

Shining Star



Native of Greenville SC. Kimberly is a happy hometown girl! What makes her happy are animals, cooking and plants which she has 24 of. Kimberly worked in Veterinary medicine for 12 years. Her pet (Baby) is a 2 year old miniature Australian Shepard named Crow. Hobbies include cooking, baking and watching cooking shows.

Kimberly Jack

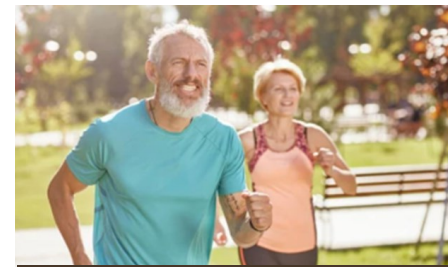
Housekeeper

THANK YOU!

AUGUST BIRTHDAYS

Date First Name

- 8/2 Helen P.
- 8/3 Wanda S.
- 8/3 Jim T.
- 8/6 Nancy E.
- 8/11 Evelyn K.
- 8/14 Mary K.
- 8/17 Patricia M.
- 8/19 Arthur C.
- 8/31 Bett C.



What's Going On In

August

2023



This is Sunshine's 11th annual August Wellness Month. For this year's Wellness Month we want to offer our residents the *Sunshine Wellness Experience*. Throughout the month there will be opportunities to learn information from local wellness professionals about wellness practices for you to live a healthier life. We have upcoming exercise challenges, informative wellness seminars, instructional workshops, exciting new activities and prizes for everyone!

Every resident will receive a special Wellness Calendar and a Wellness Stamp Card. When you attend any of the Wellness events highlighted on the Wellness Calendar, you will be rewarded with a stamp on your Wellness Stamp Card. At the end of the month be sure to turn in your completed Stamp Card to you Life Enrichment Director and you will be recognized and awarded at our Wellness Awards Ceremony. A \$50 gift card will be awarded to the Wellness Month Champion!

Special Events

- 8/1 Wellness Month Kick Off Party | 2:30
- 8/2 BP Screening | 10:30
- 8/2 Girl Power Health & Wellness Luncheon | 12:00-2:00
- 8/2,9, 23,30 Wine Down Wednesday's | 5:00
- 8/7,21 Treats with Chef | 3:00
- 8/8 New Resident Meet & Greet | 3:00
- 8/10 SRS Walkers & Rollator Screening & Assessment | 2:00
- 8/14 Better Bones Fitness Bingo Spin The Wheel Prizes | 3:30
- 8/15 Town Hall | 3:00
- 8/16 Summer Block Party | 1:00 until 5:00
- 8/21,28 Cocktails on the Patio | 6:00
- 8/23 Founders Club Dinner w/Chef | 4:00
- 8/24 Wellness & Health Fair | 10:00-12:00
- 8/30 Wellness Month Awards & Ceremony | 3:30

Team Members

- Executive Director.....Carol Babbitt
- Community Dev. Dir.....Pam Van Dyke
- Comm. Dev. Coor.....Katherine Burns
- Business Office Mgr.....Louise Glazer
- Executive Chef.....Michael Krefski
- Life Enrichment Dir.....Bonnie Rust
- Maintenance Dir.....Kevin Stubbs
- Maintenance Coor.....Navin Dayaram
- Concierge Team.....

Ariael Santoro, Angie Liner, Yvan Datahan, Muriel Birton, Vini Patel, Zaida Hernandez, Mark Vernon

Important Phone Numbers

- Front Desk.....864-203-1488
- Transportation.....864-666-1592

PET OF THE MONTH "BO"



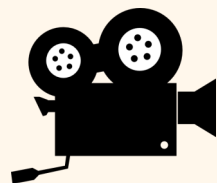
Meal Times

- Breakfast.....8:00 a.m. - 10:00 a.m.
- Lunch.....12:00 a.m. - 2:00 p.m.
- Dinner.....4:30 p.m. - 6:30 p.m.

