

Shining Star



Berniece Woodson

Berneice has been part of the Sage Park family for 2.5 years. She loves her residents and coworkers and especially appreciates the teamwork and support among the staff.

Outside of work, Berniece enjoys relaxing at home and

taking peaceful country drives. She is also a proud mom of three sons, ages 27, 25, and 24.

Her favorite memory at Sage Park is how warmly she was welcomed when she first started—and how welcomed she continues to feel today.

We are so grateful to have you on our team, Berniece! Congratulations!

thank you!

SEPTEMBER BIRTHDAYS

- Kandra Ahmed - 1
- Ikuyo - 4
- Patricia - 5
- Ashley Sloan - 6
- Tara Layne - 10
- Helina Jimma - 20
- Michael Nkrumah - 30



What's Going On In

September

2026



Team Members

- Executive Director.....Tara Layne
- Business Office Manager.....Ashley Sloan
- Community Development Director.....
- Paola Moretti
- Health Services Director
- Cynthia Ohene-Tutu
- Executive Chef.....Brian McPeck
- Life Enrichment Director.....Yuri Gil Muller
- Concierge Team.....Bernice Haney
- Maintenance Director.....Omar Pacheco

Important Phone Numbers

- Office.....380-287-6029
- Fax.....614-855-3552

Meal Times

- Breakfast.....8:00 a.m. - 9:00 a.m.
- Lunch.....11:30 a.m. - 1:30 p.m.
- Dinner.....4:30 p.m. - 6:30 p.m.
- Hydration & Snacktivity.....10:30, 2:30, 6:30
- Leisure Dining.....7:30 a.m. - 7:30 p.m.

Welcome September!

As the leaves begin to change, we welcome a beautiful new season filled with cozy moments, laughter, and wonderful memories.

We invite our families to join us and enjoy the special events and activities we have planned throughout the month.

There's always something to celebrate together!



Special Events

- 9/3 Two Harps Concert | 12:00
- 9/3 VR: Route 66 Santa Fe to Santa Monica—SP
- 9/4 Oktoberfest: Music, Memories & Fun | 2:30
- 9/7 Labor Day Patio Celebration | 2:00
- 9/8 Drum fit w/Adam | 2:00
- 9/9 Men's Club: Baseball Season Finale: 2:00
- 9/11 Birdhouse Craft Day | 2:30
- 9/13 Grandparents Day Celebration | 2:00
- 9/14 Let's Celebrate "Assisted Living Week" | 2:30
- 9/15 Guitar & Good Memories | 2:30
- 9/15 Support Group | 4:00
- 9/16 Music, Memories & More w/Innervision Band | 2:30
- 9/18 Sage Park Super Heroes Bake Sale | 2:30
- 9/29 Chef Demo w/Brian | 2:00
- 9/30 The Resident Council Meeting | 11:00
- 9/30 Back to the Fabolous 50's | 2:30

Outings

- 9/17 Autum Adventure | 2:00
- 9/28 Fall Fun & Fresh Air | 2:00



Photo Contest Winners

Front | Kathy L. — Pharr, TX
Back | Kristina R. — Tallahassee, FL

Want the full story? Scan here.



