


# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Easter ! 1</b> 10:15 Catholic Mass LR 10:30 Daily Devotions SR 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Sweaters & a Stroll CY 3:00 Reuse: Upcycled Bowls CD 6:15 Red Skelton DVD LR	<b>10:30 Daily Devotions SR 2</b> 11:00 Parachute Volley DR 1:30 Nail Care Caucus CD 2:00 Snactivity: Cookie Bake CD 3:00 Planting Seed Starts CY 4:00 Walk & Roll HW 6:15 Singing in the Rain DVD LR	<b>10:30 Daily Devotions SR 3</b> 11:00 Armchair Yoga DR 1:30 Aromatherapy & Music CL 2:00 Resident Council Meeting c 3:00 Bagel Bird Feeders CL 4:00 Walk & Roll HW 6:15 Travel Doc: Colorado LR	<b>10:30 Daily Devotions SR 4</b> 11:00 Core Strength Training DR 1:30 Daily Chronicle CD 2:00 Balloon Pong CD 3:00 Lamination Station CD 4:00 Walk & Roll HW 6:15 Wednesday Westerns LR	<b>10:30 Daily Devotions SR 5</b> 11:00 Hymns W/ Barb & Don DR 1:30 Aromatherapy & Music CL 2:00 Cookie Drop to First Responders BT 3:00 Walker & W/C IDs CL 4:00 Walking Club HW	<b>10:30 Daily Devotions SR 6</b> 11:00 Friday Fitness DR 1:30 Daily Chronicle CD 2:00 Nail Glam CD 3:00 First Friday Dance DR 4:00 Walking Club HW 6:15 Flashback Friday CL	<b>10:30 Daily Devotions SR 7</b> 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Pet Therapy PT  2:30 Snack & Social CD 3:00 Motion Fractal DVD and Steamed Hand Massage CL
<b>10:15 Catholic Mass LR 8</b> 10:30 Daily Devotions SR 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Sweaters & a Stroll CY 3:00 Recycle: Can Crushing CD 6:15 Beverly Hillbillies DVD LR	<b>10:30 Daily Devotions SR 9</b> 11:00 Parachute Volley DR 1:30 Nail Care Caucus CD 2:00 Snactivity: Beijing Egg Tarts CD 3:00 Armchair Travel: Peking Acrobats DVD 4:00 Walk & Roll HW 6:15 South Pacific DVD LR	<b>10:30 Daily Devotions SR 10</b> 11:00 Armchair Yoga DR 1:30 Aromatherapy & Music CL 2:00 Balloon Tennis CD 3:00 Marble Art Technique CD 4:00 Walk & Roll HW 6:15 Travel Doc: Mt. Ranier LR	<b>10:30 Daily Devotions SR 11</b> 11:00 Core Strength Training DR 1:30 Daily Chronicle CL 2:00 Pet Therapy PT  3:00 Animal Bingo CL 4:00 Walk & Roll HW 6:15 Wednesday Westerns LR	<b>10:30 Daily Devotions SR 12</b> 11:00 Hymns W/ Barb & Don DR 1:30 Aromatherapy & Music CL 2:00 Balloon Pong CL 3:00 Walker & W/C IDs CL 4:00 Walking Club HW 6:15 Throwback Thursday LR	<b>10:30 Daily Devotions SR 13</b> 11:00 Friday Fitness DR 1:30 Daily Chronicle CD 2:00 Sweaters & A Stroll CY 3:00 Necklace Nook CD 4:00 Walking Club HW 6:15 Flashback Friday CL	<b>10:30 Daily Devotions SR 14</b> 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Search for April Puzzle CD 2:30 Snack & Social CD 3:00 Motion Fractal DVD and Steamed Hand Massage CL
