Shining Star

Brian L.
Sous Chef
Since June 2024

Outside of work, Brian enjoys spending time with his kids, Charlie and Eddie, playing soccer, 3D printing, and, in his words, "slapping the bass." His favorite athletes are Zlatan Ibrahimović and Ronaldo (the Brazilian R9). His favorite food? He says Italian... just kidding — pretty much anything Asian. Brian's favorite place to travel is Korea for the food and culture because, as he puts it, "it is my motherland after all." He also has a golden retriever named Noodle and a sister named Alicia. One thing still on his bucket list is owning a house.

Brian has a great sense of humor and is always keeping the kitchen crew laughing!

Ongoing Activities

Every Day .....Cribbage BR 1:00
Sunday.....Mexican Train CT 1:00
Tuesday.....Wizard BR 2:00
Tuesday & Thursday.....Pinochle BR 6:00
Wednesday .....Texas Hold 'Em Poker CT 6:00
Friday.....Rummikub CT & Mexican Train BR 1:00
Saturday.....Hand & Foot CT 1:00
.....Pinochle BR 6:00, Yahtzee DR 6:30

Movie Showings

Every Day 2:00 & 6:30 in Theater

Every Thursday enjoy a Pet Therapy movie

Photo Contest Winners

Front | Kathy L. — Pharr, TX
Back | Kristina R. — Tallahassee, FL

Want the full story? Scan here.

SEPTEMBER BIRTHDAYS

9/1 - Pat S.
9/16 - George B.
9/28 - Joanna M.
9/30 - Corky C.

Team Member Birthdays

9/8 - Esme C.

Transportation Schedule

Sign up 48 hours in advance for Medical Appointments
Monday - Friday 9:00am - 4:30pm
Medical Appointments, Errands, Shopping
Tuesdays 1:00pm - 2:00pm
Shopping Tote Tuesday
Sunday 9:00am - 2:00pm - Church Service

Dining Room

Meal Times

Breakfast.....7:00 am - 9:00 am
Lunch.....11:30 am - 1:30 pm
Dinner.....4:00 pm - 6:00 pm

Leisure Dining

Continental Breakfast.....9:00 am - 10:00 am
Soup & Salad Bar.....11:30 am - 6:00 pm

Ongoing Donations

Ronald McDonald House Soda Tab Donations
First Fruits Ministry Clothing Drive
NARFE Book Donations

What's Going On In September 2026

Janet, Eldon & Jim

Special Events

9/1 Blue Zone: Intro to Mindful Food Journaling | 10:00
9/2 Donuts for Dudes | 1:30
9/2 Wine Tasting with Dobbes Winery & Grazing Plates with Chef | 3:30
9/3 Resident Meeting | 10:15
9/3 Culinary Talk w/ Chef & Rylee | 1:30
9/4 September Birthday Social | 2:00
9/10 Parkinson's Presentation | 1:30
9/11 Show & Share: First Jobs & Careers | 2:30
9/15 Lloyd Tolbert Band | 2:00
9/16 Activities Meeting | 1:30
9/19 First Baptist Church Choir | 2:00
9/21 Cascade Health Wellness & Wits Social | 1:00
9/21 Tech Seminar | 3:30
9/23 History Presentation w/ Darrell Jabin | 3:30
9/29 Shot Clinic (Flu & Covid) | 9:00 - 12:00
9/30 TikTok Dancing w/ The Servers | 11:00
9/30 Community Construction Update | 6:00

Outings

9/5 Breakfast at Elmers | 8:00
9/6 Thrift Store: Goodwill on Main St. | 1:00
9/18 Coast Trip: Florence | 9:00
9/20 5th Street Public Market | 1:00
9/24 Oregon Air & Space Museum | 12:40
9/25 Wildlife Safari & In-N-Out | 10:30
9/30 Sarver Winery | 12:40

Team Members

Executive Director.....Jill Woolsey
Business Office Director.....Lauri Donlon
Community Development Director.....Rebecca Camara
Life Enrichment Director.....Amy Martinez
Executive Chef .....Michelle Girard
Maintenance Director.....Steve Crissy
Maintenance Coordinator.....Matt Schoeman
Head Housekeeper.....Teresa Melton
Dining Room Coordinator.....Rylee Jeffers
Concierge Team .....India, Diana, Jennifer, Andy, Kelsie, Julie, Sarah & Jade
Bus Drivers.....Lori & Dave