Movie Showings

Everyday 6:30 in Theater

- Mondays.....Musicals
- Tuesdays.....Comedy
- Wednesdays.....Westerns
- Thursdays.....Dramas
- Fridays.....Flashbacks: 50's & Older
- Saturdays.....Sports
- Sundays.....Residents Choice



Transportation Schedule

Monday

- Errands.....10:30am-1:00pm
- Publix.....2:00pm

Tuesday/ Wednesday/ Thursday

- Medical Appointments.....9:30am - 4:00pm

Fridays

- Activity OutingsVaried Times

Special Weekend Events are Scheduled Also.

Sign Up At The Concierge Desk At Least 24 Hours In Advance For Transportation

AUGUST

SUNDAY

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

 <p style="text-align: center;">150 Verdin Rd. Greenville, SC 29607 864-203-1488</p>	<p>Life Enrichment Director: 531LED@sunshineret.com</p> <div style="border: 1px solid black; padding: 5px; display: inline-block;">  Find us on facebook. </div> <p style="text-align: center;">Like us on Facebook: Facebook.com/Maple Brook Terrace</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">1</p> <p>10:00 Chair Yoga FR 11:00 Discussion Group LI 2:00 Rummikub LI 2:30 <i>Wellness Month Kickoff Party BI</i> <i>Walking on Sunshine Group Walk BI</i> <i>Raffle Announcement BI</i> 4:00 Trivia TH 6:30 Poker w/Don H. PDR 6:30 Duplicate Bridge LI 6:30 Movie: Comedy-Peanut Butter Falcon TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">2</p> <p>9:30 Catholic Communion CH 10:00 Cardio Drumming w/SRS FR 10:30 <i>BP Screening DR</i> 11:30 <i>GIRL Power Health and Wellness Luncheon w/Chef DR</i> 12:00 <i>Men's Lunch Pizza Party Upstairs LI & BR</i> 2:00 Mah-jongg w/Becky AR Poker w/ Stan PDR DR 5:00 Wine Down Wednesday DR 6:30 Western:A River Runs Through It</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">3</p> <p>10:00 Exercise Bands w/SRS FR 10:30 Walking in Place w/ Lynn FR 11:00 <i>Prayer and Share Ladies Bible Study LI</i> 2:00 Bridge LI 3:00 Bingo AR 4:00 Trivia TH 6:00 <i>TRIP (FREE) Neighborhood Night Upcountry History Museum</i> 6:30 Movie : Drama- Rain Man TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">4</p> <p>10:00 Cardio Drumming w/SRS FR 10:30 Walking on Sunshine FR 1:30 Poker Game w/ Rich PDR 2:00 Pet Therapy w/Carol BI 2:30 Trivia TH 4:30 <i>TRIP \$ Happy Hour at Habitat. Reservations for 12 BUS</i> 6:30 Movie 50's Flashbacks -Chitty Chitty Bang Bang TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">5</p> <p>10:00 Resident Led Exercise Video FR 11:00 Rosary Group CH 2:00 Left, Center, Right Game AR 4:00 Dominoes LI 6:30 Movie: Sports-Field Of Dreams TH</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">6</p> <p>10:00 Exercise Machines FR 10:30 Church TH 2:00 Bridge LI 3:30 Creative Coloring Corner BI 4:00 Pool LI 6:30 Movie Resident Choice TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">7</p> <p>9:45- 11:15 Bocce Ball PT 10:00 Exercise w/Weights SRS FR 10:30 Walk in Place w/ Lynn FR 11:00 Sunshine News AR 10:30 <i>BUS ERRANDS</i> 1:30 Canasta with Bett LI 2:00 <i>BUS PUBLIX</i> 3:00 <i>Treats with Chef Michael BI</i> 6:30 Movie- Musicals -1776 TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">8</p> <p>10:00 Chair Yoga FR 10:30 Walking on Sunshine FR 11:00 Discussion Group LI 2:00 Rummikub LI 3:00 <i>New Resident Meet & Greet BI</i> 3:30 Wii Bowling AR 4:00 Trivia TH 6:00 Word of God Bible Study AR 6:30 Duplicate Bridge LI 6:30 Movie: Comedy- A Man Called Otto TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">9</p> <p>9:30 