<b>World Art Day 15</b> 10:15 Catholic Mass LR 10:30 Daily Devotions SR 11:00 Group Fitness DR 1:30 Daily Chronicle CD  2:00 Baseball Teams Puzzle CD 3:00 Marble Art Technique CD 6:15 Carol Burnett LR	<b>10:30 Daily Devotions SR 16</b> 11:00 Parachute Volley DR 1:30 Nail Care Caucus CD 2:00 Snactivity: Fruit & Dip CD 3:00 Making Stress Balls CD 4:00 Walk & Roll HW 6:15 Sound of Music DVD LR	<b>10:30 Daily Devotions SR 17</b> 11:00 Armchair Yoga DR 1:30 Aromatherapy & Music CL 2:00 Nice N Easy Dance Team CD 3:00 Balloon Tennis CD 4:00 Walk & Roll HW 6:15 Travel Doc: Caves LR	<b>10:30 Daily Devotions SR 18</b> 11:00 Core Strength Training DR 1:30 Daily Chronicle CD 2:00 Sing-Along Songs CL 3:00 Balloon Tennis CD 5:00 Alz/Dem. Educ. Mtg CR 6:15 Wednesday Westerns LR	<b>10:30 Daily Devotions SR 19</b> 11:00 Hymns W/ Barb & Don DR 1:30 Aromatherapy & Music CL 2:00 Trip to Conservatory BT 3:30 Stories/Library's Angie CL 4:00 Walking Club HW 6:15 Throwback Thursday LR	<b>10:30 Daily Devotions SR 20</b> 11:00 Friday Fitness DR 1:30 Daily Chronicle CD 2:00 Balloon Tennis CD 3:00 Watercolor & Prints CD 4:00 Walk & Roll HW 6:15 Flashback Friday CL	<b>10:30 Daily Devotions SR 21</b> 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Parachute Volley CD 2:30 Snack & Social CD 3:00 Motion Fractal DVD and Steamed Hand Massage CL
<b>10:15 Catholic Mass LR 22</b> 10:30 Daily Devotions SR 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Sweater & a Stroll CY 3:00 Pray With Clay CD 5:00 Reduce: Wear Shirt Protectors DR 6:15 McHale's Navy DVD LR	<b>10:30 Daily Devotions SR 23</b> 11:00 Parachute Volley DR 1:30 Nail Care Caucus CD 2:00 Snactivity: PB & Apple CD 3:00 Oriental Fan Making CD 4:00 Walk & Roll HW 6:15 Annie DVD LR	<b>10:30 Daily Devotions SR 24</b> 11:00 Armchair Yoga DR 1:30 Aromatherapy & Music CL 2:00 Pet Therapy PT  3:00 Pineapple Prints & Island Traditions CL 4:00 Walk & Roll HW 6:15 Travel Doc: Canyons LR	<b>10:30 Daily Devotions SR 25</b> 11:00 Core Strength Training DR 1:30 Daily Chronicle CD 2:00 Sorting Corner CD 3:00 Stress Ball Making CD 4:00 Walk & Roll HW 6:15 Wednesday Westerns LR	<b>10:30 Daily Devotions SR 26</b> 11:00 Hymns W/ Barb & Don DR 1:30 Aromatherapy & Music CL 2:00 Eman Acoustic Guitar CL 3:00 Walker & W/C IDs CL 4:00 Walking Club HW 6:15 Throwback Thursday LR	<b>10:30 Daily Devotions SR 27</b> 11:00 Friday Fitness DR 1:30 Daily Chronicle CD 2:00 Sweaters & a Stroll CY 3:00 Necklace Nook CD 4:00 Walking Club HW 6:15 Flashback Friday CL	<b>10:30 Daily Devotions SR 28</b> 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Parachute Volley CD 2:30 Snack & Social CD 3:00 Motion Fractal DVD and Steamed Hand Massage CL
<b>10:15 Catholic Mass LR 29</b> 10:30 Daily Devotions SR 11:00 Group Fitness DR 1:30 Daily Chronicle CD 2:00 Sweater & a Stroll CY 3:00 Give Back: Make Dog Biscuits & Give to Local Clinic CD * 6:15 Lucille Ball DVD LR	<b>10:30 Daily Devotions SR 30</b> 11:00 Parachute Volley DR 1:30 Nail Care Caucus CD 2:00 Snactivity: Chips & Dip CD 3:00 Motion Fractal W/Music CL 4:00 Walk & Roll HW 6:15 Oklahoma DVD LR		Spiritual Social Physical Intellectual Emotional		Life Enrichment Director:  Like us on Facebook: Facebook.com/SunshineRet	 <b>SUNSHINE</b> WELLNESS PROGRAM 1234 Industrial Way Bend, OR 95362 750-661-8350

Activities Subject to Change