Important Phone Numbers

Office.....541-343-3317
Transportation.....541-515-4592
Beauty Shop.....
.....541-510-3797 (Nail Tech Micheala)
.....541-606-9643 (Hair Stylist Jennifer)

Lee, John & K9 Corporal Carlton

September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GARDEN WAY RETIREMENT COMMUNITY 175 South Garden Way Eugene, OR. 97401 (541) 343-3317	**Life Enrichment Director:** **Amy Martinez** **527LED@sunshineret.com** See more Pictures on Facebook > > > > SCAN ME	**1** FC 9:00 Better Bones & Balance DVD CH 9:30 Words Of Encouragement **CR 10:00 Blue Zone: Intro to Mindful Food Journaling** FC 10:30 Chair Exercise w/ Katie **A&C 1:30 Craft: Pour Painting** MT 2:00 & 6:30 Movie DR 2:30 Sing Along w/ Katie CR 3:00 Yappy Hour Pet Therapy	**2** FC 9:00 Better Bones & Balance DVD MT 9:30 Deep Relaxation FC 10:15 Beanbag Baseball **PDR 1:30 Donuts for Dudes** MT 2:00 & 6:30 Movie DR 2:30 Bingo **L 3:30 Wine Tasting with Dobbes Winery & Grazing Plates with Chef** FC 5:30 Balance Basics w/Jade CT 6:00 Texas Hold 'Em Poker	**3** FC 9:00 Better Bones & Balance DVD CH 9:30 Catholic Communion L 9:30 Sidewalk Strollers **DR 10:15 Resident Meeting** FC 10:30 Bender Ball w/ Katie FC 1:00 Chair Yoga DVD A&C 1:15 Trivia **CH 1:30 Culinary Talk w/ Chef & Rylee** BR 2:00 Wizard MT 2:00 & 6:30 Animal Movie **L 3:00 Sheldon Pool - Ai Chi or Lap Swim** CH 3:00 Men's Bible Fellowship CT 6:00 Game Night	**4** CH 9:00 Moments Of Reflection FC 9:30 Stretchercise w/Katie FC 10:15 Beanbag Baseball BR 1:00 Play Mexican Train CT 1:00 Play Rummikub MT 2:00 & 6:30 Movie **CR 2:00 September Birthday Social** CT 6:00 Game Night L 7:00 Wii Bowling	**5** **L 8:00 Breakfast at Elmer's** **L Gratitude Tree** FC 9:00 Better Bones & Balance DVD CT 1:00 Hand & Foot Game MT 2:00 & 6:30 Movie A&C 2:30 Hand Crafters Circle **FC 2:45—3:15 Chair Volleyball** **DR 6:30 Yahtzee With Diana**
6 FC 10:00 Chair Yoga DVD CH 11:00 Praise Gathering **L 1:00 Trip: Thrift Store** MT 2:00 Movie **CR 2:30 Beers & Cheers Social** MT 6:30 Movie	**7** FC 9:30 Chair Chi Exercise FC 10:15 Beanbag Baseball A&C 1:00 Peer Writing Group CH 1:45 Church Service MT 2:00 Movie & 6:30 Movie DR 2:30 Bingo **CR 3:30 Sunshine News Happy Hour** CT 6:00 Game Night	**8** FC 9:00 Better Bones & Balance DVD CH 9:30 Words Of Encouragement FC 10:30 Chair Exercise w/ Katie **BP 1:30 Craft: Woodburning On The Back Patio** MT 2:00 & 6:30 Movie DR 2:30 Dennis on the Piano CR 3:00 Yappy Hour Pet Therapy CT 6:00 Game Night	**9** **L 8:30 Sheldon Pool - Ai Chi or Lap Swim** FC 9:00 Better Bones & Balance DVD MT 9:30 Deep Relaxation FC 10:15 Beanbag Baseball MT 2:00 Movie DR 2:30 Bingo **MT 5:15 NFL Kick Off Patriots VS Seahawks** FC 5:30 Balance Basics w/Jade CT 6:00 Texas Hold 'Em Poker	**10** FC 9:00 Better Bones & Balance DVD CH 9:30 