Property Managed By Sunshine Retirement Living



5201 Morse Rd. Gahanna, OH 43230
SageParkAlz.com



September						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SAGE PARK MEMORY CARE AND TRANSITIONAL ASSISTED LIVING 5201 Morse Rd Gahanna, OH 43230 614-855.3552	Life Enrichment Director: Yuri Gil Muller 206LEDMC@susnshineret.com See more pictures on Facebook  SCAN ME	1 10:30 Rise & Shine—AR 11:00 Daily Chronicles—AR 11:30 Trivia—AR 2:30 Drum fit w/Adam—AR 4:00 Balloon Bop—AR 5:00 Musical moments— AR	2 10:00 Wake up Café 10:30 AM Exercises- w/TCT AR 11:00 Daily Chronicles - AR 11:30 Musical Moments 1:00 Grievance Committee - 2:30 Artful Moments—AR 4:00 Happy Hour—AR	3 10:30 AM Exercises—AR 11:30 Daily Chronicles - AR 12:00 Two Harps Concert—DR 2:00 VR: Route 66 Santa Fe to Santa Monica—SP 2:30 Artful Afternoon—AR 4:00 Garden Moments—P	4 10:00 Morning Walk 10:30 Bible Class— AR 11:00 Daily Chronicles—AR 2:00 Stretch & Smile TCT—TR 2:30 Oktoberfest: Music, Memories & Fun—AR 4:00 Happy Hour—AR 6:30 Movie Night—TR	5 10:30 Fresh Start Movement—AR 11:00 Daily Chronicles - AR 2:30 Bingo with a Volunteer AR 3:00 Ice Cream Social 6:00 Helping Hands 
6 10:00 Morning Prayer & Gratitude 10:30 AM Exercises—AR 11:00 Daily Chronicles - AR 2:00 Chocolate Bingo AR 5:30 TV Sport TR 6:00 Hand Massages	7 10:00 Coffee & News TR 10:30 Sunrise Wellness TCT-AR 11:00 Paw of Love w/Chandler 2:30 Labor Day Celebration-P 4:00 Volleyball Social—P 6:00 Helping Hands 	8 10:30 Rise & Shine—AR 11:00 Daily Chronicles—AR 11:30 Trivia—AR 2:30 Drum fit w/Adam—AR 4:00 Balloon Bop—AR 5:00 Musical moments— AR 	9 10:00 Wake up Café 10:30 AM Exercises- w/TCT AR 11:00 Daily Chronicles - AR 11:30 Musical Moments—AR 2:00 Men’s Club: Baseball Season Finale—TR 3:00 Spa & Manicure—SP 6:00 Peaceful Reading Time—SS	10 10:30 AM Exercises—AR 11:30 Daily Chronicles - AR 1:00 Musical moments—SP 2:30 Games & Good Time—AR 4:00 Garden Moments—P 6:00 Musical Moments—TR	11 10:00 Morning Walk 10:30 Bible Class— AR 11:00 Daily Chronicles—AR 2:00 Stretch & Smile TCT—TR 2:30 Birdhouse Craft Day—AR 4:00 Happy Hour—AR 6:30 Movie Night—TR	12 10:30 Fresh Start Movement—AR 11:00 Daily Chronicles - AR 2:30 Bingo with a Volunteer AR 3:00 Ice Cream Social 6:00 Helping Hands
