

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>PARK VIEW ESTATES ASSISTED LIVING & MEMORY CARE</p> <p>11360 Warner Ave. Fountain Valley, CA 92708 714-477-7471</p>	<p><i>Welcome Home!</i></p> <p><i>We are so happy you are here and it is our pleasure to welcome you to your new home.</i></p>	<p>9:30 Bible Inspirations CH 1</p> <p>10:15 Weights Workout FS</p> <p>11:00 What Would You Do? GR</p> <p>1:30 Walk the Line Balance FS</p> <p>2:30 Watercolor: Technique AR</p> <p>4:00 Nickel LRC Tournament AR</p> <p>6:30 Travelogue TH</p>	<p>9:30 Soup for the Soul CH 2</p> <p>10:15 Circuit Training FS</p> <p>11:00 Arcade Party: Ping Pong AR</p> <p>1:30 Guided Meditation TH</p> <p>2:30 Weekly Trivia Challenge GR</p> <p>4:00 Bingo AR</p> <p>6:30 Western Favorites TH</p>	<p>9:30 Daily Affirmation CH 3</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Lunch Bunch BUS</p> <p>1:30 Wheel of Fortune AR</p> <p>2:30 Fellowship & Friends CH</p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Love Stories TH </p>	<p>9:30 Daily Affirmation CH 4</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Lunch Bunch BUS</p> <p>1:30 Wheel of Fortune AR</p> <p>2:30 Fellowship & Friends CH</p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Classics TH</p>	<p>5</p> <p>9:30 Morning Meditation TH</p> <p>10:15 Walking Club PB</p> <p>11:00 Game Time: Phase 10 GR</p> <p>2:00 Brain Teasers AR </p> <p>2:30 Donut & Discussion PB</p> <p>3:30 Pet Therapy Visit: Dog PB</p> <p>6:30 Hollywood Hits AR </p>
<p>6</p> <p>9:30 Moments from the Bible CH</p> <p>10:15 Sit & Be Fit AR</p> <p>11:00 Coffee Klatch & Cards PB</p> <p>2:00 Mexican Train GR</p> <p>2:45 1st Sunday Sundaes PB </p> <p>3:30 Great American Stories AR</p> <p>6:30 Movie: Satire TH</p>	<p>9:30 Sunshine News TH 7</p> <p>10:15 Balance & Bands AR</p> <p>11:00 Coffee Current Events PB</p> <p>1:30 Balloon Ball AR</p> <p>2:30 Group Crossword GR</p> <p>4:00 Pokeno AR</p> <p>6:30 Musical Movie Monday TH</p>	<p>9:30 Bible Inspirations CH 8</p> <p>10:15 Weights Workout FS</p> <p>11:00 Trust Me I Work Here GR</p> <p>1:30 Walk the Line Balance FS</p> <p>2:30 Watercolor Scenery AR</p> <p>4:00 Nickel LRC Tournament AR</p> <p>6:30 Education Seminar TH</p>	<p>9:30 Soup for the Soul CH 9</p> <p>10:15 Circuit Training FS</p> <p>11:00 Arcade Party: Corn Hole AR</p> <p>1:30 Garden Meditation TH</p> <p>2:30 Weekly Trivia Challenge GR</p> <p>4:00 Bingo AR</p> <p>6:30 Western Favorites TH</p>	<p>9:30 Daily Affirmation CH 10</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Art Museum BUS</p> <p>1:30 Jeopardy AR</p> <p>2:30 Creative Writing Club CH </p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Love Stories TH </p>	<p>9:30 Daily Affirmation CH 11</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Art Museum BUS</p> <p>1:30 Jeopardy AR</p> <p>2:30 Creative Writing Club CH </p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Classics TH</p>	<p>Movie Marathon 12</p> <p>9:30 Morning Meditation TH</p> <p>10:15 Walking Club PB</p> <p>11:00 Game Time: Poker GR</p> <p>1:30 Popcorn Party: Bond TH</p> <p>2:00 Brain Teasers AR</p> <p>3:30 Pet Therapy Visit: Kitten PB</p> <p>6:30 Hollywood Hits TH </p>
<p>13</p> <p>9:30 Moments from the Bible CH</p> <p>10:15 Sit & Be Fit AR</p> <p>11:00 Coffee Klatch & Cards PB</p> <p>2:00 Chicken Foot GR</p> <p>3:30 Great American Stories AR</p> <p>6:30 Movie: Satire TH</p>	<p>9:30 Sunshine News TH 14</p> <p>10:15 Balance & Bands AR</p> <p>11:00 Coffee Current Events PB</p> <p>1:30 Balloon Ball vs Staff AR</p> <p>2:30 Group Crossword GR</p> <p>4:00 Pokeno AR</p> <p>6:30 Musical Movie Monday TH</p>	<p>9:30 Bible Inspirations CH 15</p> <p>10:15 Weights Workout FS</p> <p>11:00 You Be the Judge GR</p> <p>1:30 Walk the Line Balance FS</p> <p>2:30 Watercolor Cards AR</p> <p>4:00 Nickel LRC Tournament AR</p> <p>6:30 Travelogue TH </p>	<p>9:30 Soup for