Catholic Communion L 9:30 Sidewalk Strollers FC 10:30 Bender Ball w/ Katie FC 1:00 Chair Yoga DVD **CH 1:30 Parkinson's Presentation** BR 2:00 Wizard MT 2:00 & 6:30 Animal Movie CH 3:00 Men's Bible Fellowship CT 6:00 Game Night	**11** CH 9:00 Moments Of Reflection FC 9:30 Stretchercise w/Katie **CT 10:00 Cascade Health Office Hour** FC 10:15 Beanbag Baseball BR 1:00 Play Mexican Train CT 1:00 Play Rummikub MT 2:00 & 6:30 Movie **CH 2:30 Show & Share: First Jobs & Careers** CT 6:00 Game Night L 7:00 Wii Bowling	**12** **L Gratitude Tree** FC 9:00 Better Bones & Balance DVD CT 1:00 Hand & Foot Game MT 2:00 Movie A&C 2:30 Hand Crafters Circle **FC 2:45—3:15 Chair Volleyball** **DR 6:30 Yahtzee With Diana** MT 6:30 Movie
13 FC 10:00 Chair Yoga DVD CH 11:00 Praise Gathering MT 2:00 Movie **CR 2:30 Watermelon Social** CH 6:00 Cello Music w/ Titus MT 6:30 Movie	**14** FC 9:30 Chair Chi Exercise **L 10:00 Medicare w/ Ron** FC 10:15 Beanbag Baseball A&C 1:00 Peer Writing Group CH 1:45 Church Service MT 2:00 & 6:30 Movie DR 2:30 Bingo **CR 3:30 Sunshine News Happy Hour** CT 6:00 Game Night	**15** FC 9:00 Better Bones & Balance DVD CH 9:30 Words Of Encouragement FC 10:30 Chair Exercise w/ Katie **L 11:00 Holly's Jewelry** **A&C 1:30 Craft: Diamond Art** MT 2:00 & 6:30 Movie **DR 2:00 Lloyd Tolbert Band** CR 3:00 Yappy Hour Pet Therapy CT 6:00 Game Night	**16** **L 8:30 Sheldon Pool - Ai Chi or Lap Swim** FC 9:00 Better Bones & Balance DVD MT 9:30 Deep Relaxation FC 10:15 Beanbag Baseball **CH 1:30 Activities Meeting** MT 2:00 & 6:30 Movie DR 2:30 Bingo A&C 3:30 Phone Help FC 5:30 Balance Basics w/Jade CT 6:00 Texas Hold 'Em Poker	**17** FC 9:00 Better Bones & Balance DVD CH 9:30 Catholic Communion L 9:30 Sidewalk Strollers **GB 10:00 Garden Club** FC 10:30 Bender Ball w/ Katie **PDR 11:30 Lunch with Chef** FC 1:00 Chair Yoga DVD A&C 1:15 Trivia BR 2:00 Wizard MT 2:00 & 6:30 Animal Movie CH 3:00 Men's Bible Fellowship CT 6:00 Game Night	**18** **L 9:00 Coast Trip!** CH 9:00 Moments Of Reflection FC 9:30 Stretchercise w/Katie FC 10:15 Beanbag Baseball BR 1:00 Play Mexican Train CT 1:00 Play Rummikub **A&C 1:30 Ambassador Meeting** MT 2:00 & 6:30 Movie **PDR 3:00 Wine Not?! Women's Group** CT 6:00 Game Night L 7:00 Wii Bowling	**19** **L Gratitude Tree** FC 9:00 Better Bones & Balance DVD CT 1:00 Hand & Foot Game **DR 2:00 First Baptist Church Choir** MT 2:00 & 6:30 Movie A&C 2:30 Hand Crafters Circle **FC 2:45—3:15 Chair Volleyball** **DR 6:30 Yahtzee With Diana**