13 10:00 Morning Prayer & Gratitude 10:30 AM Exercises —AR 11:00 Daily Chronicles — AR 2:00 Grandparents Day Celebration—AR 5:30 TV Sport TR 6:00 Hand Massages Grandparent's Day	14 10:00 Coffee & News—SP 10:30 Sunrise Wellness TCT 11:00 Daily Chronicles—AR 2:30 Breathe & Balance—AR 4:00 Hand Massage & Relaxation—SP 6:00 Helping Hands	15 10:30 Rise & Shine —AR 11:00 Daily Chronicles—AR 11:30 Trivia —AR 2:30 Guitar & Good Memories—AR 4:00 Happy Hour—AR 5:00 Musical moments— AR	16 10:00 Wake up Café 10:30 AM Exercises- w/TCT -AR 11:00 Daily Chronicles - AR 2:30 Music, Memories & More w/Innervision Band—AR 4:00 Happy Hour —AR 6:00 Peaceful Reading Time—SS	17 10:30 Bible Study—AR 11:00 AM Exercises—AR 11:30 Daily Chronicles - AR 2:00 Autumn Adventure—O 3:00 Spa & Manicure—SP 6:00 Musical Moments—TR	18 10:00 Morning Walk 10:30 Bible Class—AR 11:00 Daily Chronicles—AR 2:30 Sage Park Super Heroes Bake Sale 4:00 Happy Hour—AR 6:30 Movie Night—TR	19 10:30 Fresh Start Movement—AR 11:00 Daily Chronicles - AR 2:30 Bingo with a Volunteer AR 3:00 Ice Cream Social 6:00 Helping Hands
20 10:00 Morning Prayer & Gratitude 10:30 AM Exercises—AR 11:00 Daily Chronicles - AR 2:00 Chocolate Bingo—AR 5:30 TV Sport TR 6:00 Hand Massages	21 10:00 Coffee & News TR 10:30 Sunrise Wellness TCT- 11:00 Daily Chronicles - AR 11:00 Paw of Love w/Chandler 2:30 Strength & Smile—AR 4:00 Ballon Bop—AR 6:00 Helping Hands 	22 10:30 Rise & Shine —AR 11:00 Daily Chronicles—AR 11:30 Trivia —AR 2:00 VR: Tropical Relaxation—SP 2:30 Music & Memories w/Doug 4:00 Happy Hour—AR 5:00 Musical Moments—AR	23 10:30 AM Exercises- w/TCT AR 11:00 Daily Chronicles - AR 11:30 Musical Moments— AR 2:30 Artful Moments—AR 4:00 Happy Hour—AR 6:00 Peaceful Reading Time—SS 	24 10:00 Cookies & Coffee 10:30 AM Exercises—AR 11:00 Daily Chronicles - AR 2:30 Games & Good Time—AR 4:00 Spa & Manicure—SP 6:00 Musical Moments—TR	25 10:00 Morning Walk 10:30 Bible Class AR 11:00 AM Exercises—AR 2:00 Strech & Smile TCT—TR 3:00 Artful w/Amber—AR 4:00 Happy Hour—AR 6:30 Movie Night 	26 10:30 Fresh Start Movement—AR 11:00 Daily Chronicles - AR 2:30 Bingo with a Volunteer AR 3:00 Ice Cream Social 6:00 Helping Hands
27 10:00 Morning Prayer & Gratitude 10:30 AM Exercises—AR 11:00 Daily Chronicles - AR 2:00 Chocolate Bingo AR 5:30 TV Sport TR 6:00 Hand Massages 	28 10:00 Coffee & News—SP 10:30 Sunrise Wellness TCT 11:00 Daily Chronicles - SP 2:00 Fall Fun & Fresh Air—O 4:00 Hand Massage & Relaxation—SP	29 10:30 Rise & Shine —AR 11:00 Daily Chronicles—AR 2:00 Chef Demo w/Brian—AR 2:30 Piano Concert w/Holly—AR 5:00 Musical Moments 	30 10:00 Coffee & News TR 10:30 Sunrise Wellness TCT -AR 11:00 The Resident Council Meeting—AR 2:30 Back to the Fabolous 50’s 4:00 Puzzle Time—AR 6:00 Helping Hands			