the Soul CH 16</p> <p>10:15 Circuit Training FS</p> <p>11:00 Arcade Party: Air Hokey AR</p> <p>1:30 Guided Meditation TH</p> <p>2:30 Weekly Trivia Challenge GR</p> <p>4:00 Bingo AR</p> <p>6:30 Western Favorites TH</p>	<p>9:30 Daily Affirmation CH 17</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Scenic Drive BUS</p> <p>1:30 Chef's Demo: Fruit Carve PB</p> <p>2:30 Fellowship & Friends CH</p> <p>4:00 Penny Black Jack GR </p> <p>6:30 Love Stories TH </p>	<p>9:30 Daily Affirmation CH 18</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Scenic Drive BUS</p> <p>1:30 Chef's Demo: Fruit Carve PB</p> <p>2:30 Fellowship & Friends CH </p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Classics TH</p>	<p>19</p> <p>9:30 Morning Meditation TH</p> <p>10:15 Walking Club PB</p> <p>11:00 Game Time: SkipBo GR</p> <p>2:00 Brain Teasers AR</p> <p>3:30 Pet Therapy Visit: Exotic PB</p> <p>6:30 Hollywood Hits AR </p>
<p> Hat Day  20</p> <p>9:30 Moments from the Bible CH</p> <p>10:15 Sit & Be Fit AR</p> <p>11:00 Coffee Klatch & Cards PB</p> <p>12:00 Hat Contest DR</p> <p>2:00 Mexican Train GR</p> <p>3:30 Great American Stories AR</p> <p>6:30 Movie: Satire TH</p>	<p>9:30 Sunshine News TH 21</p> <p>10:15 Balance & Bands AR</p> <p>11:00 Coffee Current Events PB</p> <p>1:30 Balloon Ball AR</p> <p>2:30 Group Crossword GR </p> <p>4:00 Res. Mtg. TH Pokeno AR</p> <p>6:30 Musical Movie Monday TH</p>	<p>9:30 Bible Inspirations CH 22</p> <p>10:15 Weights Workout FS</p> <p>11:00 You Be the Judge GR</p> <p>1:30 Walk the Line Balance FS</p> <p>2:30 Watercolor Cards AR</p> <p>4:00 Nickel LRC Tournament AR</p> <p>6:30 Travelogue TH</p>	<p>9:30 Soup for the Soul CH 23</p> <p>10:15 Circuit Training FS</p> <p>11:00 Arcade Party: Corn Hole AR</p> <p>1:30 Garden Meditation TH</p> <p>2:30 Weekly Trivia Challenge GR</p> <p>4:00 Bingo AR</p> <p>6:30 Western Favorites TH</p>	<p>9:30 Daily Affirmation CH 24</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Farm Tour BUS</p> <p>1:30 Jeopardy AR</p> <p>2:30 Creative Writing Club CH</p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Love Stories TH </p>	<p>9:30 Daily Affirmation CH 25</p> <p>10:15 Music & Movement AR</p> <p>11:00 Outing: Scenic Drive BUS</p> <p>1:30 Chef's Demo: Fruit Carve PB</p> <p>2:30 Fellowship & Friends CH</p> <p>4:00 Penny Black Jack GR</p> <p>6:30 Classics TH</p>	<p>26</p> <p>9:30 Morn. Meditation TH</p> <p>10:15 Walking Club PB</p> <p>11:00 Game Time: Uno GR</p> <p>1:30 Family Disney Classics TH</p> <p>2:00 Brain Teasers AR</p> <p>3:30 Pet Therapy: Family Pets PB</p> <p>6:30 Hollywood Hits AR </p>
<p>27</p> <p>9:30 Moments from the Bible CH</p> <p>10:15 Sit & Be Fit AR</p> <p>11:00 Coffee Klatch & Cards PB</p> <p>2:00 Chicken Foot GR </p> <p>2:45 Blood Pressure Checks PB</p> <p>3:30 Great American Stories AR</p> <p>6:30 Movie: Satire TH</p>	<p>9:30 Sunshine News TH 28</p> <p>10:15 Balance & Bands AR</p> <p>11:00 Coffee Current Events PB</p> <p>1:30 Balloon Ball AR</p> <p>2:30 Group Crossword GR</p> <p>4:00 Pokeno Plus AR</p> <p>6:30 Musical Movie Monday TH</p>	<p>9:30 Bible Inspirations CH 29</p> <p>10:15 Weights Workout FS</p> <p>11:00 You Be the Judge GR</p> <p>1:30 Walk the Line Balance FS</p> <p>2:30 Watercolor Flowers AR</p> <p>4:00 Nickel LRC Tournament AR</p> <p>6:30 Travelogue TH</p>	<p>9:30 Soup for the Soul CH 30</p> <p>10:15 Circuit Training FS</p> <p>11:00 Arcade Party: Ping Pong AR</p> <p>1:30 Garden Meditation TH</p> <p>2:30 Weekly Trivia Challenge GR</p> <p>4:00 Family Night Bingo AR </p> <p>6:30 Western Favorites TH</p>	<p>Room Key</p> <p>AR Activity Rm CH Chapel</p> <p>DR Dining Rm</p> <p>FS Fitness Studio</p> <p>GR Game Rm LB Library</p> <p>TH Theater</p> <p>PB Pub PT Patio</p>	<p>Like us on Facebook: Facebook.com/ParkViewRet</p> <p> Find us on facebook.</p>	<p>Reminders:</p> <p>Name Tag Wednesdays</p> <p>Red Shirt Fridays</p>

SEPTEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



PARK VIEW ESTATES
ASSISTED LIVING & MEMORY CARE

11360 Warner Ave.
Fountain Valley, CA 92708
714-477-7471

Welcome Home!

*We are so happy you are here
and it is our pleasure to
welcome you to
your new home.*

1
10:15 Music & Movement AR
11:00 **September Facts** AR
1:00 **Pet Therapy** V
1:30 Mini Mandalas AR
4:00 Classic Sing-a-long AR
6:30 Travelogue Grand Canyon AR

2
9:30 Daily Devotionals AR
10:15 Scarves & Stretch AR
11:00 Coffee Klatch AR
1:30 **Link Think** AR
2:30 What's Cooking K
4:00 Massage & Manicures AR
6:30 Western Favorites AR

3
9:30 Daily Devotionals AR
10:15 Music & Movement AR
11:00 Snacktivity: **Smoothies** AR
1:30 **Garden Tour** PG 🍷
2:30 Category Is **Flowers** AR
4:00 Essential Oils Meditation AR
6:30 American Classic Cars AR

4
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 Snacks & Discussion AR
1:30 **Welcome Social** PG 🎵
2:30 Sensory **Spring Scents** AR
4:00 ShortStory Holland Tulips
6:30 Family Classics AR

5
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Sentimental Sing-a-long AR
3:30 Pattern Play AR
6:30 Hollywood Hits AR

6
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Puzzle Time AR
3:30 Hymn Songs AR
6:30 Satire AR 🎪

7
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 Coffee Current Events AR
1:30 **Balloon Ball** AR
2:30 Milkshakes & Music AR
4:00 Can You Picture This AR
6:30 Musical Movie Monday AR

8
9:30 Daily Devotionals AR
10:15 Music & Movement AR
11:00 Donuts & Discussion AR
1:00 **Pet Therapy** V
2:30 **Nature Aqua Paintings** AR
4:00 Affirmation Strands AR 🦶
6:30 Travelogue Yellowstone AR