20 FC 10:00 Chair Yoga DVD CH 11:00 Praise Gathering **L 1:00 Trip: 5th Street Public Market** MT 2:00 Movie **CR 2:30 Chips & Dips Social** MT 6:30 Movie	**21** FC 10:15 Beanbag Baseball A&C 11:00 Book Club **CR 1:00 Cascade Health Wellness & Wits Social** A&C 1:00 Peer Writing Group CH 1:45 Church Service MT 2:00 & 6:30 Movie DR 2:30 Bingo **CH 3:30 Tech Seminar** **CR3:30 Sunshine News Happy Hour** CT 6:00 Game Night	**22** FC 9:00 Better Bones & Balance DVD **L 9:00 Culinary Club Shopping Trip** CH 9:30 Words Of Encouragement FC 10:30 Chair Exercise w/ Katie **A&C 1:30 Craft: Rock Painting** MT 2:00 & 6:30 Movie DR 2:30 Dennis on the Piano CR 3:00 Yappy Hour Pet Therapy CT 6:00 Game Night	**23** FC 9:00 Better Bones & Balance DVD MT 9:30 Deep Relaxation FC 10:15 Beanbag Baseball MT 2:00 & 6:30 Movie DR 2:30 Bingo **CR 3:30 Culinary Club Meet Up** **CH 3:30 History Presentation** A&C 3:30 Phone Help FC 5:30 Balance Basics w/Jade CT 6:00 Texas Hold 'Em Poker	**24** FC 9:00 Better Bones & Balance DVD CH 9:30 Catholic Communion L 9:30 Sidewalk Strollers FC 10:30 Bender Ball w/ Katie **CR 11:30 Veterans Lunch** **L 12:40 Trip: OASM** FC 1:00 Chair Yoga DVD BR 2:00 Wizard MT 2:00 & 6:30 Animal Movie CH 3:00 Men's Bible Fellowship CT 6:00 Game Night	**25** CH 9:00 Moments Of Reflection FC 9:30 Stretchercise w/Katie **CT 10:00 Cascade Health Office Hour** FC 10:15 Beanbag Baseball **L 10:30 Trip: Wildlife Safari** BR 1:00 Play Mexican Train CT 1:00 Play Rummikub MT 2:00 & 6:30 Movie **CR 3:00 New Resident Meet & Greet** CT 6:00 Game Night L 7:00 Wii Bowling	**26** **L Gratitude Tree** FC 9:00 Better Bones & Balance DVD CT 1:00 Hand & Foot Game MT 2:00 Movie A&C 2:30 Hand Crafters Circle **FC 2:45—3:15 Chair Volleyball** **DR 6:30 Yahtzee With Diana** MT 6:30 Movie
27 FC 10:00 Chair Yoga DVD CH 11:00 Praise Gathering MT 2:00 Movie **CR 2:30 Banana Split Social** CH 6:00 Cello Music w/ Titus MT 6:30 Movie	**28** FC 9:30 Chair Chi **L 10:00 Medicare w/ Ron** FC 10:15 Beanbag Baseball A&C 1:00 Peer Writing Group CH 1:45 Church Service MT 2:00 & 6:30 Movie DR 2:30 Bingo **CR 3:30 Sunshine News Happy Hour** CT 6:00 Game Night	**29** FC 9:00 Better Bones & Balance DVD **CH 9:00 - 12:00 Shot Clinic** FC 10:30 Chair Exercise w/ Katie **BP 1:30 Craft: Paper Cup Ghosts** MT 2:00 & 6:30 Movie DR 2:30 Sing Along w/ Katie CR 3:00 Yappy Hour Pet Therapy CT 6:00 Game Night	**30** FC 9:00 Better Bones & Balance DVD MT 9:30 Deep Relaxation FC 10:15 Beanbag Baseball **L 12:40 Trip: Sarver Winery** **FC 1:30 TikTok Dancing w/ The Servers** MT 2:00 & 6:30 Movie DR 2:30 Bingo A&C 3:30 Phone Help FC 5:30 Balance Basics w/Jade **CT 6:00 Construction Update**	Room Key L-1 Lobby, HW-1,2,3,4 Hallways BP - Back Patio DR-1 Dining Room CR-1 Coke RM GB - Garden Beds PDR-1 Private Dining Room CH-2 Chapel, CT-2 Card Tables COMP-2 Computer Room	Room Key PR-3 Puzzle Room A&C-3 Arts & Crafts Room BR-3 Billiards Room MR-4 Massage Room FC-4 Fitness Center MT-4 Movie Theatre N-SR-1,2,3,4 North Sun Room S-SR-1,2,3,4 South Sun Room	**PHOTO CONTEST** **SCAN TO SUBMIT**

Activities Subject to Change

SUNSHINE RETIREMENT LIVING