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 SAGE PARK MEMORY CARE AND TRANSITIONAL ASSISTED LIVING 5201 Morse Rd Gahanna, OH 43230 614-855.3552	Life Enrichment Director: Yuri Gil Muller 206LEDMC@susnshineret.com See more pictures on Facebook  SCAN ME	1 10:00 Stretch & Bend 11:00 Trivia Fun 3:00 Car Building 5:30 Sensory Fun 6:00 Relaxing	2 10:30 Senior Stretch 11:00 Trivia Fun 11:30 Hymns 1:00 Lavender Massage Oils 2:30 Spa & Manicure 5:30 Doll Therapy 7:00 Aquatic Views	3 10:00 Senior Stretch 10:30 Daily Trivia 12:00 Two Harps Concert - 1:00 Calming hand massage 2:00 VR: Route 66 Santa Fe to Santa Monica—SP 3:00 Slime & Sand 6:00 Summer Views	4 10:30 Senior Stretch 11:00 Daily Chronicles 1:00 Hand Massage 2:30 Accordion: Oktoberstfest 4:00 Aromatherapy Relaxation 6:00 Garden Views	5 10:00 Senior Stretch 10:30 Snacktivity 1:00 Warm Towels 2:00 Music Therapy 3:00 Pet Therapy w/Dexter 6:00 Beach Views
6 10:00 Morning Prayer & Gratitude 10:30 Daily Chronicles - AR 11:30 Let's get Fit 2:30 Daily Trivia 5:30 Funny Videos	7 10:30 Senior Stretch 11:00 Paw of Love w/Chandler 2:00 Relaxing 3:00 Warm Hands 6:00 Beautiful Views	8 10:00 Stretch & Bend 11:00 Trivia Fun 3:00 Car Building 5:30 Sensory Fun 6:00 Relaxing	9 10:30 Senior Stretch 11:00 Trivia Fun 11:30 Hymns 1:00 Lavender Massage Oils 2:30 Spa & Manicure 5:30 Doll Therapy 7:00 Aquatic Views	10 10:00 Senior Stretch 10:30 Daily Trivia 1:00 Calming hand massage 3:00 Slime & Sand 6:00 Summer Views	11 10:30 Senior Stretch 11:00 Daily Chronicles 1:00 Hand Massage 2:30 Accordion & Smiles 4:00 Aromatherapy Relaxation 6:00 Garden Views	12 10:00 Senior Stretch 10:30 Snacktivity 1:00 Warm Towels 2:00 Music Therapy 3:00 Pet Therapy w/Dexter 6:00 Beach Views
13 10:00 Morning Prayer & Gratitude 10:30 Daily Chronicles - AR 11:30 Let's get Fit 2:30 Daily Trivia 5:30 Funny Videos	14 10:00 Coffee & News—SP 11:00 Aromatherapy & Soft 2:30 Breathe & Balance—AR 4:00 Hand Massage & Relaxation—SP 6:00 Helping Hands	15 10:30 Stretch & Bend 11:00 Trivia Fun 2:30 Kay of Joy w/Holly 5:30 Sensory Fun 6:00 Relaxing	16 10:30 Senior Stretch 11:00 Trivia Fun 11:30 Hymns 1:00 Lavender Massage Oils 5:30 Doll Therapy 7:00 Aquatic Views	17 10:30 Senior Stretch 11:00 Daily Trivia 1:00 Calming Hand Massage 2:30 VR: Mountain Escape 4:00 Slime & Sand 6:00 Summer Views	18 10:30 Senior Stretch 11:00 Daily Chronicles 1:00 Hand Massage 4:00 Aromatherapy Relaxation 6:00 Garden Views	19 10:00 Senior Stretch 10:30 Snacktivity 1:00 Warm Towels 2:00 Music Therapy 3:00 Pet Therapy w/Dexter 6:00 Beach Views
20 10:00 Morning Prayer & Gratitude 10:30 Daily Chronicles - AR 11:30 Let's get Fit 2:30 Daily Trivia 5:30 Funny Videos	21 10:30 Senior Stretch 11:00 Paw of Love w/Chandler 2:00 Beautiful Birds 3:00 Warm Hands 6:00 Beautiful Views	22 10:30 Stretch & Bend 10:30 Trivia Fun 2:00 VR: Tropical Relaxation—SP 2:30 Music & Memories w/Doug 5:30 Sensory Fun 6:00 Animal Scenes	23 10:30 Senior Stretch 11:00 Trivia Fun 11:30 Hymns 1:00 Lavender Massage Oils 2:30 Spa & Manicure 5:30 Doll Therapy 7:00 Aquatic Views	24 10:30 Senior Stretch 11:00 Daily Trivia 1:30 Calming hand massage 2:30 Self-Love Day 3:00 Slime & Sand 6:00 Summer Views	25 10:30 Senior Stretch 11:00 Daily Chronicles 1:00 Hand Massage 4:00 Aromatherapy Relaxation 6:00 Garden Views	26 10:00 Senior Stretch 10:30 Snacktivity 11:00 Gospel Hymns 2:00 Music Therapy 3:00 Pet Therapy w/Dexter 6:00 Beach Views
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