9
9:30 Daily Devotionals AR
10:15 Shakers & Stretch AR
11:00 Coffee Klatch AR
1:30 **Qwirkle Match** AR
2:30 What's Cooking K
4:00 Massage & Manicures AR
6:30 Western Favorites AR

10
9:30 Daily Devotionals AR
10:15 Music & Movement AR 🎵
11:00 Snacktivity: **Parfaits** AR
1:30 Walk & Roll Club AR
2:30 Category Is Sports Teams AR
4:00 Essential Oils Meditation AR
6:30 American Classic Cars AR

11
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 **This Day in History** AR
1:30 **Swatter Ball** AR 🎯
2:30 Sensory **Licorice Candy** AR
4:00 The Big Picture Game AR
6:30 Family Classics AR

12
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Sentimental Sing-a-long AR
3:30 Dominoes AR
6:30 Hollywood Hits AR

13
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Puzzle Time AR
3:00 Hymn Songs AR
3:30 Hymn Songs LR
6:30 Satire AR

14
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 Coffee Current Events AR
1:30 **Seated Soccer** AR
2:30 Milkshakes & Music AR
4:00 Mini Mandalas AR
6:30 Musical Movie Monday AR

15
9:30 Daily Devotionals AR
10:15 Music & Movement AR
11:00 This Day in History AR
1:00 **Pet Therapy** V
2:30 **Doodle Dots** AR
4:00 Hymn Songs AR
6:30 Travelogue Yosemite AR

16
9:30 Daily Devotionals AR
10:15 Scarves & Stretch AR
11:00 Coffee Klatch AR
1:30 **Family Feud** K
2:30 What's Cooking K
4:00 Massage & Manicures AR
6:30 Western Favorites AR

17
9:30 Daily Devotionals AR
10:30 **Scenic Spring Drive** 🚗
11:00 Snacktivity: **Fruit Cups** AR
1:30 Walk & Roll Club AR 🎵
2:30 Category Is **Fall** AR
4:30 **Fall Apple Cider Social** CY
6:30 American Classic Cars AR

18
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 Snack Chat AR
1:30 **Patriotic Parachute** AR
2:30 **Nail Spa Party** AR
4:00 **A Home Run w/Poetry** AR
6:30 Family Classics AR

19
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Sentimental Sing-a-long AR
3:30 Pattern Play AR 🌟
6:30 Hollywood Hits AR

20
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Puzzle Time AR
3:30 Hymn Songs AR
6:30 Satire AR

21
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 Coffee Current Events AR
1:30 **Octoband Exercise** AR
2:30 Milkshakes & Music AR
4:00 **Recycle Sort** AR
6:30 Musical Movie Monday AR

22
9:30 Daily Devotionals AR
10:15 Music & Movement AR
11:00 **Resident Council Mtg** AR
1:30 Walk & Roll Club AR
2:30 **Bulletin Board Prep** K
4:00 **Word Fit** AR
6:30 Travelogue Grand Canyon AR

23
9:30 Daily Devotionals AR
10:15 Shakers & Stretch AR 🎵
11:00 Coffee Klatch AR
1:30 Qwirkle Match AR
2:30 **Birthday Bash** K
4:00 **Family Night Bingo** AR
6:30 Western Favorites AR 🎲

24
9:30 Daily Devotionals AR
10:15 Music & Movement AR
11:00 Snacktivity: **Cookies** AR
1:30 Walk & Roll Club AR
2:30 Category Is **Back to School** AR
4:00 Essential Oils Meditation AR
6:30 American Classic Cars AR

25
9:30 Daily Devotionals AR 🎵
10:15 Wake Up & Warm Up AR
11:00 Snack Chat AR
1:30 Noodleball AR
3:30 **Musical BINGO** AR 🎮
6:30 Family Classics AR

26
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Sentimental Sing-a-long AR
3:30 Dominoes AR
6:30 Hollywood Hits AR

27
9:30 Daily Devotionals AR
10:15 Music & Motion AR
11:00 Coffee & Conversation AR
2:00 Puzzle Time AR
3:30 Hymn Songs AR
6:30 Satire AR

28
9:30 Daily Devotionals AR
10:15 Wake Up & Warm Up AR
11:00 Coffee Current Events AR
1:30 **Balloon Ball** AR
2:30 Milkshakes & Music AR
4:00 **Hub Words** AR
6:30 Musical Movie Monday AR