Catholic Communion CH 10:00 Cardio Drumming w/SRS FR 2:00 Mah-jongg /Becky AR Poker w/ Stan PDR Dominoes-LI 5:00 Wine Down Wednesday DR 6:00 Corn Hole Patio 6:30 Movie :Western- News Of The World TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">10</p> <p>10:00- 5:00 Swap Shop AR 10:00 Exercise Bands w SRS FR 10:30 Walking in Place w/ Lynn FR 11:00 Pet Therapy w/ Arial BI 1:00-2:00 <i>Webinar : Exercise Reduces Cognitive Impairment-FR</i> 2:00 <i>SRS-Walkers & Rollator Screening& Assessment TH</i> 2:00 Bridge LI 6:30 Movie : Drama Grand Torino TR</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">11</p> <p>9:30 <i>BUS: Library at Five Forks</i> 10:00 Cardio Drumming w/SRS FR 10:30 Walking on Sunshine FR 10:30 <i>TRIP BUS Upstate Senior Wellness Fair at Greenville Convention Center. See Flyer</i> 1:30 Poker Game w/Rich PDR 2:30 Trivia TH 6:00 Happy Hour and Dance Party BI 6:30 50s Movie: Dark Waters TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">12</p> <p>10:00 Resident Led Exercise Video FR 11:00 Rosary Group CH 2:00 Left, Center, Right Game AR 4:00 Dominoes LI 6:30 Movie: Sports- Rudy TH</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">13</p> <p>10:00 Exercise Machines FR 10:30 Church TH 2:00 Bridge LI 3:30 Creative Coloring Corner BI 4:00 Pool LI 6:30 Movie TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">14</p> <p>9:45- 11:15 Bocce Ball PT 10:00 Exercise w/Weights SRS FR 10:30 <i>BUS ERRANDS</i> 11:00 <i>Sunshine News AR</i> 1:30 Canasta with Bett LI 2:00 <i>BUS PUBLIX</i> 3:30 <i>Better Bones Fitness Bingo with Spin the Wheel Prizes AR</i> 6:30 Movie- Musicals La La Land TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">15</p> <p>10:00 Chair Yoga FR 10:30 Walking on Sunshine FR 11:00 Discussion Group LI 2:00 Rummikub LI 3:00 <i>Town Hall DR</i> 4:00 Trivia TH 6:00 Word of God Bible Study AR 6:30 Poker w/ Don H.PDR 6:30 Duplicate Bridge LI 6:30 Movie : Comedy- Are You There God? It's Me Margaret.</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">16</p> <p>9:30 Catholic Communion CH 10:00 Cardio Drumming w/SRS FR 12:00-5:00 <i>Summer Block Party w/Chef Happy Hour starts at 3:30. PT</i> 2:00 Mah-jongg /Becky AR Poker w/ Stan PDR Dominoes LI 6:30 Movie :Western-Tombstone TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">17</p> <p>10:00 Exercise Bands w/SRS FR 10:30 Walking in Place w/ Lynn FR 10:30 Crafts with Lindsey AR 11:00 Pet Therapy w/ Louise BI 2:00 Bridge LI 3:00 <i>Chef Talk DR</i> 6:30 -8:00 <i>Michael Frayer and Ronald Smith facilitate a presentation entitled "The Negro Spirituals: Strange Songs, In A Strange Land" TH</i></p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">18</p> <p>10:00 Cardio Drumming w/SRS FR 10:00 Walking on Sunshine FR 10:30 <i>TRIP Donation Drop Off to Greenville Humane Society BUS</i> 1:30 Poker Game w/Rich PDR 2:30 Trivia TH 3:30 <i>Birthday Party with Always Best Care. BI</i> 6:30 50's Movie:The Blazing Sun</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">19</p> <p>10:00 Resident Led Exercise Video FR 11:00 Rosary Group CH 2:00 <i>TRIP \$ City Scape Winery</i> 2:00 Left, Center, Right Game AR 4:00 Dominoes LI 6:30 Movie: Sports- Hoosiers TH</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">20</p> <p>10:00 Exercise Machines FR 10:30 Church TH 2:00 Bridge LI 3:30 Creative Coloring Corner BI 4:00 Pool LI 6:30 Movie TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">21</p> <p>9:45- 11:15 Bocce Ball PT 10:00 Exercise w/ Weights SRS FR 10:30 <i>BUS ERRANDS</i> 11:00 <i>Sunshine News AR</i> 1:30 Canasta with Bett LI 3:00 <i>Treats with Chef Michael BI</i> 6:00 Cocktails on the Patio 6:30 Movie -Musicals -The Greatest Showman TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">22</p> <p>10:00 Chair Yoga FR 10:30 Walking on Sunshine FR 11:00 Discussion Group LI 2:00 Rummikub LI 3:30 Wii Bowling AR 6:00 Word of God Bible Study AR 6:30 Poker w/ Don H.PDR 6:30 Duplicate Bridge LI 6:30 Movie: Comedy -Best In Show</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">23</p> <p>9:30 Catholic Communion CH 10:00 Cardio Drumming w/SRS FR 2:00 Mah-jongg /Becky AR Poker w/ Stan PDR Dominoes LI 4:00 <i>Founder's Club Dinner w/Chef AR</i> 5:00 Wine Down Wednesday DR 6:30 Movie: Western-Little Big Man</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">24</p> <p>10:00-12:00 <i>Maple Brooks Wellness & Health Fair with over 30 Vendors. See Flyer!</i> 10:00 Exercise Bands w SRS FR 11:00 Pet Therapy w/Mauldin K9 Margo therapy dog. BI 2:00 Bridge LI 3:00 Bingo AR 4:00 Bingo Auction w/ George AR 6:30 Movie: Drama- Captain Phillips TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">25</p> <p>9:30 <i>BUS: Library at Five Forks</i> 10:00 Cardio Drumming w/SRS FR 9:00 <i>TRIP \$35.00 + Meal Lake Keowee Pontoon Boat Ride and Lunch at The Tiki Hut. (Reservations for 8) BUS</i> 1:30 Poker Game w/ Rich PDR 6:30 Movie 50's Flashbacks- Cairo Station TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">26</p> <p>10:00 Resident Led Exercise Video FR 11:00 Rosary Group CH 2:00 Left, Center, Right Game AR 4:00 Dominoes LI 6:30 Movie: Sports- Bull Durham TH</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">27</p> <p>10:00 Exercise Machines FR 10:30 Church TH 2:00 Bridge LI 3:30 Creative Coloring Corner BI 4:00 Pool LI 6:30 Movie TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">28</p> <p>9:45- 11:15 Bocce Ball PT 10:00 Exercise w/ Weights SRS FR 10:30 <i>BUS ERRANDS</i> 11:00 <i>Sunshine News AR</i> 1:30 Canasta with Bett LI 2:00 <i>BUS PUBLIX</i> 3:00 <i>Pet Therapy with Kevin- BI</i> 3:30 Bingo AR 5:00 Cocktails on the Patio 6:30 Movie- Musicals -Mama Mia TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">29</p> <p>10:00 Chair Yoga FR 11:00 Discussion Group LI 2:00 Rummikub LI 3:30 Wii Bowling AR 5:00 Happy Hour DR 6:00 Word of God Bible Study AR 6:30 Poker w/ Don H.PDR 6:30 Duplicate Bridge LI 6:30 Movie: Comedy- The Quiet Man TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">30</p> <p>9:30 Catholic Communion CH 10:00 Cardio Drumming w/SRS FR 2:00 Mah-jongg /Becky AR Poker w/ Stan PDR Dominoes LI 3:30 <i>Wellness Month Awards Ceremony and Raffle Drawing BI</i> 5:00 Wine Down Wednesday DR 6:30 Movie :Western- True Grit TH</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">31</p> <p>10:00 Exercise Bands FR 10:30 Walking in Place w/ Lynn FR 11:30 <i>TRIP \$ Lunch at Epic Buffet. And Simpsonville Art Center for the Art Opening Reception and Jazz Concert w/ Senior Carolinian Jazz Band</i> 2:00 Bridge LI 6:30 Movie: Drama-Gladiator TR</p>	<p style="text-align: center;">Room Key: AR Activity Room BI Bistro CH Chapel FR Fitness Room LI Library PT Patio PDR Private Dining Room BR Billiards Room</p>	<p style="text-align: center;">Leave Us A Review</p> <div style="text-align: center;">  <p>SCAN ME</p> </div>