

Speaker 1: Welcome to Somerfield Estates, Tigard, Oregon's premier all inclusive independent retirement community. This is truly immaculate apartment home living for those age 55 or older. Situated within a tranquil forest environment, you can enjoy a luxurious community with nature views, a multitude of amenities, and a 24 hour live in management staff that is always there for your needs. [00:00:30] There are gorgeously appointed studios, alcoves, one and two bedroom apartments suites available now. Each resident enjoys climate controlled open floor plans, wall-to-wall carpeting and ample natural light. Relax and enjoy leisure time with complimentary cable television. All utilities and weekly housekeeping are included for each residence peace of mind.

Bedrooms at Somerfield Estates are expansive and comfortable. Wake up to gorgeous courtyard views and nature views daily. Closets [00:01:00] are large and wide for ease of access. Each bedroom features an e-call emergency phone system. This lifesaving program is also in place with the living room and each bathroom for comfort and security. Each apartment is entirely handicap accessible. Grab bars in showers are a necessity provided to each resident at no additional cost. All inclusive kitchenettes include refrigerators, sink, counter space, and cabinetry, and an elegant wood trim. Within Somerfield [00:01:30] Estates dining room, residents are provided three healthy and gourmet meals daily. A professional executive chef who uses only the finest produce meat and seafood oversees each plate preparation. The dining room is also a great place to socialize in a warm, comfortable environment. A private dining room may be reserved to enjoy a meal with loved ones.

Joe Adams: Well, [inaudible 00:01:53] I had lived alone for a number of years, right around the corner, as a matter of fact. And getting back into the swing of [00:02:00] things and having people to have dinner and lunch with was really, really pretty nice. I got tired eating alone. Eating as a social thing. And so, here you have very many people and you can pick and choose who you want or they pick and choose you when you go into the dining room. I rarely eat with the same people every day. I try to go around and meet as many people as I can.

Speaker 1: Living here, residents take pride in the outdoors. Patios are provided to take in the serene environment, [00:02:30] start a garden or entertain guests in style. At Somerfield Estates, there are so many extras and amenities included in addition to each apartment. Wifi has provided throughout the common areas, so surfing the web is easier than ever before. A computer center is also provided with convenient printing and scanning capabilities. A convenient fitness center is provided to keep residents active and feeling great. Enjoy treadmills and free weights with a wellness coach or exercise privately, [00:03:00] it's up to you.

Somerfield Estates has its own salon, barbershop onsite. A professional hairstylist will have you looking perfect before one of the many exciting social events and activities organized for resident enjoyment. Inside the library, find yourself immersed in all your favorite new and classic reads. Magazines and daily newspapers are also readily available here. Residents receive complimentary membership to the prestigious Summerfield Clubhouse and golf course located

just minutes [00:03:30] away from the community. A sparkling pool is provided to cool off, exercise or simply lounge in the sun. Regular water aerobics classes take place here to keep each resident in ideal health. Practice your backhand on the full tennis court year round.

Mildred Rutherford...: I certainly would recommend Summerfield. I already have recommended it to a lot of people and I will continue to do that. It's a wonderful place to live, especially [00:04:00] if you're alone, you get tired of living alone when you're living your busy young life that's one thing, you can be alone because you're so busy and on the move and everything. But when you have retired and you're living alone, it gets dull. And so, a place like this is never dull. There's always something going on all the time and it's very enjoyable.

Speaker 1: Somerfield [00:04:30] Estates is a healthy no-smoking environment that is pet friendly and welcoming. This community cares for its residents hearts and minds. A robust wellness and fitness program is in place to provide every resident the tools to improve range of motion, better circulation, decrease pain, and maintain a healthy weight. Residents at Summerfield Estates also have a ton of fun within and outside of the community. The community buses provided to take residents into town for medical appointments or to an exciting [00:05:00] event.

Marlyn Aden: I'd say that is a wonderful place to be because people are friendly and caring and easy to know. So if you come here alone, it isn't long before you have friends and things to do

Speaker 1: Pay us a visit seven days a week, schedule a tour, meet the neighbors and experience the all inclusive living you've been waiting for. Come find home at Somerfield Estates today. Call now. (503) 214-2059.