson, Arizona 85741
(520) 293-3114

Room Key
AA - All Around
SR - Sensory Room
CD - Catalina Dining Room
NL - North Living Room
CY - Courtyard
SC - Santa Catalina Dining
SL - South Living Room

1
10:00 Walking Club AA
11:00 Daily Chronicles NL
1:00 Chicken Soup Stories SL
2:00 Primp and Polish SL
3:00 Gardening Club SD
4:00 Music Appreciation SD

2 Happy Birthday Alice
10:00 Chair Exercises SL
11:00 Reminisce SL
1:00 Card Games SL
2:00 Bingo SD
3:00 VR Pet Therapy NL
5:30 Tranquil Tunes SL

3
10:00 Morning Stretch SL
11:00 Coupon Clipping NL
1:00 What's that scent? SL
2:00 Arts and Crafts SL
3:00 Bean Bag Toss SD
5:30 Hand Massages SL

4
10:00 Morning Exercise SD
11:00 Who am I? SL
1:00 Table Games NL
2:00 Snack and Chat SD
3:00 Card Games SL
5:30 Mellow Melodies SL

5 Happy Birthday Cecilia
10:00 Noodle Exercise SD
11:00 Brain Games SL
1:00 Toss Across SL
2:00 Sing a long NL
3:00 Sorting and Matching SL
5:30 Evening Movie NL

6
10:00 Volleyball SL
11:00 Church Services SL
1:00 Coupon Clipping NL
2:00 **Ice Cream Social** SD
3:00 Sunday Matinee NL
4:00 Crafts
5:30 Tranquil Tunes

7 Labor Day
10:00 Morning Exercise SL
11:00 What's my job? NL
1:00 **Thank you card crafts** SL
2:00 Snack and Chat SL
3:00 Bingo SL
5:30 Relaxation Time SR

8
10:00 Morning Stretch SL
11:00 VR Pet Therapy SL
1:00 Who am I? SL
2:00 Coffee Club SL
3:00 Beading NL
4:00 Water the Garden OP
5:30 Movie Time NL

9 Teddy Bear Day
10:00 Walking Club AA
11:00 Trivia Time NL
1:00 Fall Collage SL
2:00 Coffee Club SC
3:00 Basketball SC
4:00 Patio Time CY
5:00 Mellow Melodies SL

10
10:00 Morning Stretch SL
11:00 Reminisce SL
1:00 Table Games NL
2:00 Primp and Polish NL
3:00 Painting SC
5:30 I love Lucy SL

11 Patriot Day
10:00 Noodle Exercise SL
11:00 Word Games NL
1:00 Card Games SL
2:00 Birdhouse Crafts SC
3:00 Reminisce NL
5:30 Hand Massages AA

12
10:00 Morning Exercise SL
11:00 Coupon Clipping NL
1:00 Bean Bag Toss SL
2:00 Coloring Club NL
3:00 Folding Club SL
5:30 Evening Movie NL

13 Grandparents Day
10:00 Morning Stretch SL
11:00 Reminisce NL
1:00 Grandparent Wisdom NL
2:00 GRAND bingo SC
3:00 Hand in hand art SC
5:30 Movie Night NL

14
10:00 Moving to the Music SL
11:00 What am I? NL
1:00 Primp and Polish NL
2:00 Jewelry making SC
3:00 Basketball SC
5:30 Mellow Melodies NL

15 Happy Birthday Mary
10:00 Walking Club AA
11:00 Word Games NL
1:00 Sea World Whale Video SL
2:00 Fruit Smoothie SC
3:00 Bean Bag Toss SC
5:30 Movie Time NL

16 Mexico Independence Day
10:00 Exercise to Mariachi SL
11:00 Travel Mexico SL
1:00 Making Salsa SC
2:00 **Party Mexico Style** SC
3:00 Making Maraca's SC
5:30 Movie "Three Amigos" NL

17 Share a favorite poem day
10:00 Exercise SL
11:00 VR Pet Therapy NL
1:00 Primp and Polish SL
2:00 Tea and Poetry SC
3:00 Bean Bag Toss SC
5:30 Tranquil Tunes SC

18
10:00 Exercise SL
11:00 Trivia Time NL
1:00 Coloring Club SL
2:00 Snack and Chat SC
3:00 Beading SC
5:30 Aromatherapy SL

19 Rosh Hashanah
10:00 Music in motion SL
11:00 Word Games NL
1:00 Rosh Hashanah stories SL
2:00 Apples and Honey SC
3:00 Card games SC
5:30 Movie Funny Girl NL

20
10:00 Morning Exercise SL
11:00 Church Services NL
1:00 Spiritual Sing a long SL
2:00 **Making Dog Treats** SD
3:00 Gardening OP
5:30 Sunday Movie NL

21 Happy Birthday Donald
10:00 Volleyball SL
11:00 What am I? NL
1:00 Primp and Polish SL
2:00 Name that tune SL
3:00 Mosaic Seed Painting SL
5:30 Tranquil Tunes SL

22
10:00 Noodle Exercise SL
11:00 What am I? NL
1:00 Beading SL
2:00 Painting SC
3:00 Ball Toss SC
5:30 Hand Massages NL

23 Harvest Party
10:00 Walking Club AA
11:00 VR Pet Therapy NL
1:00 Corn Shucking SL
2:00 Harvest Story SL
3:00 Apple Cider SC
5:30 Aromatherapy SL

24
10:00 Parachute Games SC
11:00 Price is Right NL
1:00 Reminisce SL
2:00 Mosaic Crafts SC
3:00 Tea Time SL
5:30 Evening News NL

25
10:00 Exercise SL
11:00 What would you do? NL
1:00 Bingo SC
2:00 Board Games NL
3:00 Dance Party SL
5:30 Tranquil Tunes SL

26
10:00 Chair Exercises SL
11:00 Music Trivia NL
1:00 Ball Toss SL
2:00 Melon Tasting SC
3:00 Card Games NL
5:30 Movie Time NL

27
10:00 Exercise SL
11:00 Church Services NL
1:00 Sing a long SL
2:00 **Sunday Sundae** SC
3:00 Trivia NL
5:30 Movie

28
10:00 Walking Club AA
11:00 Words that begin with NL
1:00 Painting SL
2:00 Puzzle Time NL
3:00 Basketball SC
5:30 Aromatherapy SL

29 International Coffee Day
10:00 Volleyball SL
11:00 Make a word NL
1:00 Sand Painting SL
2:00 Coffee Social SC
3:00 Chicken Soup Stories SL
5:30 Movie Night NL

30
10:00 Exercise SL
11:00 VR Pet Therapy NL
1:00 Shooting Pool PR
2:00 Bird House Building SL
3:00 Gardening CY
5:30 Hand Massages SL

Life Enrichment Director:
Faith.gutierrez@Sunshineret.com

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Facebook.com/Copper Canyon