29
9:30 Daily Devotionals AR
10:15 Music & Movement AR
11:00 This Day in History AR
1:30 Walk & Roll Club AR
2:30 **Wacky Hair Contest** AR 🎪
4:00 **50s Hairstyle Discussion** AR
6:30 Travelogue Yellowstone AR

30
9:30 Daily Devotionals AR
10:15 Shakers & Stretch AR
11:00 Coffee Klatch AR
1:30 Qwirkle Match AR
2:30 **Birthday Bash** K
4:00 Massage & Manicures AR
6:30 Western Favorites AR

Room Key
AR Activity Room
LR Living Room
TH Theater
DR Dining Room
BY Backyard
CY Courtyard

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Find us on facebook.

Reminders:
Name Tag Wednesdays
Red Shirt Fridays

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>PARK VIEW ESTATES ASSISTED LIVING & MEMORY CARE 11360 Warner Ave. Fountain Valley, CA 92708 714-477-7471</p>		<p>1</p> <p>10:30 Scarves & Stretch 11:00 Scent Match Challenge 1:30 Hand Massages & Manicures 3:00 Chef's Demo & Taste 4:30 Meditation Melody 6:00 Forest Walk Meditation</p>	<p>2</p> <p>10:30 Morning Moves & Stretch 11:00 Herb Garden 1:30 Scalp & Shoulder Massages 3:00 Garden Tastings 4:30 Restful Rain 6:00 Armchair Travel</p>	<p>3</p> <p>10:30 Light & Lively Exercise 11:00 Aromatherapy Creations 1:30 Helping Hands 3:00 Brewing Club Taste Test 4:30 Birdsong Symphony 6:00 Redwood Visualization</p>	<p>4</p> <p>10:30 Movin' & Groovin' 11:00 Aromatherapy Meditation 1:30 Plush Therapy 2:30 First Friday Dance 3:00 Popcorn Party Movie Matinee 4:30 Classical Compilations 6:00 Serenity in Nature</p>	<p>5</p> <p>10:30 Sittercise 11:00 Rosemary Wraps 1:30 Hand Massages & Manicures 3:00 Confection Meditation 3:30 Noodle Ball 4:30 White Noise Therapy 6:00 Mountain Scenery</p>	
	<p>6</p> <p>10:30 Sittercise 11:00 Scentscapes 1:30 Tinkering Time 3:00 Coffee & Culinary Creations 4:30 Surf Sounds 6:00 Reefscapes Meditation</p>	<p>7</p> <p>10:30 Muscles in Motion 11:00 Flower Arranging 1:30 Tactile Time 2:30 Culinary Creations 3:30 Snacktivity: Bread Baking 4:30 Musical Memories 6:00 Color Therapy</p>	<p>8</p> <p>10:30 Scarves & Stretch 11:00 Scent Match Challenge 1:30 Hand Massages & Manicures 3:00 Chef's Corner 4:30 Meditation Melody 6:00 Forest Walk Meditation</p>	<p>9</p> <p>10:30 Morning Moves & Stretch 11:00 Herb Garden 1:30 Scalp & Shoulder Massages 3:00 Garden Tastings 4:30 Restful Rain 6:00 Armchair Travel</p>	<p>10</p> <p>10:30 Light & Lively Exercise 11:00 Aromatherapy Creations 1:30 Helping Hands 3:00 Cultural Candy Taste Test 4:30 Birdsong Symphony 6:00 Redwood Visualization</p>	<p>11</p> <p>10:30 Movin' & Groovin' 11:00 Aromatherapy Meditation 1:30 Plush Therapy 3:00 Popcorn Party Movie Matinee 4:30 Classical Compilations 6:00 Serenity in Nature</p>	<p>12</p> <p>10:30 Sittercise 11:00 Rosemary Wraps 1:30 Hand Massages & Manicures 3:00 Confection Meditation 3:30 Noodle Ball 4:30 White Noise Therapy 6:00 Mountain Scenery</p>
	<p>13</p> <p>10:30 Sittercise 11:00 Scentscapes 1:30 Tinkering Time 3:00 Coffee & Culinary Creations 4:30 Surf Sounds 6:00 Reefscapes Meditation</p>	<p>14</p> <p>10:30 Muscles in Motion 11:00 Flower Arranging 1:30 Tactile Time 2:30 Culinary Creations 3:30 Snacktivity: Bread Baking 4:30 Musical Memories 6:00 Color Therapy</p>	<p>15</p> <p>10:30 Scarves & Stretch 11:00 Scent Match Challenge 1:30 Hand Massages & Manicures 3:00 Chef's Corner 4:30 Meditation Melody 6:00 Forest Walk Meditation</p>	<p>16</p> <p>10:30 Morning Moves & Stretch 11:00 Herb Garden 1:30 Scalp & Shoulder Massages 3:00 Garden Tastings 4:30 New Resident Sign a Long 6:00 Armchair Travel</p>	<p>17</p> <p>10:30 Light & Lively Exercise 11:00 Aromatherapy Creations 1:30 Helping Hands 3:00 Classica Candy Taste Test 4:30 Birdsong Symphony 6:00 Redwood Visualization</p>	<p>18</p> <p>10:30 Movin' & Groovin' 11:00 Aromatherapy Meditation 1:30 Plush Therapy 3:00 Popcorn Party Movie Matinee 4:30 Classical Compilations 6:00 Serenity in Nature</p>	<p>19</p> <p>10:30 Sittercise 11:00 Rosemary Wraps 1:30 Hand Massages & Manicures 3:00 Confection Meditation 3:30 Noodle Ball 4:30 Surf Sounds 6:00 Mountain Scenery</p>
	<p>20</p> <p>10:30 Sittercise 11:00 Scentscapes 1:30 Tinkering Time 3:00 Coffee & Culinary Creations 4:30 Surf Sounds 6:00 Reefscapes Meditation</p>	<p>21</p> <p>10:30 Muscles in Motion 11:00 Flower Arranging 1:30 Tactile Time 2:30 Culinary Creations 3:30 Snacktivity: Bread Baking 4:30 Musical Memories 6:00 Color Therapy</p>	<p>22</p> <p>10:30 Scarves & Stretch 11:00 Scent Match Challenge 1:30 Hand Massages & Manicures 3:00 Chef's Corner 4:30 Meditation Melody 6:00 Forest Walk Meditation</p>	<p>23</p> <p>10:30 Morning Moves & Stretch 11:00 Herb Garden 1:30 Scalp & Shoulder Massages 3:00 Garden Tastings 4:30 Restful Rain 6:00 Armchair Travel</p>	<p>24</p> <p>10:30 Light & Lively Exercise 11:00 Aromatherapy Creations 1:30 Helping Hands 3:00 Cultural Cookie Taste Test 4:30 Birdsong Symphony 6:00 Redwood Visualization</p>	<p>25</p> <p>10:30 Movin' & Groovin' 11:00 Aromatherapy Meditation 1:30 Plush Therapy 3:00 Popcorn Party Movie Matinee 4:30 Classical Compilations 6:00 Serenity in Nature</p>	<p>26</p> <p>10:30 Sittercise 11:00 Rosemary Wraps 1:30 Hand Massages & Manicures 3:00 Confection Meditation 3:30 Noodle Ball 4:30 White Noise Therapy 6:00 Mountain Scenery</p>
	<p>27</p> <p>10:30 Sittercise 11:00 Scentscapes 1:30 Tinkering Time 3:00 Coffee & Culinary Creations 4:30 Surf Sounds 6:00 Reefscapes Meditation</p>	<p>28</p> <p>10:30 Muscles in Motion 11:00 Flower Arranging 1:30 Tactile Time 2:30 Culinary Creations 3:30 Snacktivity: Bread Baking 4:30 Musical Memories 6:00 Color Therapy</p>	<p>29</p> <p>10:30 Scarves & Stretch 11:00 Scent Match Challenge 1:30 Hand Massages & Manicures 3:00 Chef's Corner 3:30 Birthday Bash 4:30 Meditation Melody 6:00 Forest Walk Meditation</p>	<p>30</p> <p>10:30 Morning Moves & Stretch 11:00 Herb Garden 1:30 Scalp & Shoulder Massages 3:00 Garden Tastings 4:30 Restful Rain 6:00 Armchair Travel</p>			<p>Room Key AR Activity Room LR Living Room TH Theater DR Dining Room BY Backyard CY Courtyard</p>